

HCOA Vision: Age with Honor. HCOA Mission: Help older individuals live independently with dignity.

## Dr. Kimo Alameda, Hawaii County's Executive of Aging leaves the Office in good standing to accept CEO post at Bay Clinic

In April of 2015, Hawaii County's search for an executive to oversee the Office of Aging was made complete with the appointment of C. Kimo Alameda. As the late George Yoshida wrote in the May 2015 edition "Kimo Alameda will bring enthusiasm, knowledge, experience and aloha to the office" and these words of affirmation has stood the test of time. If you had the privilege of meeting Kimo, you would say that Yoshida was absolutely correct.



with me "...every executive should be the primary author of their department's strategic plan because an executive that has no plan, has no vision and with no vision there lies no hope."

Kimo brought a bunch of changes to the office. He worked with the State to meet the requirements for a fully functional Aging and Disability Resource Center; received funding from the legislature for staffing of three aging spe-

Even our staff will be quick to share that Kimo is easy to get along with. He has never raised his voice; spoke in a negative, vulgar, or condescending tone; and made anyone feel disrespected. Truly a remarkable executive. As for his work ethic, Kimo has done more in four years to advance the office than most executives will do in a decade.

Program Planner, Keola Okajima-Kenoi will always remember Alameda as an executive who was willing to roll up his sleeves to get things done. She states "not even a week on the job and he was already volunteering to edit, organize, and finalize the four year strategic plan, a responsibility that was supposed to be divided amongst three office employees."

cialists; filled the head planner position and most recently a care coordinator and in-house case manager to work directly with kupuna; increased transparency in the contracting process; collaborated with the university to make the office a training site for practicum and internship students; increased office volunteerism and made the office an employment training site for seniors; created a safe haven program for kupuna at-risk for homelessness; co-led the county's social services response to the 2018 Kīlauea eruption; and brought emphasis to providing the best customer service in county government—just a few of the reasons why Kimo will be missed. Thank you for your service and unconditional aloha.

Clayton Honma, Lead Planner  
& HCOA Staff

In a recent meeting with Kimo, he shared



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Silver Bulletin Editor: Mary McLaughlin



## Dr. Kimo Says Aloha Leaving the Office in Good Hands

**A**loha Kupuna,

Words are inadequate to express my gratefulness and appreciation of the Kenoi and Kim administration for allowing me the privilege of serving our Kupuna. Saying goodbye is never easy, especially to an office of such dedicated employees and volunteers.

I am very proud of our leadership team. They can run on 'auto-pilot'. We have the best data analyst in the state in Horace Farr, the most experienced head planner (Clayton Honma), the most incredible case manager (Jolean Yamada) and the best HR/Executive Assistant one could ask for in Christina Raine. The next executive will be richly blessed to have such a wonderful leadership team with staff and volunteers who will work hard every day.

The county's office of aging have left me with a template for success. And the office will be in good hands as the Mayor's search for a new executive begins, there will be a leadership team and staff that are experienced, knowledgeable, and cohesive.

Clayton Honma will serve as acting executive and his crew will continue to plan and oversee contracts, Case Man-

agement and the ADRC will continue to coordinate care and provide exceptional services upfront, and the Administrative section led by Christina Raine and Horace Farr will continue to ensure a balanced budget and that state and federal compliance requirements are met. Yes, the office is in good hands.

And so... if you see me around please don't hesitate to say hi and if you are a patient or employee of Bay Clinic please share your thoughts on areas for improvement. More importantly, if you know of any good physicians out there looking for a nice place to work, send them my way.

With Aloha,

*C. Kimo Alameda, Ph.D.*



# Community Activities

## Free CyberGenerations Cyber Safety Workshop for Kupuna

This training was developed specifically for our kupuna and is offered by CyberPatriot as a community service. All materials to include student workbooks and content is provided at no-cost. A small lunch is provided.

**When:** October 4th 9 a.m. to 3 p.m. and/or Oct 7th from 9 a.m. to 3 p.m.

**Where:** Oct 4/7 @ Hawai'i County Office of Aging Aging and Disability Resource Center 1055 Kino'ole Street; Oct 12 @ Hawaii Island Adult Day Care, 561 Kupuna Ln.

Please call **961-8600** and ask for Kalen Koga to register. Registration deadline is **Sept 25, 2019.**

### Topics Covered:

**Introduction - Cybersecurity 101:** Helps learn the basics of cybersecurity, including the physical threats to cyber safety and the importance of personally identifiable information.

**Module 1 - Password Management:** The importance of maintaining good password hygiene and tips on creating strong, unique passwords.

**Module 2 - Common Internet Threats:** Raise awareness about malware, social engineering methods (phishing, vishing, etc.) and public Wi-Fi tips to avoid becoming victims of cybercrime.

**Module 3 - Internet Scams and Fraud:** Different types of scams targeting seniors, how to recognize false customer service calls, identity theft, and online shopping tips.

**Module 4 - Social Media Safety:** Understanding privacy settings, becoming mindful of the various social media scams, and information about social media etiquette. Self-Help

**Resources:** Direct contact information for government and local resources.





# Get To Know HCOA Staff

## Planners: Experts in the Field

### Clayton Honma (middle)

Clayton, lead planner, comes to the Hawaii County Office of Aging (HCOA) with eight years of experience as the Director of Parks and Recreation (P&R) overseeing all aspects of P&R including parks maintenance, elderly activities, culture and education, the municipal golf course, pana'ewa recreational complex, and all of recreation. His leadership, extensive experience in public relations, and strategic planning expertise has been well received by the Office of Aging and the aging-network. A proud graduate from Honokaa High School, Clayton got his bachelor's degree in Sociology from the University of Hawaii at Hilo. He currently resides in Kaaau with wife Cynthia, and two daughters Bethany and Maela. Clayton enjoys coaching basketball, fishing, traveling, spending quality time with family and friends, and following his daughters in their athletic endeavors.



### Debbie Wills (left)

Originally from Madison, Wisconsin, Debbie has made Hawai'i her home for over 40 years. Debbie studied Elementary Education and Anthropology at UH Manoa and UH Hilo, and received her Master's Degree in Business Administration from the University of Phoenix. Debbie has worked for the County of Hawai'i for over 20 years. After working as the West Hawai'i Program Director for Coordinated Services for Elderly for 8 years, she joined the Office of Aging in 2007. As Planner II, Debbie administers federal, state, and local grants and contracts that provide essential programs and services for our treasured Kupuna and their ohana.

### M. Keola Kenoi-Okajima (right)

M. Keola Kenoi-Okajima started with HCOA in 2013 as one of the Planners. She oversees contracts for senior employment training, legal services, health aging initiatives, transportation services, and has a special interest in grandparents raising grandchildren. A local girl who grew up on the Big Island, and graduate of Waiakea High School and the University of Hawaii at Hilo of which she received a bachelor's degree in Political Science. Prior to her work with HCOA, Keola worked for the State Department of Health as a care coordinator responsible for case management of children and adolescents eligible for mental health services. Keola enjoys working with kupuna and their families and will be the first to say 'I love my job.'

# Get To Know HCOA Staff

## East Hawaii ADRC has moved Across the Hall

The Hilo ADRC has moved across the hall next to the Coordinated Services for the Elderly (CSE). This move puts services of providing information, assistance, referral, and options counseling for both frail seniors (ADRC) and active seniors (CSE) all in one area.



**Leilani, Wesley, and Kori**

### **Leilani DLG Westergard**

Leilani is an Aging and Disability Services Specialist-I and has been with HCOA since 2017. Originally from the island of Saipan, she has lived in Hawaii since 2003. Leilani received her B.Sc. in speech pathology from the University of Hawaii at Manoa and earned an M.Sc. in special education from the University of North Dakota. Before joining HCOA, Leilani worked in early childhood special education as a speech therapist in Saipan and assisted local families in Hilo as a headstart family advocate for Parents and Children Together.

### **Wesley Tanigawa**

Wesley is a Aging and Disability Services Specialist II. Wesley holds a bachelors degree in business management and brings a wealth of experience from his work with The Arc of Hilo and The Legal Aid Society of Hawaii. He is originally from Kauai, but has been residing on Hawaii Island since 2003.

### **Kori Koike Smith**

Kori is an Aging and Disability Specialist I. She holds a Bachelor's and Master's degree in speech communication from the University of Hawaii at Manoa. She brings to the aging network her extensive knowledge in county housing and the foster care system in Hawaii. Kori was born and raised on Oahu and relocated to the Big Island in 2008.



# Get To Know HCOA Staff

## West Hawaii ADRC



**Debbie, Bernie, Alice, & Lisa**

**Debbie Wells** –a planner who works out of the Kona Office (see previous page).

### **Bernie Canda**

Bernie has been working for HCOA over 23 years. She is the Information & Assistance Clerk that resides at the West Hawaii Office. Bernie is well-known in West Hawaii as “Aunty Bernie” as she brings the gift of Aloha to every encounter. Bernie also has a wealth of knowledge of community resources for Kupuna.

### **Alice Bratton**

Alice is our Aging and Disability Services Specialist I at the West Hawaii Civic Center. She holds a bachelors degree in social work and has substantial experience in the field of social services. Prior to joining the ADRC team, she served as a parent support for nine years with Hawaii Families as Allies. She is originally from Indiana but has lived in Japan for 20 years and has been a resident of Holualoa for 20 years.

### **Lisa Diaz**

Lisa has lived in Kona for 23 years. She is a University of Michigan graduate, with a BA in International Business & Spanish and completed a graduate degree in Secondary Science Education. Lisa has served the Kona community as a Hawaii public school science teacher for 18 years prior to joining Hawaii County Aging & Disability Resource Center at the West Hawaii Civic Center. Lisa has 12 years of experience as a family elder caregiver. She enjoys honoring Kupuna and empowering families to help elders age in place with dignity.

# Get To Know HCOA Staff

## Case Management

HCOA would like to welcome contract hire, **Meredith Catalini** to help with providing “in-house” case management services. Meredith has over 25 years of Case Management and Leadership experience supporting individuals with developmental disabilities and the aging population. She has resided on the Big Island for the past five years, previously living in California. Meredith enjoys working with people and helping to find solutions that allow people to live the life they choose.



**Meredith, Jo, & Cherine**

**Jolean Yamada**, our Case Management Manager has been with the Hawaii County Office of Aging since 2012. She holds a bachelors degree in psychology and carries a plethora of knowledge in the health and human services field from her experience with the Department of Human Services MedQuest Division and the Adult Protective Services Division. HCOA is truly blessed to have such an experience case management leader representing the county.

**Cherine Pai**, an Aging and Disability Specialist, brings to the office over 17 years working in the field of customer service, and most recently working directly with seniors out of our sister agency, Coordinated Services for the Elderly (CSE). At CSE, Cherine collaborated with the aging network and gained invaluable experience in working along-side contracted providers, vendors, caregivers, and care recipients. Cherine is a real “go getter” and will not hesitate to go the extra mile in providing good customer service. She recently became a Certified Information & Referral Specialist for Aging/Disability to better serve our community members needing assistance. Most impressively, Cherine is a millennium mother who also provides caregiving for her grandparents.

\*We also have an **administration staff** that we will highlight in the next edition.

## Silver Bulletin Moving to a Quarterly Submission

Due to a decrease in funding and the departure of our senior editor volunteer, the Silver Bulletin will be moving toward a quarterly submission until funding can be reinstated and/or the office finds a volunteer editor.

If you or somebody you know has skills in newsletter production, please have them contact the office at **961-8600**. We would like to get back to a monthly submission and part of the senior editor responsibilities would include the following:

- Seek out stories from older adults or their caregivers.
- Draft and edit incoming articles from staff and community members.
- Be able to work with Microsoft publisher software.
- Coordinate, arrange, format, edit, and produce an 8 page newsletter.
- Maintain email list and be able to email blast the newsletter to over 600 readers.

## HCOA ADRC

1055 Kino'ole Street  
Suite 101  
Hilo, HI 96720

Statewide ADRC Phone: 808-643-2372

### HCOA ADRC East Hawai'i

1055 Kino'ole Street  
Suite 101  
Hilo, HI 96720  
HCOA Phone: 808 961-8600  
ADRC Phone: 808 961-8626

### HCOA ADRC West Hawai'i

74-5044 Ane Keohokalole Highway  
Building B  
Kailua-Kona, HI 96740  
HCOA Phone: 808 323-4390  
ADRC Phone: 808 323-4392

#### EAST HAWAII

<b>Luana Ancheta-Kauwe</b>	Information & Assistance Clerk
<b>William Farr, III</b>	Information Systems Analyst IV
<b>Cherine Pai</b>	Aging & Disability Services Specialist I
<b>Clayton Honma</b>	Aging Program Planner III
<b>Keola Kenoi-Okajima</b>	Aging Program Planner II
<b>Kalen Koga</b>	Information & Assistance Clerk
<b>Kori Koike Smith</b>	Aging & Disability Services Specialist I
<b>Leilani DLG Westergard</b>	Aging & Disability Services Specialist I
<b>Christina Raine</b>	Administrative Assistant
<b>Wesley Tanigawa</b>	Aging & Disability Services Specialist II
<b>Jolean Yamada</b>	Aging & Disability Services Manager
<b>Patricia Yamamoto</b>	Senior Training & Employment Program
<b>Meredith Catalini</b>	Case Manager

**Alice Bratton**  
**Bernadette Canda**  
**Lisa Diaz**  
**Debbie Wills**

#### WEST HAWAII

Aging & Disability Services Specialist I  
Information & Assistance Clerk  
Aging & Disability Services Specialist I  
Aging Program Planner II

#### RSVP and Volunteers

##### West Hawai'i

<b>Irene Kauwe</b>	<b>Cheryl Sugiki</b>
	<b>Wanneta Wilson</b>

##### East Hawai'i

<b>Carol De Lima</b>	<b>Katie Kosora</b>
<b>Nu'u McKeague</b>	<b>Laraine Kawasaki</b>

To subscribe and receive HCOA's Silver Bulletin newsletter in full color when released via email write to [SilverBulletin@Outlook.com](mailto:SilverBulletin@Outlook.com).  
To receive a black and white printed newsletter, please call 961-8600. Welcome aboard!

