



FLAG FOOTBALL

FOUNDATIONS

BUILD YOUR SKILLS. BUILD YOUR CONFIDENCE. GET READY TO PLAY.



GIRLS

FLAG FOOTBALL FOUNDATIONS

K-5TH & 6TH-12TH GRADE



4-WEEK SESSION

JANUARY 4, 11, 18 & 25

REGISTRATION OPENS
OCTOBER 15TH
CLOSES DECEMBER 31ST
OR WHEN THE PROGRAM FILLS,
WHICHEVER COMES FIRST.

BOYS & CO-ED

FLAG FOOTBALL FOUNDATIONS

K-6TH GRADE



6-WEEK SESSION

MARCH 1, 8, 15, 22
& APRIL 5, 12

REGISTRATION OPENS
DECEMBER 1ST
CLOSES FEBRUARY 15TH
OR WHEN THE PROGRAM FILLS,
WHICHEVER COMES FIRST.



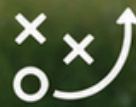
LEARN
FUNDAMENTALS



DEVELOP
SKILLS



PRACTICE
GAME CONCEPTS



BUILD
TEAMWORK



SCRIMMAGE
OPPORTUNITIES

ALL SKILL LEVELS WELCOME!
NO EXPERIENCE NECESSARY.