

Well-being

Amazing Place

Daycare, caregiver support
amazingplacehouston.org
713-322-0953

Montrose Center

LGBTQIA+ counseling
montrosecenter.org
713-529-0037

AARP Connect2Affect

Overcoming social isolation
connect2affect.org

Project MEND

Medical equipment
projectmend.org
210-223-6363 ext. 3

Meals on Wheels

mealsonwheelstexas.org

Interfaith Ministries for Greater Houston

imgh.org
713-533-4900

Hope and Health Center & Institute

hopeandhealingcenter.org
713-871-1004 ext. 570



 **UTHealth Houston**
Institute on Aging

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