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DR. CRYSTAL COLLIER, PHD, LPC-S, IS A THERAPIST, PREVENTION RESEARCHER, EDUCATOR, AND PERSON IN LONG-TERM RECOVERY WHO SPECIALIZES IN ADOLESCENT BRAIN DEVELOPMENT, PREVENTION PROGRAMMING, ADDICTION, FAMILY-OF-ORIGIN WORK, AND PARENT COACHING. SHE IS THE AUTHOR OF THE AWARD-WINNING NEUROWHEREABOUTS BOOK SERIES, INCLUDING THE NEUROWHEREABOUTS GUIDE FOR PARENTS, YOUR MOVES MATTER FOR TEENS, AND THE KNOW YOUR NEURO: ADVENTURES OF A GROWING BRAIN CHILDREN'S SERIES. DR. COLLIER IS ALSO THE FOUNDER OF KNOW YOUR NEURO, INC., A 501(C)(3) NONPROFIT THAT DELIVERS BRAIN-BASED PREVENTION AND SOCIAL-EMOTIONAL TRAINING TO K-12 YOUTH, FAMILIES, AND SCHOOLS.