

What helps you feel happy when you are having a bad day or going through a difficult time? In other words, “What lifts you up?” This is the question Art with a Heart in Healthcare (AWAHIH) presented to sixteen pediatric patients of Wolfson Children’s Hospital. Under the guidance of AWAHIH Artists-in-Residence, the participating patients created artwork conveying what brings them joy. Each work of art features hot air balloons to symbolize rising above tough situations and elevating one’s mood and mindset. This project spotlights each patient's individuality and unique artistic styles while promoting a sense of well-being, self-worth, and healing during their hospital experience.



ART WITH A HEART IN HEALTHCARE

What Lifts You Up

SEPTEMBER 11, 2022 - JANUARY 8, 2023



333 NORTH LAURA STREET // MOCAJACKSONVILLE.UNF.EDU

ART WITH A HEART IN HEALTHCARE

What Lifts You Up

PUBLIC RECEPTION Sunday, September 11, 2-4 P.M.

MOCA Jacksonville continues its partnership with Art with a Heart in Healthcare (AWAHIH), a nonprofit organization that provides personalized art experiences to enhance the healing process for patients and families at Wolfson Children's Hospital, Nemours Children's Clinic, St. Vincent's, Mayo Clinic, and Baptist Medical Center. The exhibition *What Lifts You Up* was created under the guidance of AWAHIH Artists-in-Residence. Each patient and AWAHIH Artist-in-Residence work together to celebrate and explore the artistic process, gaining self-confidence and self-awareness in the process.

Through the years, the program has developed different themes to encourage the students to express themselves through art, helping them to articulate their feelings, ideas and experience, while gaining technical skills in both art and photography.

MOCA is proud to be part of this program, transforming the healthcare experience of young patients through the power of creative expression in the arts.

Support for this exhibition was made in part by the City of Jacksonville, the Cultural Council of Greater Jacksonville, the Florida Division of Cultural Affairs, and the University of North Florida

<< ON THE COVER Addison, age 11, What Lifts You Up, 2022. Acrylic on canvas, 24 x 12 inches. Quinalla, age 12, Never Give Up, 2022. Acrylic on canvas, 24 x 12 inches. > Coner, age 6, What Lifts You Up, 2022. Acrylic on canvas, 24 x 12 inches.

