

Mary Ann Contogiannis, MD



The North Carolina Medical Society (NCMS) and North Carolina Delegation to the AMA are proud to nominate Mary Ann Contogiannis, MD, for election to the AMA Council on Constitution and Bylaws. She is also enthusiastically endorsed by the Southeastern Delegation and the American Society of Plastic Surgeons.

Dr. Contogiannis graduated from the Brody School of Medicine at East Carolina University then pursued a residency in general surgery and plastic surgery. Mary Ann is board certified in plastic surgery and participates in maintenance of certification. She returned home after her training to practice in Greensboro, N.C., and has maintained a solo private practice in plastic surgery.

Dr. Contogiannis is a dedicated and compassionate physician who has a deep commitment to and understanding of organized medicine. From the beginning of her medical career, she has dedicated herself to organized medicine, first by serving as an alternate delegate and then delegate to the AMA Medical Student Section, an alternate delegate then delegate to the AMA Resident Physician Section and later an alternate delegate then delegate to the AMA Young Physicians Section. In 1989, she was elected to the AMA Board of Trustees as a resident member, serving two terms. Mary Ann has also served as a member of the NCMS Delegation since 2001. She has clearly demonstrated her commitment to her profession and the AMA through her years of service.

Dr. Contogiannis is a passionate spokesperson for the profession and patients as demonstrated by the many leadership roles she has held in the NCMS, her county medical society and her state specialty society. Dr. Contogiannis has been an active participant in NCMS' advocacy activities for many years, serving on our Legislative Cabinet, our PAC Board and as a member of the NCMS Board of Directors. Mary Ann is a past president of the NC Society of Plastic Surgeons. Dr. Contogiannis has served in numerous roles in the American Society of Plastic Surgeons (ASPS), including chair of the State Legislative Advocacy Committee and currently serves as at-large member of the ASPS Board of Directors. She would bring a wealth of experience and deep understanding of the workings of organized medicine, with both state and national experience, to a position on the AMA Council on Constitution and Bylaws.

Dr. Contogiannis is distinctive because of her steadfast willingness to serve her profession in countless capacities all while managing and practicing in a busy private practice. She possesses a level of commitment and enthusiasm unique among her peers. Her experience, commitment and passion will bring energy and insight to this important council.

Personal statement

"As I look at my medical career, I have constantly been drawn to focus on health policy and advocacy beginning as a medical student through the North Carolina Medical Society and the AMA. 36 years later, I have maintained this focus throughout my career, making it a priority to take time to participate in advocacy activities along with my clinical medical activities. As I have advanced through leadership positions in multiple organizations, I have appreciated that each organization must have order and structure in order to be effective but still have a way to adapt to change. The organization's constitution and bylaws are central to achieving these goals."

"When the AMA HOD decides there is a need to change the AMA bylaws, it is the Council on Constitution and Bylaws' (CCB) responsibility to accomplish that change within the guidelines of the AMA's Constitution and Bylaws structure as CCB accomplishes the will of the AMA HOD. In my leadership roles in several organizations, I have participated in significant revisions of bylaws, have gained a wealth of knowledge on these procedures, and feel comfortable creating and modifying bylaws. For the past four years I have also served on my local hospital/healthcare system's Bylaws committee. These experiences have prepared me to now serve the AMA on the Council on Constitution and Bylaws."