

HARDWORK

**READY:**

“Let us not get tired of doing good, for we will reap at the proper time if we don’t give up.” -Galatians 6:9

SET:

Hard work isn’t always exciting. Sometimes it feels repetitive, unnoticed, or just plain exhausting. But great teams are built by people who choose to show up and give their best—day after day. Hard-working athletes bring energy and consistency that raise the standard for everyone else. They don’t just grind for themselves—they work with the belief that their effort matters to the whole team. That mindset keeps teams moving forward, even when things get hard.

In sports, it’s easy to want results fast. We want wins, stats, or improvement to show up right away. But real growth takes time. It’s built through quiet discipline and steady commitment, especially when no one is watching. The athletes who keep giving their best—when it’s early, when it’s tough, and when no one’s cheering—are the ones who eventually reap the reward. They know that hard work isn’t a feeling; it’s a choice they make daily.

Galatians 6:9 reminds us that our work isn’t wasted—even when it feels like nothing is changing. God honors the faithful, steady effort of those who keep showing up. When we commit to working hard in every part of life—school, sports, and faith—we’re planting seeds that will grow in His timing.

GO:

1. How do you respond when your hard work isn’t immediately noticed or rewarded?
2. Where do you need God’s help to stay faithful in doing what’s right, even when it’s hard?

OVERTIME

God, thank You for the reminder that every bit of effort I put in matters to You. When I feel tired, overlooked, or discouraged, help me to remember that You are working even when I don’t see the results right away. Give me strength to keep going, and joy in knowing that I am growing in ways that honor You. Amen.

