

365

Days in Review

Integrated ACCESS AND FLOW Network



2025-2026

Aim



Increase access to services and improve the flow of patients throughout the healthcare system.

Guiding principles



Honour patients' autonomy and accept their dignity of risk.



Change is a given.



Patients' time is the most valuable currency.



All resources are provincial resources.



No patient left behind.



Flow is a quality and safety issue requiring a systems approach.



HEALTH BEYOND HOSPITAL

7 Prototypes

46 Team members

464 Patients discharged using Pathways and CareNS processes

14 Escalation Management Team cases resolved

The **Health Beyond Hospital (HBH)** initiative is a **multi-partner** transformation advancing a more integrated approach to care across Nova Scotia. By bringing together health, social and community services within a shared model of patient flow, HBH strengthens our ability to address complex patient needs, support seamless transitions between hospital, home and community, and prevent avoidable hospital admissions.

4 Pilot sites:

1. Halifax Infirmary (units 8.2 and 8.3)
2. West Bedford Transitional Health (entire facility)
3. Aberdeen Hospital (units 4Med, 4Surg, 2Med, 5TCU)
4. Sutherland Harris Memorial Hospital

Home First

Healing happens at the place you call home.

The provincial **Home First** initiative is the patient and family-facing side of Health Beyond Hospital. Home First was **piloted in eight adult inpatient care settings** across Nova Scotia Health, representing Northern, Eastern and Central Zones. Implementation pilot began in July 2025, and the Provincial Home First working group is now in the **evaluation process**.

16 Week campaign

4K+ Downloads of the Patient Family Guide

500K+ Impressions

16K Library Guide views

270K Reach

11.5K New users to the Library Guide

True North Access and Flow KPIs

There were improvements in Emergency Department (ED) Length of Stay (LOS), Estimated Date of Discharge (EDD) compliance and EDD accuracy despite increased admissions and occupancy.

35.9% ED admitted LOS <12 hours (target >70%)

103.2% Acute occupancy (target <95%)

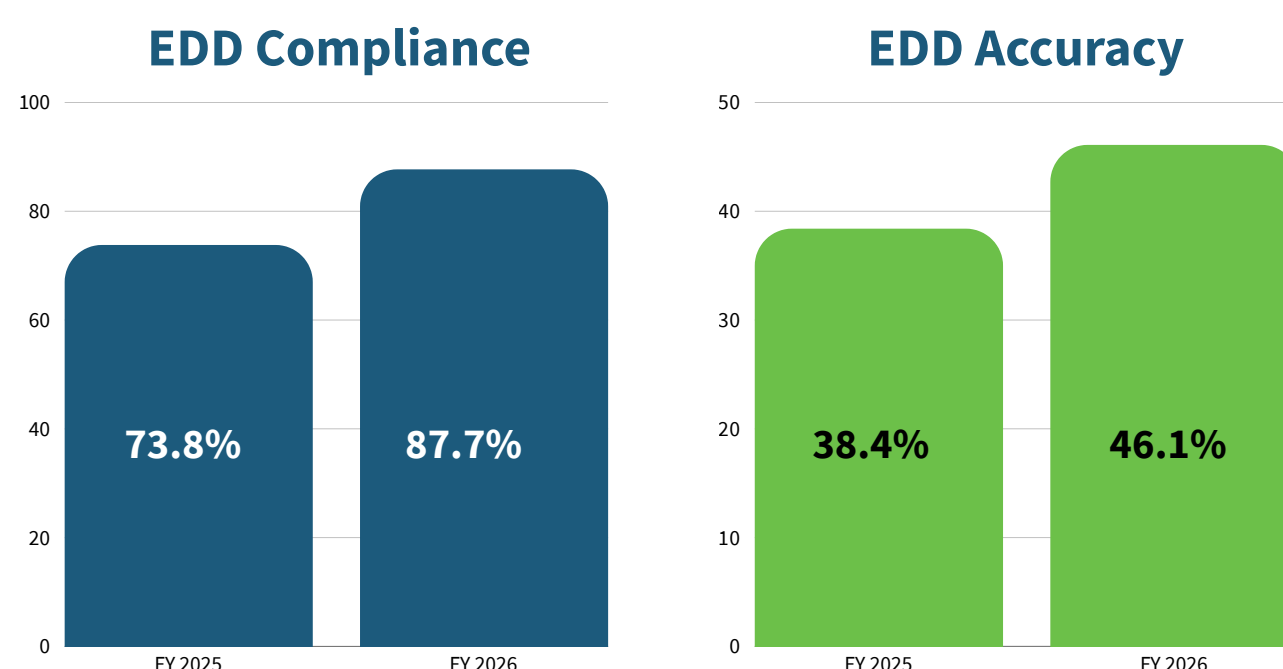
29% Acute LOS >28 days (target <25%)

Discharges outpaced the growth in admissions (2% increase over last year).

SAFER-f

100% of participating units implemented SAFER-f.

Estimated Date of Discharge (EDD) compliance by SAFER-f units improved by **13.9%** from 73.8% in FY 2025 to 87.7% in FY 2026.



EDD accuracy by SAFER-f units improved by **7.7%** from 38.4% in FY 2025 to 46.1% in FY 2026.

Strategic Deployment Review (SDR)

- 12 meetings
- A&F Network transitioned to a larger System Accountability SDR

System Accountability Performance Review Meeting (PRM)

- 22 meetings
- Collaboration among many departments

Quick Access Equipment Program

1,151 pieces of equipment ordered

Top 3 pieces of equipment requested:

1. Two-wheeled walker (225)
2. Commode (129)
3. Rollator Walker (110)

Total amount spent: \$246,700

Strategic Delivery Office

\$55 million in funding

- **13** initiatives
- **70+** milestones and metrics
- **17** provincial indicators

Policy Work

- | | |
|---|---|
| <p>2 A&F Network sponsored policies/procedures in development</p> | <p>2 A&F Network sponsored policies/procedures under revision</p> |
| <p>3 Policies/procedures (sponsored by other networks/teams) actively supported</p> | <p>8 <u>Standard Work</u> documents developed</p> |

Social Media Campaign

What to expect when you need hospital care

6 Week What to expect when you need hospital care social media campaign

275K Impressions **102K** Reach

6K Users **5.8K** New users



Partnerships and Collaborations

- 9** Nova Scotia Health teams
- 5** Government department
- 3** Other networks



Network Evaluation

Key finding: identified more opportunities to engage with different levels of Nova Scotia Health to improve roll-out process of policies and initiatives.

- An evaluation was conducted showing that the A&F Network was effective.
- Recommendation to increase engagement with partners.

Links and Contact

NEW Integrated Access and Flow Network Compass site

A&F Network Library Guides:

- Health Beyond Hospital (HBH)
- Home First
- SAFER-f
- Alternate Level of Care (ALC)
- Estimated Date of Discharge (EDD)

Contact us at accessandflownetwork@nshealth.ca.