



The Church of the Holy Apostles

An Open and Affirming Community

Vision: The Tree of Light grows here, shining God's love on you.

Mission: Our call is to love through worship, service, learning, prayer, and celebration.

December 2, 2018

10:00 AM

(To prevent microphone interference, phones on airplane mode is greatly appreciated)

1407 Kapi`olani Street Hilo, HI 96720
Parish Office: (808) 935-5545 Fax: (808) 935-5547
admin@episcopalchurchhilo.org
www.episcopalchurchhilo.org

Mahalo for your 2019 pledges!

TODAY'S PRAYER LIST: *Please call the church office or speak with our pastor if you have a prayer request. Always ask permission of the person first if you want to add someone's name other than your own. Be sure to provide the church office with updates. Names added will remain on our prayer list for one month. After that time, the names will be cycled off the list, unless there is a request for the name to be added for another month.*

PLATE OFFERING

This morning's plate offering will go to the **Benevolence Fund.**

Altar Flowers provided by the Altar Guild.

COFFEE HOUR COORDINATORS

1st Sunday: Deb Hughes and Anita Lambie

2nd Sunday: Martha Reber and Paul and Jane Field

3rd Sunday: Evette Tampos, Cathy McPherson-Tampos, Dennis & Christine Takahashi and Low
'Ohana.

4th Sunday: Deb Lewis, Doug Adams, Larida Gamiao, Marybell Maltezo and Asuncion Ragocos

This Week 12/2/18 at 7:30AM and 10:00AM

1st Advent	7:30AM	10:00AM
Celebrant:	The Rev. Katlin McCallister	The Rev. Katlin McCallister
Lector:	Charlie Hite	David Hryniuk
Intercessor:	Diane Cockett	Marianne Hodapp
LEMS:	Sandi Nakagawa/Diane Cockett	David Hryniuk/Chele Hryniuk
Altar Guild:	LaVerne Daimaru/ Deb Sakurai-Horita	Martha Reber/Elizabeth Bell
Acolyte Team:	Catherine Chow / Sophia and Demos Manoukis	Olivia Boucher / Elizabeth Jenkins
Counters:	LaVerne Daimaru / Diane Cockett	LaVerne Daimaru / Diane Cockett

Next Week 12/9/18 at 7:30AM and 10:00AM

2nd Advent	7:30AM	10:00AM
Celebrant:	The Rev. Katlin McCallister	The Rev. Katlin McCallister
Lector:	BJ Saito	Janet Snyder
Intercessor:	Larida Gamiao	Chris Takahashi
LEMS:	BJ Saito/Larida Gamiao	Janet Snyder / Chris Takahashi
Altar Guild:	LaVerne Daimaru/ Deb Sakurai-Horita	Martha Reber/Elizabeth Bell
Acolyte Team:	Catherine Chow / Sophia and Demos Manoukis	Olivia Boucher / Elizabeth Jenkins
Counters:	Judith Torricer/Penny Chu	Judith Torricer/Penny Chu

Holy Eucharist

Welcome and Announcements

The First Sunday of Advent

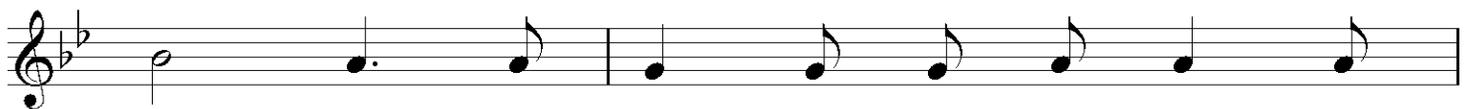
Sunday, December 02, 2018

At the sound of the bell, all stand for the Entrance of the Cross into the church.

Hymn

Bless the Lord my soul

Hymn 69



1 What is the cry - ing at Jor - dan? Who
2 Who then shall stir in this dark - ness, pre -
3 Lord, give us grace to a - wake us, to
4 Now comes the day of sal - va - tion, in



hears, O God, the pro - phe - cy? Dark is the
pare for joy in the win - ter night? Mor - tal in
see the branch that be - gins to bloom; in great hu -
joy and ter - ror the Word is born! God gives him -



sea - son, dark our hearts and shut to mys - ter - y.
dark - ness we lie down, blind - heart - ed, see - ing no light.
mi - li - ty is hid all heaven in a lit - tle room.
self in - to our lives; O let sal - va - tion dawn!

All standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.
And blessed be his kingdom, now and for ever.
Amen.

People

The Celebrant says,

Almighty God, you offer hope for our hearts, peace for our souls, joy for our lives, and love for eternity. As we kindle this candle for HOPE, give us grace to be steadfast in

faith and participants in the coming of your kingdom, through Jesus Christ our Lord. Amen.

The candles are lit.

The following is sung 3 times, all standing.

Trisagion S102

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Almighty God, give us grace to cast away the works of darkness, and put on the armor of light, now in the time of this mortal life in which your Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

All Children are invited to follow our Sunday School teachers to the Cook Room.

First Reading

Jeremiah 33:14-16

All sit.

A Reading from the book of the prophet Jeremiah.

Holy Gospel

Luke 21:25-36

All stand.

Celebrant The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

Jesus said, “There will be signs in the sun, the moon, and the stars, and on the earth distress among nations confused by the roaring of the sea and the waves. People will faint from fear and foreboding of what is coming upon the world, for the powers of the heavens will be shaken. Then they will see ‘the Son of Man coming in a cloud’ with power and great glory. Now when these things begin to take place, stand up and raise your heads, because your redemption is drawing near.” Then he told them a parable: “Look at the fig tree and all the trees; as soon as they sprout leaves you can see for yourselves and know that summer is already near. So also, when you see these things taking place, you know that the kingdom of God is near. Truly I tell you, this generation will not pass away until all things have taken place. Heaven and earth will pass away, but my words will not pass away. Be on guard so that your hearts are not weighed down with dissipation and drunkenness and the worries of this life, and that day catch you unexpectedly, like a trap. For it will come upon all who live on the face of the whole earth. Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man.”

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

Sermon and Musical Reflection

Nicene Creed

All stand.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.

For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People for Advent

All remain standing.

Priest begins,

With all our heart and with all our mind, let us pray to Almighty, Triune God, the Alpha and the Omega.

The people kneel as able and the Intercessor continues to pray,

Jesus said, "Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.

People Love your neighbor as yourself; There is no commandment greater than these.

Silence.

We pray for Christ's holy, catholic church, for all families of believers, friends and neighbors.

People That we all may live together in love and peace as disciples of Christ.

Silence.

We pray for all in authority serving our nation. For the people and their representatives in Congress, the President and those in the Executive branch, the Supreme Court and those in the Judiciary and all who have been afforded responsibility for the governance of our Union.

People That they may be inspired with the divine creativity of God the Father, the sacrificial example of God the Son, and the flaming wisdom of God the Spirit.

Silence.

We pray to be ever mindful of our kuleana and responsibility to mālama and care for your creation, the ‘āina, our Mother Earth, and of all your creatures.

People Give us willing hearts to live Aloha and proclaim your mercies so that there may be justice and peace on the earth.

Silence.

We pray for the concerns of our local community. All who are evacuees, homeless, alone, displaced, flooded, and have been impacted by the volcano, hurricanes, heavy rain, and other natural disasters and the relief workers that minister to them.

People May they come to know the security of home and family again and the holy peace that passes all understanding.

Silence.

We pray for infinite mercy upon people without a home, people who strive for recovery from addiction and mental illness, people who are impoverished, imprisoned, persecuted, and all who have been rejected by society.

People Help us be your instrument of justice and mercy so all may know your unconditional loving kindness and restoration.

Silence.

We pray for those on our **parish prayer list**: Kevin, Lauren and baby, Elizabeth, Marcia, and Robert. For all who are in need, whether it be in illness, loss, or fear, in loneliness or sadness, for those who have lost their way or are searching for a meaningful life, for all who are in any kind of trouble, and for those we now name silently or aloud. [Pause] We pray to you, God,

People Grant them the hope of Jesus Christ.

Silence.

We offer thanks for all the blessings of this life, especially the ministries of this church, the children among us, and for the blessings we now name silently or aloud. [Pause]

We pray to you, God,

People Thank you for your gracious gifts, may we be generous in love.

We remember with love those who have died in the hope of your resurrection, especially for those we now name silently or aloud. [Pause] We pray to you, God,

People Let Light perpetual shine upon them.

Silence.

The Celebrant adds a concluding collect.

All remain standing.

The Queen's Prayer

Ke Aloha A Ke Akua

The Queen's Prayer

Queen Lili'uokalani (1838 - 1917)

Chords: C, Dm/F, C/G, G7, C, D7, D, G7, C

1. 'O kou a - lo - ha no A - i - a i ka La - ni, A
2. Ko'u no - ho mi - hi 'ana A pa - 'a - ha - o 'i - a, 'O
3. Mai na - na 'i - no - 'ino Na he - wa o ka - na - ka. A -
4. No - lai - la e ka Haku Ma la - lo kou 'e - he - u. Ko

Chords: Am/C, C, C/E, Fmaj7, F, C/G, G7, C, Fmaj7, Fm6, C

5 'o kou 'o - ia - 'i - 'o, He he - mo - le - le ho'i. A me - ne.
'o - e ku - 'u la - ma Kou na - ni, ko - 'u ko'o.
ka, e hu - i - ka - la, A ma - 'e - ma - 'e no.
ma - kou ma - lu - hi - a. A mau loa a - ku no.

Oh Lord, thy loving mercy is high as the heavens. It tells us of thy truth and 'tis filled with holiness.

While humbly meditating within these walls imprisoned, thou art my light, my haven, thy glory my support.

Oh! Look not on their failings nor on the sins of men. Forgive with loving kindness that we might be made pure.

For thy grace, I beg thee. Bring us beneath thy protection and peace will be our portion now and forever more. Amen.

Confession of Sin

All kneel.

The Priest then says

Let us confess our sins to God.

Silence.

Minister and People

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace

All stand.

Celebrant The peace of Christ be always with you.
People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

Holy Communion

The Celebrant invites special celebratory and thank offerings.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented.

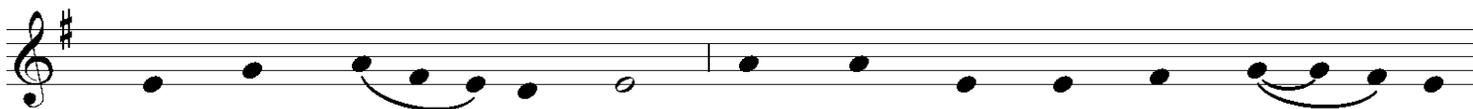
Offertory Hymn

O come, O come, Emmanuel

Hymnal 56
V. 1, 2, and 3 only



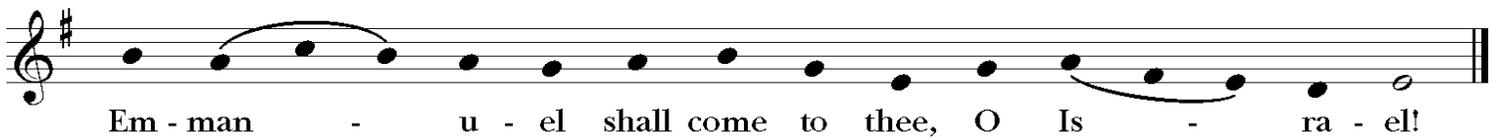
(Dec. 23) 1 O come, O come, Em - man - u - el, and ran - som
(Dec. 17) 2 O come, thou Wis - dom from on high, who or - derest
(Dec. 18) 3 O come, O come, thou Lord of might, who to thy
(Dec. 19) 4 O come, thou Branch of Jes - se's tree, free them from
(Dec. 20) 5 O come, thou Key of Da - vid, come, and o - pen
(Dec. 21) 6 O come, thou Day - spring from on high, and cheer us
(Dec. 22) 7 O come, De - sire of na - tions, bind in one the
(Dec. 23) 8 O come, O come, Em - man - u - el, and ran - som



1 cap - tive Is - ra - el, that mourns in lone - ly ex - ile
2 all things might - i - ly; to us the path of know - ledge
3 tribes on Si - nai's height in an - cient times didst give the
4 Sa - tan's ty - ran - ny that trust thy might - y power to
5 wide our heaven - ly home; make safe the way that leads on
6 by thy draw - ing nigh; dis - perse the gloom - y clouds of
7 hearts of all man - kind; bid thou our sad di - vi - sions
8 cap - tive Is - ra - el, that mourns in lone - ly ex - ile



1 here un - til the Son of God ap - pear.
2 show, and teach us in her ways to go.
3 law, in cloud, and ma - jes - ty, and awe.
4 save, and give them vic - tory o'er the grave. Re - joice! Re - joice!
5 high, and close the path to mis - er - y.
6 night, and death's dark shad - ow put to flight.
7 cease, and be thy - self our King of Peace.
8 here un - til the Son of God ap - pear.



The stanzas may be used as antiphons with "The Song of Mary" on the dates given.

Doxology

Ho‘onani i ka Makua mau; Ke Keiki me ka ‘Uhane nō;
Ke Akua mau ho‘omaika‘i pū; Ko kēia ao, ko kēlā ao. Amene.

*Praise God, from whom all blessings flow; Praise Him, all creatures here below;
Praise Him above, ye heav’nly host. Praise Father, Son, Holy Ghost. Amen.*

All Say: All things come of Thee O Lord, and of Thine own have we given Thee.

Great Thanksgiving

The people remain standing.

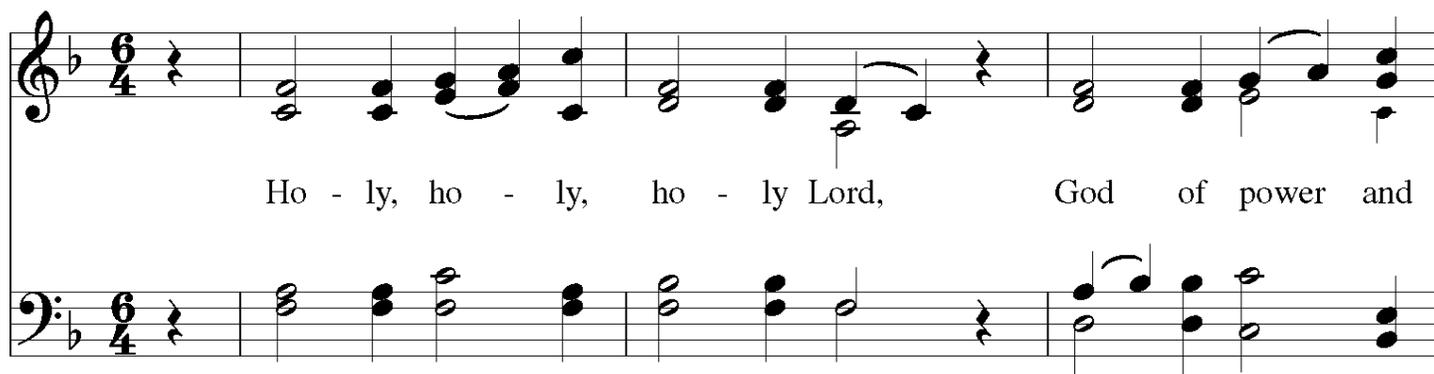
<i>Celebrant</i>	The Lord be with you.
<i>People</i>	And also with you.
<i>Celebrant</i>	Lift up your hearts.
<i>People</i>	We lift them to the Lord.
<i>Celebrant</i>	Let us give thanks to the Lord our God.
<i>People</i>	It is right to give our thanks and praise.

The Celebrant proceeds

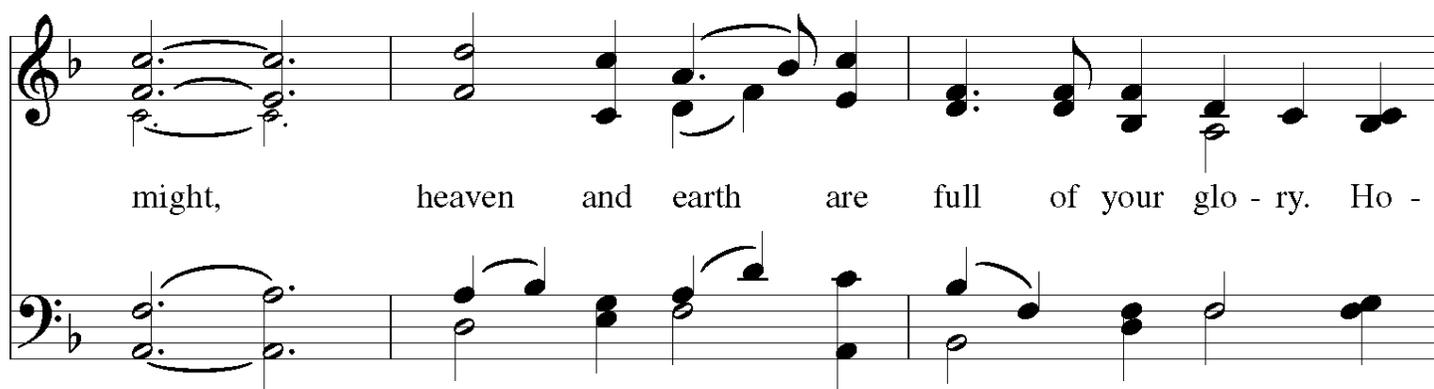
Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing (say):

Sanctus W858



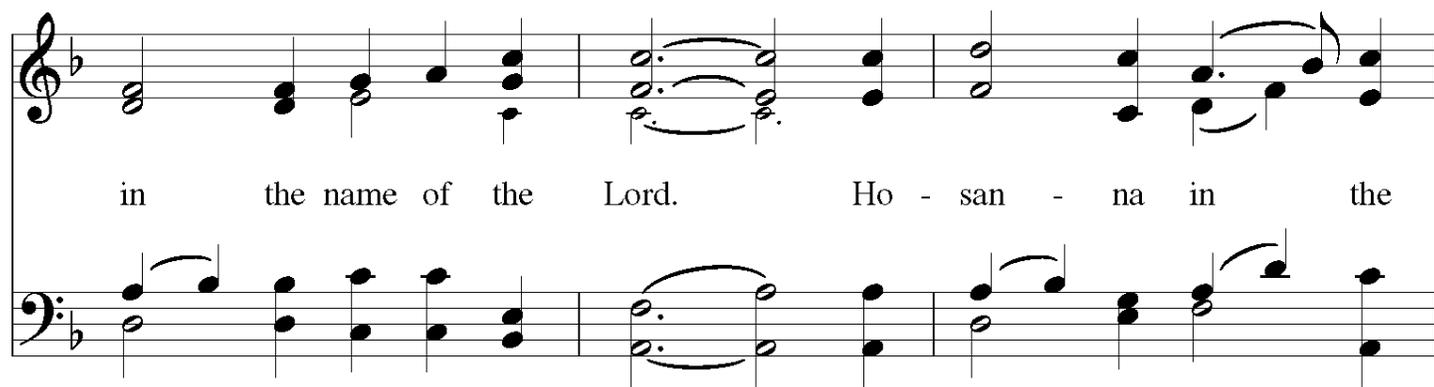
Ho - ly, ho - ly, ho - ly Lord, God of power and



might, heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. * Bless - ed is he who comes



in the name of the Lord. Ho - san - na in the

high - est. Ho - san - na in the high - est.

The people stand as able

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

The Celebrant then continues

And now, as our Savior

Christ has taught us,
we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,

as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Breaking of the Bread

A period of silence is kept.

Fraction Anthem S164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:
 give us your peace, give us your peace.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion. If you are not baptized or do not wish to receive communion, please come forward and cross your arms over your chest and receive a blessing from the priest.

Communion Hymn

Stay with me, re - main here with me, watch and
 No - ho pū, no - ho mai me ia'u, ki - a'i a

pray pu - le, watch kiai and pray.
 a pule.

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Loving God,
 we give you thanks
 for restoring us in your image
 and nourishing us with spiritual food
 in the Sacrament of Christ's Body and Blood.
 Now send us forth
 a people, forgiven, healed, renewed;
 that we may proclaim your love to the world
 and continue in the risen life of Christ our Savior. Amen.

Blessing

The priest blesses the people.

Recessional Hymn

Descant

4 Our glad ho - san - nas, Prince of Peace, thy wel - come

1 Hark! the glad sound! the Sa - vior comes, the Sa - vior
 2 He comes, the pri - soners to re - lease in Sa - tan's
 3 He comes, the bro - ken heart to bind, the bleed - ing
 4 Our glad ho - san - nas, Prince of Peace, thy wel - come

shall pro - claim; and heaven's e - ter - nal

prom - ised long: let ev - ery heart pre -
 bond - age held; the gates of brass be -
 soul to cure; and with the trea - sures
 shall pro - claim; and heaven's e - ter - nal

arch - es ring with thy be - lov - ed Name.

pare a throne, and ev - ery voice a song.
 fore him burst, the i - ron fet - ters yield.
 of his grace to en - rich the hum - ble poor.
 arch - es ring with thy be - lov - ed Name.

Dismissal

Celebrant
People

Let us go forth in the name of Christ.
Thanks be to God.

H 56 - Words: © The Church Pension Funds 102 - Setting: Copyright © Church Publishing, Inc.S 164
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Announcements:

For Sale: Palaka Women's Medium Shirt	\$40.00
See Amy in the office if you would like to try on!	

Sunday, December 2

7:30AM

10:00AM

4:30PM

5:00PM

First Sunday of Advent

Eucharist with Music

Eucharist with Music and Sunday School

Lincoln Park Ministry

Feed the Hungry Program at Salvation Army

Monday, December 3

9:00AM

Pastor Katlin to offer blessing at County Council Meeting

1:00PM

Staff Meeting

4:30PM	Centering Prayer
4:30PM	Worship Team Meeting
Tuesday, December 4	
8:30AM	Kīlauea Hui - A response to disaster recovery.
Wednesday, December 5	
Quiet Day- Church open for quietude.	
12:00PM	Noon day prayer – all are welcome (pg. 138 BCP)
4:00PM	Bible Study – cancelled
5:30PM	Holy Eucharist
6:15PM	Choir Practice
Sunday, December 9	
Second Sunday of Advent	
7:30AM	Eucharist with Music
10:00AM	Eucharist with Music
Monday, December 10	
1:00PM	Staff Meeting
4:30PM	Centering Prayer
Tuesday, December 11	
7:00AM	Faith Leaders Meeting at Prosecutor’s Office
8:30AM	Kīlauea Hui - A response to disaster recovery.
Wednesday, December 12	
4:00PM	Bible Study – Gospel of Matthew
5:30PM	Holy Eucharist
6:15PM	Choir Practice
Saturday, December 15	
9:00AM	Parish Clean-up Day
Sunday, December 16	
Third Sunday of Advent	
Guest Preacher: The Rev. Cn. Kate Cullinane	
7:30AM	Eucharist with Music
10:00AM	Eucharist with Music
11:30AM	Vestry Meeting
Monday, December 17	
1:00PM	Staff Meeting
4:30PM	Centering Prayer
Tuesday, December 18	
8:30AM	Kīlauea Hui - A response to disaster recovery.
Wednesday, December 19	
4:00PM	Bible Study – Gospel of Matthew
5:30PM	Holy Eucharist
6:15PM	Choir Practice
Friday, December 21	
6:30PM	Blue Christmas - Reception to follow

This is a healing service designed for people who are feeling any kind of loss or longing for connection during the Christmas season.

Sunday, December 23	Fourth Sunday of Advent Father David Glaser to celebrate and preach
7:30AM	Eucharist with Music
10:00AM	Eucharist with Music
Monday, December 24	Christmas Eve- Bring an ornament to decorate the tree! Office closed 12/24 thru 1/1/19
9:00AM	Altar Guild Sanctuary prep
4:00PM	Family Service with Carols; joined by Full Gospel Marshallese Church
10:30PM	Christmas Sing-Along
11:00PM	Midnight Mass
Tuesday, December 25	Christmas Day- Bring an ornament to decorate the tree! Office Closed
8:00AM	Holy Eucharist with Music

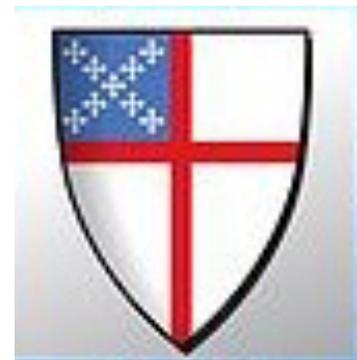
How can you help to define the future of the Diocese? By joining one of the Design Teams (Phase II) or Task Groups – there are a total of six to choose from. If you're ready to join, the form is live! Please nominate yourself or forward to someone who you think may be interested in helping define the future of the Diocese.

URL:https://episcopalhawaii.formstack.com/forms/design_team_and_task_group_nominations.

Learn More

There are six options for joining a Team or Group.

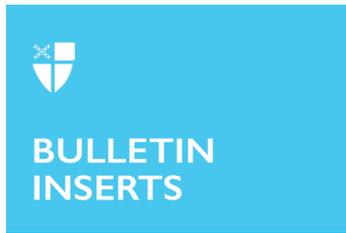
- 1-A. **Spiritual Growth Design Team Phase II**
- 1-B. **'Ohana Design Team Phase II**
- 1-C. **Communications Design Team Phase II**
- 2-A. **Worship Task Group**
- 2-B. **Reconciliation Task Group**
- 2-C. **Creation Care Task Group**



The submission due date is: Friday, December 14, 2018; 5:00pm

Please see Constant Contact email sent on 11/29/18 for more information.

Enjoy the following Advent Resources:



December 2, 2018 – Advent 1 (C) First Week of Advent: Saying “Yes” to the Journey

As Advent begins this week, we invite you to orient yourself to the coming of the Jesus at Christmas through the practices of *Journeying the Way of Love*. This journey begins by saying “yes” to God’s call to birth new life into the world—a call that is both powerful and gentle, a call that will, if fully embraced, grow beyond our imaginations, spilling out of ourselves and into our family, friends, community, and the whole world. Over the course of this holy season, we invite you to respond to that call using these daily practices, and encourage you to offer them to your friends, family, and neighbors.

Sunday, December 2 **WORSHIP**

Pay attention during worship today. What part of the service fills your heart?

Monday, December 3 **GO**

Take time to listen closely to someone you may not ordinarily take seriously, or who has a different perspective than you.

Tuesday, December 4 **LEARN**

Read Luke 1:26-38. What is God calling you to say “yes” to?

Wednesday, December 5 **PRAY**

Set a timer for five minutes. Silently repeat this prayer: “Come, Lord Jesus.”

Thursday, December 6 **BLESS**

In the spirit of St. Nicholas, practice a random act of kindness today.

Friday, December 7 **TURN**

Reflect: Where have I fallen short this week? How can I make amends?

Saturday, December 8 **REST**

Do something today that replenishes your spirit.



For more Advent resources related to the Way of Love, visit episcopalchurch.org/wayoflove. There, you’ll find links to the full Advent curriculum *Journeying the Way of Love*, as well as a nine-session curriculum for use anytime, a printable Advent calendar, video, and much more.

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ADVENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 Worship Advent 1 Pay attention during worship. What part of the gathering fills your heart?</p>	<p>3 Go Take time to listen closely to someone you may not ordinarily take seriously, or who has a different perspective than you.</p>	<p>4 Learn Read Luke 1:26-38. What is God calling you to say “yes” to?</p>	<p>5 Pray Set a timer for five minutes. Silently repeat this prayer: “Come, Lord Jesus.”</p>	<p>6 Bless In the spirit of St. Nicholas, practice a random act of kindness today.</p>	<p>7 Turn Reflect: Where have I fallen short this week? How can I make amends?</p>	<p>8 Rest Do something that replenishes your spirit.</p>
<p>9 Worship Advent 2 What word or words from worship today have found a home in your heart? Share these words with someone close to you.</p>	<p>10 Go Choose to take a different route to work, to school, or to play today. Who or what did you encounter differently?</p>	<p>11 Learn Read Luke 1:39-56. Tell a friend or family member about your practice of the Way of Love and invite them to join you.</p>	<p>12 Pray Join a family member or friend for 10 minutes for prayer, either in person or by phone.</p>	<p>13 Bless Call or write a family member with whom you desire a closer relationship. Tell them what they mean to you. Ask how you can pray for them.</p>	<p>14 Turn Turn away from the busyness of the week and turn toward someone who gives you life or to whom you give life. Give thanks.</p>	<p>15 Rest On this day of rest, pause and breathe deeply with a friend or family member. Give thanks for the restorative power of love.</p>
<p>16 Worship Advent 3 Pray for each person as they receive communion. Imagine who you would like to see at church next week. Invite them to church today.</p>	<p>17 Go Read or watch your local news. Where is reconciliation needed? Pray for healing.</p>	<p>18 Learn Read Luke 1:57-80. Name three ways your faith community challenges you to practice the Way of Love. Share your list with a member of your community.</p>	<p>19 Pray Gather with your faith community for a short time of prayer today.</p>	<p>20 Bless Identify a blessing you have that you could give away. Then share this blessing with your church, a local ministry, or your community.</p>	<p>21 Turn Read the Confession (BCP 352) in an unfamiliar location - in the park, at work, at school, or on the bus. What does the prayer inspire you to turn from in that location? What does it inspire you to turn toward?</p>	<p>22 Rest How can you or your community open yourselves to people in need of rest and relief from overwork? From oppression? From violence?</p>
<p>23 Worship Advent 4 Linger before leaving worship today. Ask God to prepare and send you to go out into the world to witness to God’s love.</p>	<p>24 Go Notice and pray for all those who, like Mary and Joseph, are in need of shelter.</p>	<p>25 Learn Christmas Day Read Luke 1-2. Give thanks for the birth of the Christ-child. Pray that you may follow Christ Jesus on his Way of Love with your whole heart, mind, body and spirit.</p>				