



At times as parents, we feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The **Circle of Security® Parenting™ program** is based on decades of research about how secure parent-child relationships can be supported and strengthened.

**Learning Objectives of the Training:**

- Understand your child’s emotional world by learning to read the emotional needs
- Support your child’s ability to successfully manage emotions
- Enhance the development of your child’s self esteem
- Honor your innate wisdom and desire for your child to be secure

**Presented by:** Uganda Richardson, Licensed Clinical Social Worker

**Location:** A Chance To Change, 2113 W. Britton Rd, Oklahoma City, OK, 73120

**Dates:** Beginning October 3rd (eight-week program, closed program after Week 2)

**Times:** Thursdays, 6:00 - 7:30 p.m. CST (Please arrive by 5:45 to check-in and pay)

**Cost:** \$17.50 per session, \$140 for eight weeks; payment due upon arrival

**Who should attend:** Current parents, soon-to-be parents, family members, any and all

**How to register:** Call Nanci Cosby, Client Navigator, at 405-233-4253

