



# SUFFOLK UNIVERSITY

Center for Teaching &  
Scholarly Excellence



## SPRING 2024 WORKSHOPS & EVENTS

## INTRODUCTION TO MINDFULNESS FOR TEACHING & LEARNING



Being an educator today is challenging. Daily life is punctuated by digital distractions, pressures to learn new technologies, competing demands for time and energy, and difficult classroom environments. Cultivating mindfulness in our daily life can help us manage these stressors, provide perspective and clarity, and create a sense of well-being and calm regardless of external circumstances. The CTSE invites all faculty and staff who are curious about mindfulness to come explore it in one of three pilot classes:

**Tuesday, February 20, 2024, 9:30 - 10:15AM, CTSE Suite, [Registration](#)**

**Thursday, February 22, 2024, 12:45 - 1:30PM, CTSE Suite, [Registration](#)**

**Friday, February 23, 2024, 9:30 - 10:15AM, Online, [Registration](#)**

## EXPLORING EQUITY & INCLUSION THROUGH EDUCATIONAL AUTOBIOGRAPHIES



We all have experiences of feeling included and excluded in teaching and learning settings. These experiences--good and bad--can shape our convictions about the types of learning environments we want to create and the experiences we want for our learners. We can use educational autobiography, or stories about our own educational experiences, to gain perspective about our past relationship to learning, teachers, and institutions, which we can share with our students. Such sharing can deepen students' sense of belonging in our classrooms. In this workshop, we will reflect on the ways in which our past learning experiences influence our beliefs and values as educators.

**Friday, March 1, 2024, 10:00 - 11:00AM, Online, [Registration](#)**

## CREATING ACCESSIBLE CONTENT IN CANVAS



In this interactive session, we will discuss barriers that can limit students' access to course content. Then we will practice using tools that are readily available in Canvas to identify and mitigate those barriers, improving students' access to essential learning materials and experiences.

**Friday, March 1, 2024, 1:00 - 2:00PM, Online, [Registration](#)**

## POPOVERS WITH PLEWS



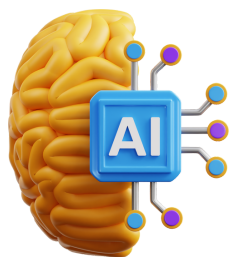
Have you met the new CTSE Director Rachel Plews? Drop by for a breakfast treat with ideas, questions, or just to say hello! No registration is required.

**Wednesday, March 6, 2024, 9:00 - 10:00 AM, CTSE Suite**

**Tuesday, April 2, 2024, 9:00 - 10:00 AM, CTSE Suite**



## GETTING STARTED WITH GENERATIVE AI FOR TEACHING & LEARNING



Are you curious about generative AI in teaching and learning? Join us for this hands-on workshop to explore the affordances and limitations of AI tools like ChatGPT and consider how they can be used to enhance student learning experiences. We will start with an overview of the landscape of AI and then transition to hands-on activities focused on practical application. Whether you are a beginner with ChatGPT or already using AI tools, this workshop will provide a platform for brainstorming and sharpening applications of ChatGPT for your teaching. Please note this workshop is repeated on the dates below:

**Thursday, March 7, 2024, 11:00 - 12:00 PM, Online, [Registration](#)**

**Tuesday, March 26, 2024, 9:00 - 10:00 AM, Online, [Registration](#)**

## ACTIVE LEARNING TO ENGAGE AND CHALLENGE LEARNERS



Active learning refers to a wide range of student-centered teaching and learning techniques and pedagogies where learners are able to apply course ideas. There are many ways to introduce active learning in your class—different techniques are effective for different purposes, can be used by individuals or groups, and require different levels of preparation. In this workshop, we will experience and discuss examples of these techniques for easy implementation into your teaching context.

**Tuesday, April 9, 2024, 9:30 - 10:30 AM, Online, [Registration](#)**

## 2024 SYMPOSIUM ON INNOVATION IN TEACHING & LEARNING

**SAVE-THE-DATE: TUESDAY, MAY 14, 2024**

**FEATURING KEYNOTE SPEAKER DR. TRACIE ADDY**

Dr. Addy is the Associate Dean of Teaching & Learning and the Director of the Center for the Integration of Teaching, Learning, & Scholarship at Lafayette College. She is the author of *What Inclusive Instructors Do: Principles and Practices for Excellence in College Teaching* and the upcoming *Enhancing Inclusive Instruction: Student Perspectives and Practical Approaches for Advancing Equity in Higher Education* (publication March 2024).

