

FEED Kearsarge Annual Food Security Summit

An annual event to bring together all the stakeholders that support food expansion, education, and distribution in the Kearsarge / Lake Sunapee region

Saturday, March 21st 9:00am-2:30pm

Kearsarge Regional High School

Refreshments & Lunch Provided

Goals

- **Networking:** Build relationships amongst food access stakeholders across sectors in the Kearsarge Region: food access sites, public and community health, educators and school system, farmers and food producers, volunteers and citizens
- **Community Education:** Generate awareness on the state of Food Insecurity in the Kearsarge Region, current efforts working to address it, and ways we can grow impact collaboratively
- **Coalition Building:** Better understand how to mobilize and engage FEED Kearsarge as a community movement where all members understand their role and contribution to the whole
- **Action item:** Building Community FREEges

Program (subject to slight change)

9:00am-9:45am: Refreshments, exhibitor fair, and networking

9:45am-10:00am: Welcome & why we're here (Kearsarge Food Hub)

10:00am-10:45pm: Presentation - CARHE on Food Security Report w/ Q&A

10:45am-11:00am: *Break*

11:00am-11:45pm: Presentation - NH Hunger Solutions on Coalition building w/ Q&A

11:45am-1:15pm: *Working lunch at breakout sessions*

1. Public education: Moving the needle through shared messaging - *Hanna Flanders*
2. *Home Gardens: Growing food for food security* - *Xochi Berry*
3. Volunteerism: mobilizing a community - *KNP Rep*
4. Farmers Markets: regional farmers market models - *Monica Rico*
5. Cooking for Community: Best Practices - *Heather Turner / Restaurant leader?*
6. Federal Food Assistance Programs: SNAP - *NH Hunger Solutions*
7. Referral systems: Catching food insecurity - *NLH / Dartmouth Health*
8. Food Production & Distribution: Gleaning in the Kearsarge Area - *Cassie (& Andy?)*

1:15-2:00pm: Presentation: Kearsarge Food Hub on the Community FREEge Model

2:15-2:30pm: Closing remarks & action items

Logistics

- Stakeholders include:
 - Food access sites: food pantries, backpack programs, meals on wheels, etc
 - Social services & public health: Social workers, community health workers, hospital screening sites, school nurses, welfare officers, etc
 - Farmers and food producers
 - Educators, restaurants, other community businesses or institutions
 - Interested / concerned community members: volunteers, donors, etc.
- Tickets are no-cost (option to donate)
 - Goal 150-200 attendees
 - Sponsors to cover cost of event
- Team
 - KFH and KNP are backbone organizations
 - Need: planning committee to help with planning / promotion of event
 - Need: Breakout session leaders to guide breakout sessions & come up with outcomes for each session