Connie V. Jett



Connie Jett is an educator, facilitator, and spiritual director. Her multiple roles stem from a desire to combine her professional and personal experiences with her innate desire to work with others to develop their potential and to connect more deeply with their purpose. Toward that goal, Connie incorporates critical thinking, emotional intelligence training, and spiritual practices to help others learn how to build resilience and find fulfillment.

Connie earned a B.A. in psychology from Davidson College and a J.D./M.B.A. from Emory University. Since earning these degrees, Connie has enjoyed utilizing her knowledge and serving others in a variety of settings. Early in her career, Connie practiced estate planning law and then became the legal and operations manager for a small mortgage-trading firm. Later, she became an educator in a newly developed leadership school where she designed and taught the foundational leadership course based on Stephen Covey's book, "The 7 Habits of Highly Effective People." At that time, she was also the owner and manager of multiple rental properties. She became a certified life coach in 2015 and, wanting to incorporate her passion for spiritual growth into her practice, Connie completed spiritual direction certification in 2022. Then, in 2023, her primary role shifted to full-time caretaker of her daughter who was suffering with metastatic bone cancer. Currently, Connie continues to offer spiritual direction and facilitate bereavement retreats for mothers who have lost children to cancer.

Connie's prior experiences and training have helped her to gain a deeper appreciation for the importance of resilience. With specialized training in law, business, psychology, education, and spiritual formation, coupled with her unique personal life experiences, Connie seeks opportunities to facilitate discussions about personal leadership, emotional intelligence, critical thinking and spiritual practices.