



Ethics, Interdependence
and Spiritual Renewal



unity®
Southwest Region

2020
Virtual
Conference



Is It Ethical?

Should you? Or shouldn't you? Not knowing or understanding the Unity Worldwide Ministries Code of Ethics can have negative effects on a minister, Licensed Teacher or a ministry. Join Lori Fleming, Sandy Walker and Ken Fendrick for light-hearted look at the Code and earn necessary CEUs in the process.

This workshop is part of the Ethics Continuing Education Units (CEU) available at the 2020 Conference.

When was the last time you looked at the Code of Ethics? Do you recall the part about Self Care? You can find a downloadable copy on the Unity Worldwide Ministries website at <https://www.unityworldwideministries.org/codes-ethics>, but here are some good reminders:

II. The Relationship to Self -Self Care

- A. I will articulate an awareness of the need for self-care by designing, implementing and maintaining a plan for my life of **regular renewal**.
- B. I will **care for my body** with good nutrition and exercise and express an awareness for the need of physical self-care.
- C. I can say yes and am able to say no in order to **prevent burn-out** by identifying strategies and taking action to avoid this condition.
- D. Leading by my strengths I model and teach self-care and **living a balanced life**.
- E. I am comfortable **asking for help** when I recognize the need, and model and teach the value in doing so.
- F. **I balance work, relationships and recreation** by developing and implementing a plan for balanced living; maintaining adjustments as required in any balancing practice.
- G. I exhibit a mindset of **ongoing renewal and conscious evolution** by developing, implementing and maintaining an ongoing program of spiritual growth.