

GOD LOVES YOU



READY

“For God so loved the world, that He sent his one and only Son, so that everyone who believes in him will not perish, but have everlasting life.” -John 3:16

SET

God’s love is the foundation of everything. From the very beginning, He created you on purpose and in His image. That means you have value—not because of your performance, but because of your design. On a team, when each person feels seen, loved, and valued, something powerful happens. That kind of love isn’t earned through stats, wins, or roles. It’s given. That’s the kind of culture we want on this team—and the kind of love God offers to each of us.

As an athlete, it’s easy to measure your worth by performance. But no win, mistake, playing time, or coach’s opinion changes your value in God’s eyes. His love isn’t based on what you do—it’s based on who He is. You were created to reflect His image, to walk in His love, and to live with confidence that your identity is secure. That kind of love frees you to play with joy, lead with humility, and show others they’re valuable too.

John 3:16 and Romans 5:8 show us just how far God’s love goes—He didn’t wait for us to get it all together. He sent Jesus to show us what love looks like. God’s love is deep, personal, and unchanging. When you understand that you’re fully known and still fully loved, it changes everything. You’re not just an athlete—you’re a child of God, created with intention and loved without limits.

GO

1. How would understanding God’s love change the way you view your role and value as an athlete?
2. What keeps you from fully believing and receiving God’s love in this season?

OVERTIME

God, thank You for creating me with purpose and calling me valuable, no matter how I perform. Help me believe that Your love isn’t something I have to earn. Let Your love shape the way I lead, compete, and treat others. Give me the courage to live as someone fully loved by You. Amen.

