



## Is It Ethical?

Should you? Or shouldn't you? Not knowing or understanding the Unity Worldwide Ministries Code of Ethics can have negative effects on a minister, Licensed Teacher or a ministry. Join Lori Fleming, Sandy Walker and Ken Fendrick for light-hearted look at the Code and earn necessary CEUs in the process.

**This workshop is part of the Ethics Continuing Education Units (CEU) available at the 2020 Conference.**

When was the last time you looked at the Code of Ethics? Do you recall the part about Self Care? You can find a downloadable copy on the Unity Worldwide Ministries website at <https://www.unityworldwideministries.org/codes-ethics>, but here are some good reminders:

### II. The Relationship to Self -Self Care

- A. I will articulate an awareness of the need for self-care by designing, implementing and maintaining a plan for my life of **regular renewal**.
- B. I will **care for my body** with good nutrition and exercise and express an awareness for the need of physical self-care.
- C. I can say yes and am able to say no in order to **prevent burn-out** by identifying strategies and taking action to avoid this condition.
- D. Leading by my strengths I model and teach self-care and **living a balanced life**.
- E. I am comfortable **asking for help** when I recognize the need, and model and teach the value in doing so.
- F. **I balance work, relationships and recreation** by developing and implementing a plan for balanced living; maintaining adjustments as required in any balancing practice.
- G. I exhibit a mindset of **ongoing renewal and conscious evolution** by developing, implementing and maintaining an ongoing program of spiritual growth.