Care For You

Story-Writing

Both journaling and reading reduce stress. This month we're combining them with journaling prompts about story-writing. Have fun, and enjoy the stress-reducing benefits!

Imagine you are writing a children's book of your own. Identify the different parts of

your story:

Characters:_______

Setting:_______

Plot:_______

Morale of the story:

Title:

•	Create a short story using a list of specific words:	
	cake	shake
	furious	rose
	command	miniature
	brooch	assess
	 Take the first word and use it in a sentence. Use that sentence to begin a story Incorporate each of the other words as you go along. (what you end up with may not make complete sense, but that's ok!) 	
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"Logic will get you from A to B. Imagination will get you everywhere." \sim Albert Einstein