

Family and Friends: Meaningful connections with others, such as family members, friends, or partners.

Community: Helping others: giving and receiving support.

Spirituality: Involvement in spiritual or religious activities.

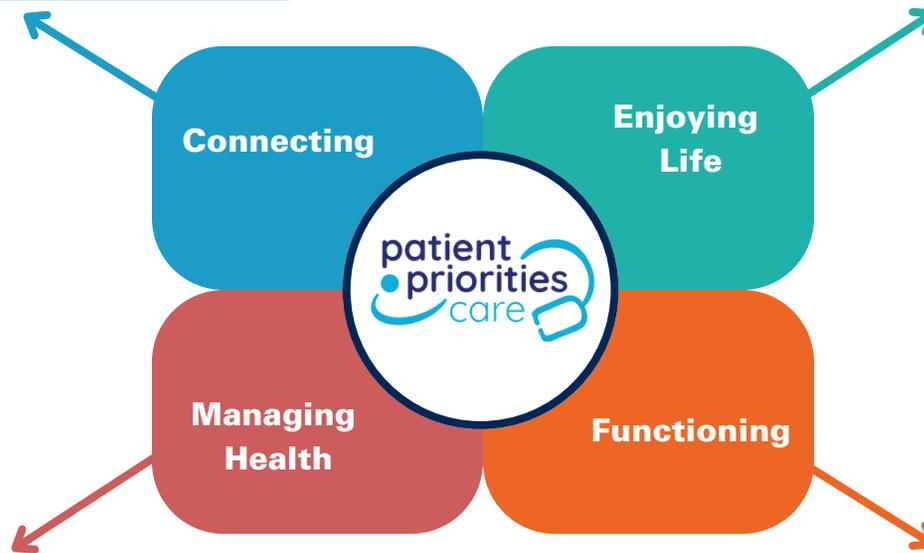
- Who are the most important people in your life?
- How often are you able to see them?
- What kinds of activities do you do together?

Productivity: Doing things to contribute at home, work or in the community.

Personal Growth/Learning: Learning and developing as a person.

Recreation: Enjoyable activities, hobbies.

- Which activities do you find so important and enjoyable that you can't imagine living without them?
- What does a good day look like for you? What could you do before that you would like to do now?
- What do you do now that you'd like to be able to keep doing?



Health and Symptoms: Ensuring best possible health; managing discomfort and symptoms.

Quality of Life: Balancing the desire for maintaining how you feel today with the desire to live as long as possible.

- What do you hope your health care can do for you?
- In what ways do your health conditions and treatments limit your ability to do what matters?
- What is more important to you - quality of life or living as long as possible?

Dignity: Feeling respected and worthy.

Independence: Managing self-care needs; living and moving independently and safely.

- What kinds of actions are you able to do to take care of yourself? What are you not able to do to take care of yourself?
- When taking care of yourself, what is most important to you now?
- How do you feel about asking for or accepting help?
- What would you be doing if you were having a good day?