



# The Oakwood School 2020-21 Athletics Plan

September 2, 2020 (Version 1)

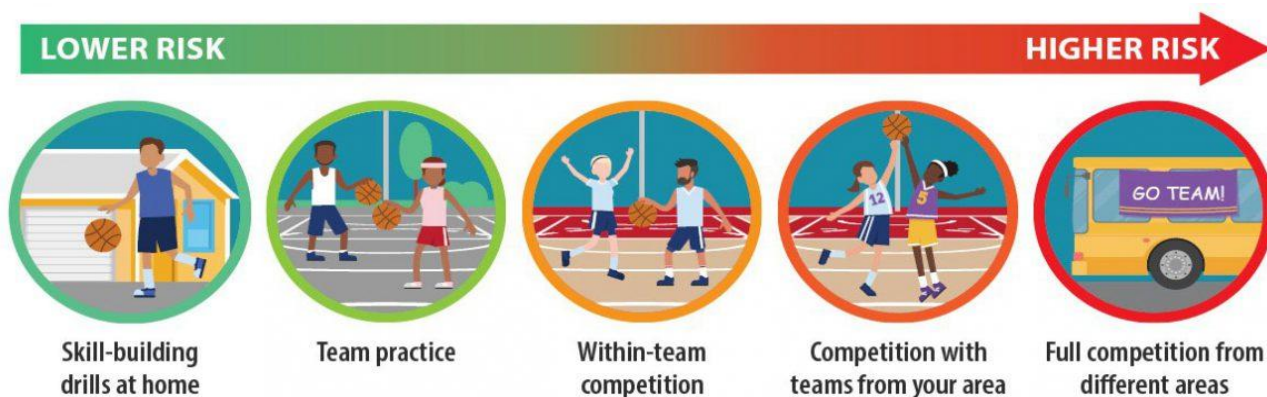
**Goal:** Oakwood seeks to return to athletic competition as safely as possible using a plan aligned with our school-wide [COVID-19 Preparedness Plan](#).

**Guidance:** The Oakwood School will follow guidance from the [NCDHHS](#) and [CDC](#) and will use [NCISAA](#) as a resource for establishing minimum standards.

**Under the current Phase 2 Plan for North Carolina, the NCDHHS “does not recommend sports activities for which participants cannot maintain social distancing and close contact is frequent and/or prolonged. Organized sports in which participants cannot maintain social distancing are not recommended. These sports typically require coaches and athletes who are not from the same household or living unit to be in close proximity, which increases their potential for exposure to COVID-19. For these sports, it is recommended that activities are limited to athletic conditioning, drills, and practices in which dummy players, sleds, punching bags and similar equipment are used but athletes are not playing the actual sport, itself. These activities can allow athletes to condition and prepare for sports if and when they are played in the future. Examples include football, competitive cheer, lacrosse, basketball, soccer, wrestling, rugby, and hockey (and volleyball).”**

**Projected Fall Sports Competition Dates:** All dates are subject to change based on the status of the pandemic. Seasons may be altered depending on our own community circumstances, as well as those that we compete. Fall coaches will speak with their teams in the coming days regarding specifics of how they will proceed with the remainder of their seasons.

<b>Low Risk Sports:</b> Cross Country, Girls Tennis	Fall Season September 8 – October 30, 2020
<b>Moderate Risk Sports:</b> Volleyball, Boys Soccer	Alternate Fall Season February 22 – March 26, 2021





**Athletics Rules:** The following rules will be in place for the 2020-21 athletic season.

<b>The Oakwood School's 2020-21 Athletics Rules</b>	
<b>Spectators</b>	Per NCISAA rules, spectators will not be permitted at competitions.
<b>Transportation</b>	Coaches will follow strict CDC guidelines for bus transportation.
<b>Social Distancing</b>	Six feet between players and coaches should be maintained whenever possible during practices and competitions. High fives, handshakes and any physical contact are prohibited. When social distancing cannot be maintained, players should wear a mask.
<b>Masks</b>	Masks must be worn in accordance with Oakwood's <a href="#">COVID-19 Preparedness Plan</a> .
<b>Hygiene</b>	The Athletic Department will ensure that hand sanitizer is available during practice and/or competition for all teams indoors and outdoors. The Athletic Department will require hand washing of athletes, coaches, staff, and participants upon arrival, after contact with other individuals, after performing cleaning and disinfecting activities, and frequently throughout the sports program or activities.
<b>Competition</b>	Travel and schedules for competitions at this time will be limited. Competitions, if played, will be with schools that do not have current COVID-19 clusters at the time of competition and that have provided Oakwood with an acceptable COVID-19 response plan in use for their school.
<b>Equipment/Water</b>	Players should continue to bring their own water bottles. Equipment may not be shared between players.
<b>Locker Room</b>	Locker rooms are closed to visiting teams at all schools. Oakwood teams will travel dressed for competition.
<b>Family Choice</b>	Families should make their own choice about participating in sports based on their own risk tolerance.

**Oakwood's 2020-21 Athletics Schedule:** Oakwood has tentatively approved the following schedule for athletics for 2020-2021. The "Alternate Plan" is an option offered by the NCISAA that allows schools with moderate risk sports this fall to compete in February and March if any school chooses not to play now due to COVID-19 concerns. **The following outlines Oakwood's 2020-21 adopted schedule using an Alternate Fall Season model:**

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| <b>I. <u>Fall Season</u></b><br><b>Cross Country (virtual), Girls Tennis</b><br><b>September 8 – October 30, 2020</b><br><b>8 weeks of competition</b>                     | <b>III. <u>Alternate Fall Season</u></b><br><b>Volleyball, Boys Soccer</b><br><b>February 22 – March 26, 2021</b><br><b>5 weeks of competition</b>               |
| <b>II. <u>Winter Season</u></b><br><b>Swimming, Basketball</b><br><b>November 2, 2020 – February 12, 2021</b><br><b>(regular season)</b><br><b>11 weeks of competition</b> | <b>IV. <u>Spring Season</u></b><br><b>Baseball, Softball, Boys Tennis, Girls Soccer, Golf</b><br><b>March 29 – May 15, 2021</b><br><b>6 weeks of competition</b> |

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