



Leading Through Coaching

A full day, in person program

Leading Through Coaching to get things done!

Does it feel like your job has become fixing everyone else's problems?

Do you carry the unspoken pressure to always have the answers?

For many healthcare leaders, constant advising, guiding and firefighting has become the norm. The days are full, the stakes are high, and meaningful communication often gets squeezed out by urgency. Yet engagement, influence and performance all depend on the quality of those conversations.

There's another way.... When leaders shift—intentionally—from advising and directing to having a coaching conversation, something changes. Others begin to think for themselves, take greater ownership and find solutions without waiting for direction. You gain time, focus and a team that performs with greater confidence and accountability.

Leading Through Coaching is a full-day, highly interactive, in-person session designed to help you make that shift. You'll learn practical coaching conversation techniques you can use immediately to strengthen communication, develop your people and unlock your team's potential—without adding more to your already full plate.

Facilitated by Nova Scotia Health, Medical Affairs' Executive Coaches Lorie Campbell & Verna MacDonald



This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by Dalhousie University Continuing Professional Development and Medical Education for up to 2.75 Mainpro+® Certified Activity and up to 3.25 Mainpro+ Certified Assessment Activity credits.

This activity is an Accredited Group Learning Activity (Section 1) and an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Dalhousie University Continuing Professional Development and Medical Education. You may claim a maximum of 2.75 Section 1 hours and 3.25 Section 3 hours (credits are automatically calculated).

Approval Statement:

Educationally approved by Dalhousie University
Continuing Professional Development and Medical Education.

For more information please contact:

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