

HUMILITY



READY:

“Humble yourselves before the Lord, and he will exalt you.” -James 4:10

SET:

Humility is one of the most powerful and respected traits a teammate can bring to a team. It’s not about being quiet or shrinking back—it’s about choosing to put others first and thinking beyond yourself. Humility creates space for trust and teamwork to thrive. It says, “This isn’t just about me—it’s about us.” When a team is full of athletes who serve, encourage, and lead without needing the spotlight, something special starts to happen. That’s the kind of team that lasts.

In sports, it’s easy to get caught up in recognition, stats, or comparison. But the most impactful athletes are often the ones who lift others up, take correction without pride, and celebrate the team’s success over their own. Choosing humility on the field might look like accepting your role, doing the unseen work, or giving credit to someone else. That mindset shows maturity, and it allows your influence to grow in ways that titles or trophies never could.

James 4:10 reminds us that when we choose to humble ourselves before God, He’s the one who lifts us up. We don’t have to prove our worth or fight for attention— God sees us and honors the posture of our hearts. As athletes who want to reflect Christ, humility isn’t optional—it’s foundational. When we lower ourselves, we give God space to be seen through us. That’s where real greatness begins.

GO:

1. How can you show humility toward your teammates or coaches in a way that helps your team thrive?
2. What’s one area where you need to let go of pride and trust God to lift you up in His time?

OVERTIME

God, thank You for showing me that true strength comes through humility. Help me put others first, lead with grace, and trust You with the recognition I often crave. Keep my heart soft and my focus on You. Amen.





Game 6 | Tuesday, October 13th
Aspen Park | 6:45 PM Kickoff
K-1-2

Grade	Field		Home		Away
K	G4	K-Bowl 2	Bills	vs	Titans
K	E2	K-Bowl 1	Falcons	vs	Texans
1st	D1	Sooper Bowl 1	Broncos	vs	Saints
1st	D2	Gator Bowl	Jaguars	vs	Chargers
1st	D3	Rose Bowl	Steelers	vs	Seahawks
2nd	G5	Cotton Bowl	Bills	vs	Chargers
2nd	G6	Sooper Bowl 2	Saints	vs	Falcons



Game 6 | Tuesday, October 13th
Aspen Park | 6:45 PM Kickoff
3/4 & 4/5/6

Grade	Field		Home		Away
3/4	B	Fiesta Bowl	Texans	vs	Broncos
3/4	C	Orange Bowl	Rams	vs	Steelers
3/4	F	Sooper Bowl 3	Titans	vs	49ers
4/5/6	H	Liberty Bowl	Saints	vs	Steelers
4/5/6	E1	Sooper Bowl 4	Panthers	vs	Broncos

H

An aerial photograph of a sports complex. The image shows several baseball fields with yellow bases and green grass. A central area contains a circular field and a rectangular field. A large building is visible at the bottom left. Various lettered markers are overlaid on the image: A (bottom left), B (bottom right), C (middle right), D (center), E (middle right), F (top right), G (top center), H (top left), and I (top left).

I

G

F

D

E

C

A

B