

**Barrett Paradise Friendly Library  
Adult Programs  
September 2024**

For further information, or to register for any of the following adult activities, please call the Library (570-595-7171) or email Lynn at [lvromanbpfl@gmail.com](mailto:lvromanbpfl@gmail.com)

**Fridays, September 6 & 20: Healing Yoga 11:00 am**

Danielle Lane will guide you through a soothing, mindful yoga experience which may include meditation, sound bowls, music, and other elements. Appropriate for all levels. *Space is limited: please register for each session.*

**Tuesday, September 3: Movie Day at the Library 1:00 pm**

Come to the Library the first Tuesday of each month to watch a newly released movie with friends. This month we will watch *Arthur the King*, Starring Mark Wahlberg. Rated PG.

**Thursday, September 12: Virtual Writing Group 6:30 pm**

Join us on Zoom to discuss the art of writing while sharing work with the group. This month we will discuss the genre “rules.”

**Adult Take-Home Kit: Pumpkin Spice Candle**

Get into the fall spirit by making a pumpkin spice candle! We will supply the materials. *You must register to receive a kit.* Supplies will be available for pickup beginning Monday, September 16.

**Tuesday, September 17: Afternoon Book Club 1:00 pm**

Our Afternoon Book Club meets at the Library. An option to join with Zoom is available, as well. This month we will discuss *The Great Alone* by Kristin Hannah. If you’re interested in joining, please contact the Library for more details.

**Tuesday, September 24: Virtual Evening Book Club 7:00 pm**

Join our virtual Evening Book Club on Zoom. This month we will discuss *Rebecca* by Daphne du Maurier. If you’re interested in joining, please contact the Library for more details.