

May 3—9, 2020

# Emergency Preparedness Week 2020



## What is Emergency Preparedness Week?

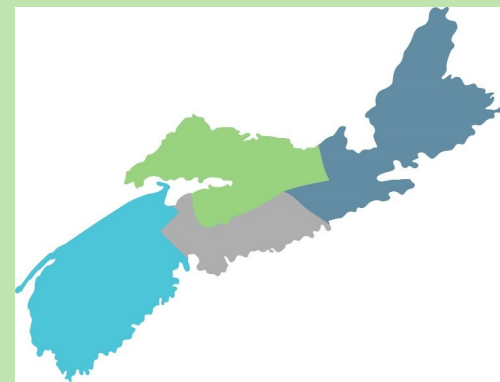
Emergency Preparedness Week (EP Week) is an annual event that takes place during the first full week of May. EP Week is promoted as a time to encourage Canadians to take action to be better prepared to protect themselves and their families during emergencies. Together with community leaders, first responders, all levels of government and non-government organizations, we can build a more resilient and safer Canada.

*Take action  
and be  
prepared*



This year has been a year of unprecedented events within our communities, our province, our country and our world. While government and people at all levels are working hard to keep Canada safe, [Public Safety Canada](#) reminds us that now more than ever we understand that we all have a role to play in emergency preparedness.

Currently NSHA is facing an unprecedented response due to COVID-19, however, NSHA remains committed to providing a safe and secure environment for our employees, physicians, learners, volunteers, patients and visitors.



### NSHA EMERGENCY PREPAREDNESS TEAM

#### Central Zone

Delwin Ferguson, *Manager*  
Alishia Ivany, *Advisor*

#### Eastern Zone

Bruce MacDonald, *Manager*  
Jordan McPhee, *Advisor*

#### Northern Zone

Scott Brumwell, *Manager*  
Christopher Dunkley, *Advisor*

#### Western Zone

Dennis Oxner, *Manager*  
Mike Dickie, *Advisor*

#### NSHA

Bethany McCormick, *Senior Director Planning, Performance & Accountability*  
Angela LeBlanc, *Director Enterprise Risk Management and Emergency Preparedness*  
Dr. John Armstrong, *Medical Advisor*  
Pascal Rodier, *Manager Projects and Planning*

Click here for more [contact information](#)



Join the conversation online by using [#EPWEEK2020](#)

# Staying Prepared

To help you with your preparedness efforts during EP Week, all NSHA employees, physicians, learners and volunteers are encouraged to take a moment and review plans for preparedness.

It is important to ensure that the entire family is prepared and informed in the event of a disaster or emergency. You may not always be together when these events take place and should have plans for making sure you are able to contact and find one another.

Getting prepared can seem like a large task to take on. It doesn't happen overnight, and you can break

## BE PREPARED, BUILD A KIT



it down into simple steps that can make it much easier. Take a minute each day this week to learn about what you can do to become better prepared, at home as well as at work. We have provided some links below that can help you get prepared and stay informed.

## Get Informed...

Here are some important links that can help you learn more about emergency preparedness.

[COVID-19 Hub for NSHA Team Members and Physicians](#)

[Get Prepared](#)

[NSHA Emergency Preparedness intranet site](#)

[NSHA Emergency Preparedness Video](#)

[NSHA Emergency Colour Codes](#)

[NSHA Emergency Colour Code Document Library](#)

[NSHA Guidelines for Access Control and Lockdown](#)

[When to call 911](#)

[Nova Scotia Emergency Management Office](#)

[Are you flood ready \(Online quiz from Public Safety Canada\)](#)

[Develop your emergency checklist](#)

[Set up your emergency plan on line](#)

[Build and maintain your emergency kit](#)

[Emergency Preparedness Guide for People with Disabilities/Special Needs](#)

[Emergency Preparedness for Children](#)

[Emergency Preparedness for Pets and Service Animals](#)

[Staying in touch during emergencies](#)

[Helping kids cope when emergencies happen](#)

[Learn more about the Alert Ready System](#)