

HUMILITY



READY:

“Humble yourselves before the Lord, and he will exalt you.” -James 4:10

SET:

Humility is one of the most powerful and respected traits a teammate can bring to a team. It’s not about being quiet or shrinking back—it’s about choosing to put others first and thinking beyond yourself. Humility creates space for trust and teamwork to thrive. It says, “This isn’t just about me—it’s about us.” When a team is full of athletes who serve, encourage, and lead without needing the spotlight, something special starts to happen. That’s the kind of team that lasts.

In sports, it’s easy to get caught up in recognition, stats, or comparison. But the most impactful athletes are often the ones who lift others up, take correction without pride, and celebrate the team’s success over their own. Choosing humility on the field might look like accepting your role, doing the unseen work, or giving credit to someone else. That mindset shows maturity, and it allows your influence to grow in ways that titles or trophies never could.

James 4:10 reminds us that when we choose to humble ourselves before God, He’s the one who lifts us up. We don’t have to prove our worth or fight for attention— God sees us and honors the posture of our hearts. As athletes who want to reflect Christ, humility isn’t optional—it’s foundational. When we lower ourselves, we give God space to be seen through us. That’s where real greatness begins.

GO:

1. How can you show humility toward your teammates or coaches in a way that helps your team thrive?
2. What’s one area where you need to let go of pride and trust God to lift you up in His time?

OVERTIME

God, thank You for showing me that true strength comes through humility. Help me put others first, lead with grace, and trust You with the recognition I often crave. Keep my heart soft and my focus on You. Amen.





Game 6 | Monday, October 12th
Riverdale | 6:15 PM Kickoff

3rd & 4th Grade

Developmental & Competitive

Grade	Field	Bowl	Home		Away
4D	12	Orange Bowl	Texans	vs	Saints
4D	11	Rose Bowl	Eagles	vs	49ers
4D	10	Sooper Bowl 3	Chiefs	vs	Broncos
3C	5	Sooper Bowl 2	Bills	vs	Ravens
3C	9	Gator Bowl	Raiders	vs	Dolphins
3C	8	Fiesta Bowl	Steelers	vs	Bengals
3C	7	Sugar Bowl	Seahawks	vs	Commanders
3C	4	Aloha Bowl	Saints	vs	Cowboys
4C	6	Sooper Bowl 4	Vikings	vs	Panthers
4C	3	Liberty Bowl	Steelers	vs	Jaguars
4C	2	Cotton Bowl	Packers	vs	Cowboys
4C	1	Rose Bowl	Bears	vs	Jets

Please note: Field assignments/matchups/schedule is subject to change based on league needs. Check posted schedule at the fields



Game 6 | Monday, October 12th
Riverdale | 8:05 PM Kickoff*

5th/6th Grade

Developmental & Competitive

Grade	Field	Bowl	Home		Away
5/6D	12	Sooper Bowl 6	Buccaneers	vs	Bills
5/6D	11	Gator Bowl	Patriots	vs	Lions
5/6D	10	Fiesta Bowl	Packers	vs	Chargers
5/6D	9	Rose Bowl	Falcons	vs	Dolphins
5C	6	Sooper Bowl 5	Saints	vs	Steelers
5C	7	Sugar Bowl	Jets	vs	Vikings
5C	4	Aloha Bowl	Raiders	vs	Rams
5C	3	Liberty Bowl	Bengals	vs	49ers
5C	2	Cotton Bowl	Broncos	vs	Jaguars
5C	1	Fiesta Bowl	Chiefs	vs	Panthers
6C	5	Sooper Bowl 7	Bengals	vs	Bills
6C	8	Gator Bowl	Chiefs	vs	Vikings

Please note: Field assignments/matchups/schedule is subject to change based on league needs. Check posted schedule at the fields



Game 6 | Monday, October 12th
USF Stadium

3rd Grade

Parents, players, and coaches are to enter through the North gate only.
Please park on the NORTH side of the parking lot and enter through the very north gate.

***Schedule for the night:**

6:45 PM Arrive

7:15 PM Pre-game Huddle

7:30 PM Kickoff

Grade	Field	Bowl	Home		Away
3D	1	Sooper Bowl 1	Jaguars	vs	Titans
3D	2	Sugar Bowl	Lions	vs	Rams
3D	3	Orange Bowl	Broncos	vs	Texans
3C	4	Rose Bowl	Vikings	vs	Cardinals