**Falling in Love with God:** *Spiritual practice promotes Spiritual growth*

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Think of things you are “good at”: tennis, singing, cooking, telling jokes? The list is hopefully endless, as we all are good at something. Reflect on how you got “good” at these. Hours on the tennis court, singing in the shower, experimenting with various recipes, trying out your newest jokes on those who would listen and be truthful! Again the list goes on.

I think you get the idea! The old adage “practice makes perfect”

is a bit cliché, as perfection is a journey we aim towards, but fall short of… so we often settle for being “good”. As Christians we seek TOWARDS spiritual perfection, knowing we are imperfect humans but none the less, loved by God, a God who takes us where we are regardless of how “good” or who we are.

So if we believe as Christians we are loved and guided by God, how do we allow our selves to fall deeper in love with God, to go beyond trying to attain perfection on our own and allow God to bring us beyond just “good” towards perfection?

If you have ever fallen in love, how did you deepen your relationship? I think we all agree it is spending TIME together and getting to know each other. VOILA! Is having a great relationship with God something you desire? Then spend time with God! Spend time with a God who is always there for and with us, there to watch our tennis games (I am here with you on the base line!), there to hear our singing, ( I love your high notes!), there to savor our cooking (Ah, your aromas are amazing!) and there to listen to our jokes (I liked your last one about Me).

The intent of our Spiritual Growth sessions are to present the numerous ways to deepen our relationship with God. To spend time with god and go beyond just being “good” to becoming the “perfect” vessel of Gods love for this world.

The Questions I leave you with are these:

What, as being a Christian, are you “good” at?

How, as a Christian, do you need God’s help to go beyond good towards perfection?

How do you now or how do you want to spend time with God to grow Spiritually?