



Lecture

Sunday, March 1, 2020

Time and Location TBA

Please sign up at mtacsacb.org by 2/21/20 to secure a seat



Mariam Safinia heads The School of Practical Philosophy in California, founded in 2004. Philosophy is Mariam's passion; she believes that this remarkable discipline can transform lives by enabling us to connect with the innate wisdom and happiness which is our true essence. The School is one of over seventy branches worldwide and operates as a non-profit educational organization.

Practical Philosophy offers students an opportunity to consider the great questions of life: Who am I? What is this creation? What is my relationship with it? How can I be happy? How can I reduce stress and still be effective? It shows how these universal questions are not just of passing theoretical interest, but an effective guide to life and how it can be lived to the fullest.

Mariam studied architecture at Carnegie Mellon and Durham Universities and later received an M.A. from Kings College, London University. Her professional career includes the practice of architecture, teaching at the National University of Iran as well as establishing a successful real estate company in London, England for over 25 years. She is a senior tutor at The School of Practical Philosophy in California and a motivational speaker.