

HPV: WHAT YOU SHOULD KNOW

You're at risk, but protecting yourself is easy.

HPV is common

Human Papillomavirus (HPV) is a virus that is spread by intimate contact. **More than 80%** of sexually active adults will have an HPV infection in their lifetime.



Four of us will contract HPV in our lifetimes.



HPV can cause cancer

HPV infections can cause cancer in both males and females. In total, HPV can cause **six types of cancer**, and yearly cases are rising.



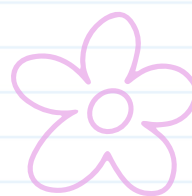
We're at risk for HPV-related cancers too.

HPV spreads silently

HPV infections don't usually cause symptoms. Someone could spread HPV to you **without even knowing**.



Which one of us has an HPV infection?



HPV vaccines work

The HPV vaccine is linked to nearly a **100% reduction in HPV-related cancers** in both males and females.



The HPV vaccine protects ALL of us!

HPV vaccines are free!

You can get the vaccine **for free** in **Nova Scotia** if you are under 19 years old.



Free back to school protection!

GET THE HPV VACCINE!

IT'S SAFE. IT WORKS. IT'S FREE.

Learn more at: <http://www.nshealth.ca/HPV>