



# The Salute Report

Keeping Us Connected!

# Mindful Warrior Project

## 2 Film Screening

- Saturday, January 11
- Princess of the Row at 1:00 pm
- Bedlam at 7:00 pm
- Paramount Studios in Hollywood
- To RSVP please contact Gail Soffer at:  
[gail@mindfulwarriorproject.org](mailto:gail@mindfulwarriorproject.org)



Join us as our guests at the screening of 2 films  
very relevant to the work of the  
Mindful Warrior Project

**January  
11<sup>th</sup>**

**1:00pm**  
"Princess of  
The Row"

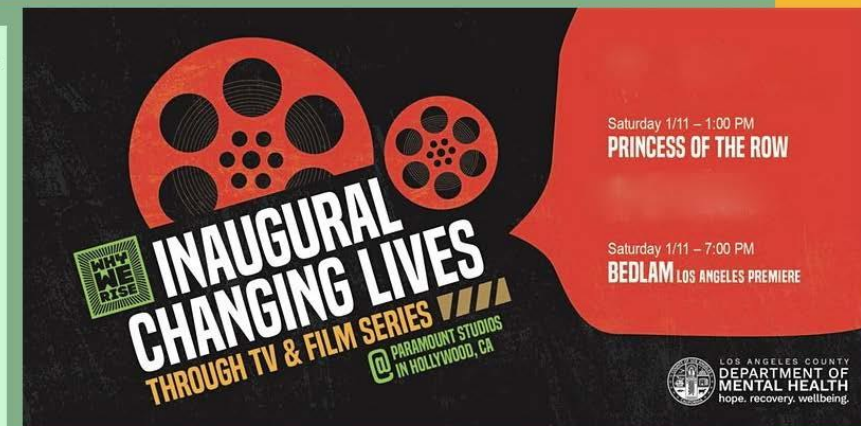
and

**7:00pm**  
"Bedlam"

in Hollywood

email your  
request-to-  
attend to:

[gail@mindfulwarriorproject.org](mailto:gail@mindfulwarriorproject.org)




"Princess of the Row" is the story of one foster youth who will stop at nothing to live with the only family she knows: her father, a homeless veteran who suffers from a traumatic brain injury and lives on Skid Row.

"Bedlam" is a feature-length documentary about the national crisis surrounding care of the seriously mentally ill told through intimate stories of patients, families, and medical providers. Following the film, Patrick J. Kennedy and film director Ken Rosenberg will discuss this candid look at mental health care in Los Angeles.

818.616.2931 [www.mindfulwarriorproject.org](http://www.mindfulwarriorproject.org)

# Veteran Suicide Prevention Training

- Wednesday, January 15
- 1:00pm to 2:30pm
- @ Orange County One-Stop Center, 7077 Oranewood Ave., Ste 200. Garden Grove



**Orange County One-Stop Center**  
Linking Business & People  
The Orange County One-Stop Center is a proud partner of America's Job Center of California™ network.

**Orange County One-Stop Center  
Invites You to Join Us**

**VETERAN SUICIDE PREVENTION TRAINING**

**Free of Charge**

**Training Objectives**

1. Know the signs of someone who may be having suicidal thoughts, plans or intent
2. Be able to ask the question, "Are you thinking of killing yourself," in a productive manner.
3. Understand how to validate the Veterans response, no matter what it is
4. Be aware of how to assist the Veteran with suicidal tendencies to obtain the professional help they need.

**Presenters:**

Nick Clough RN, MS-Lead Trainer, VA HCS Suicide Prevention Team  
Jeanine McGuinness, RN Trainer, VA HCS Suicide Prevention Team

**Target Audience:** Veterans or anyone who has contact with Veterans

**Wednesday, January 15<sup>th</sup>, 2020, 1:00pm-2:30pm**

**Orange County One-Stop Center, Garden Grove**

**7077 Oranewood Avenue, Suite 200**

**Garden Grove, CA 92841**

Seating is limited. Please RSVP to Adrienne Conger at (714) 241-4901 or [Adrienne.Conger@oconestop.com](mailto:Adrienne.Conger@oconestop.com) by January 8<sup>th</sup>, 2020.

This WIOA Title I financially assisted program or activity is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. If you need special assistance to participate in this event, call 714-241-4901. TDD/TTY users, please call the California Relay Service (800) 735-2922 or 711. Please call 48 hours in advance to allow the Orange County Business Service Center to make reasonable arrangements to ensure accessibility to this event.



# City of Inglewood 37<sup>th</sup> Annual Martin Luther King Jr. Celebration

- Saturday, January 18
- 9:00am to 5:00pm
- Join the KingFest celebrations along Market Street.
- @ Market St from Florence Ave to Hillcrest Blvd., Inglewood



**CITY OF INGLEWOOD**  
**37TH ANNUAL**  
**DR. MARTIN LUTHER KING JR.**  
★ CELEBRATION ★

# KINGFEST

I CHOOSE PEACE, LOVE & RESPECT

**SAT ★ JAN 18 2020**  
9A – 5P

**JOIN US AS WE CELEBRATE  
ALONG MARKET STREET**  
(FROM FLORENCE AVE. TO HILLCREST BLVD)  
11:00 A.M. TO 5:00 P.M.

\*\*\*\*\* FEATURING \*\*\*\*\*  
**LIVE ENTERTAINMENT WITH INGLEWOOD'S OFFICIAL RADIO SPONSOR,**  
including radio personalities and give-a-ways, food, arts & crafts,  
commercial vendors, interactive games and more!


<b>9:00 AM</b>	<b>ECUMENICAL SERVICE</b> THE TABERNACLE (Faithful Central Bible Church) located at 321 N. Eucalyptus Ave.	<b>11:15 AM</b>	<b>PARADE BEGINS</b> immediately following the Service The Tabernacle Staging Area - Corner of Eucalyptus Avenue & Oak Street.
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**SPONSORSHIP AND VENDOR OPPORTUNITIES AVAILABLE.**  
**PARADE ENTRY APPLICATIONS NOW AVAILABLE**

For information regarding sponsorship,  
vending opportunities, and participation in the parade,  
contact the Parks, Recreation and Community Services Department  
(310) 412-8750 ♥ [mlkcommittee@cityofinglewood.org](mailto:mlkcommittee@cityofinglewood.org) ♥ [cityofinglewood.org](http://cityofinglewood.org)

# Wellness Works' Monthly BBQ

- Saturday, January 18
- 11:00am to 3:00pm
- @ Wellness Works: 540 W. Broadway Ave., Glendale



*Wellness Works invites you to our monthly BBQ!!*



*Saturday, January 18, 2020*  
*11:00am – 3:00pm*  
*Wellness Works: 540 W. Broadway Ave. Glendale, CA 91204*





The 50/50 raffle helps us pay for our gardener.  
We thank you for your participation.

**FOOD:**

- Salmon burgers
- Cheeseburgers
- Hot dogs
- Veggie burgers
- Desserts
- Side dishes



**All Proceeds go to Veteran Treatment Programs at Wellness Works Glendale.**  
To make a donation just go to our website: [www.wellnessworks4veterans.org](http://www.wellnessworks4veterans.org)

*\*Wellness Works, a 501c3 wellness resource center that has served the community at this location for 30 years. The Veteran Welcome Center is a program that grew from veterans who participated and wanted to be of service to other veterans while engaging the community in helping to support the services. Funding for all programs comes from individual donors and small grants. All programs are supported by donations and any donations are greatly appreciated. All veterans are welcome.*

**THANK YOU JEWEL CITY KIWANIS FOR SPONSORING OUR JANUARY BBQ**

540 W. Broadway Glendale, CA 91204  
(818) 247-2062  
Operating Hours: Tue. – Sat. from 10am to 5pm  
[www.wellnessworks4veterans.org](http://www.wellnessworks4veterans.org)

Wellness Works is a 501c3 not for profit center All donations are tax deductible

# UCLA Baseball

- Saturday, January 25
- 12:00pm
- Free admission and free Diddy Riese cookies for Veterans with valid ID.
- @ UCLA



A promotional poster for a UCLA Baseball Alumni Game. The background is light blue with a pattern of small blue dots at the top. The text is in blue and yellow. On the right side, there is a photo of a UCLA baseball player in a white jersey with blue pinstripes, a blue cap with a gold 'B', and holding a baseball bat. The jersey has 'Bruin' and the number '4' on it.

**Ucla**  
**BASEBALL**

**VETERANS WELCOME!**

UCLA BASEBALL ALUMNI GAME  
SATURDAY, JANUARY 25 | 12PM  
JACKIE ROBINSON STADIUM

**FREE ADMISSION  
FOR ALL FANS**

**FREE DIDDY RIESE  
COOKIES FOR  
THE FIRST 200  
VETERANS**

**VA** |  U.S. Department  
of Veterans Affairs  
VA Greater Los Angeles Healthcare System





# Comedy Night Hosted by Detachment 1347, Marine Corps League

- Saturday, January 25
- 6:00pm doors open; 8:00pm comedy starts
- \$15.00 advance/ \$20.00 at the Door  
- Ticket includes one (1) drink. Free Entrance for VETERANS (Must Show Proof of Veteran Status).
- @ The American Legion Post 335  
9535 California Ave., South Gate

## COME TO OUR COMEDY NIGHT!

HOSTED BY DETACHMENT 1347, MARINE CORPS LEAGUE  
SUPPORT OUR FUNDRAISER!

### SATURDAY, JANUARY 25, 2020

The American Legion Post 335  
9535 California Ave., South Gate, CA 90280

**6:00 PM | DOORS OPEN**  
**8:00 PM | THE LAUGHING BEGINS**

# Mindful Warrior Project Fundraising Brunch & Super Bowl Party

- Sunday, February 2, 2020
- 8:30 am – 12:30 pm
- Kids are welcome
- Plenty of free Parking
- Get your tickets online, at the VFW or from Post Members.
- 1006 N. Magnolia Blvd,  
Burbank, CA 91506



**the Burbank VFW  
is hosting a  
Fundraising Brunch  
to benefit the  
Mindful Warrior Project**

**8:30am - 12:30pm  
Sunday  
February 2, 2020**

**TYPICALLY INCLUDES A COMBINATION OF PANCAKES, EGGS,  
POTATOES, BACON, BISCUITS & GRAVY, COFFEE, JUICE, WATER**



**get your tickets now**  
for the delicious brunch,  
supporting an awesome non-profit  
veteran service organization,  
\*followed by a Super Bowl party\*



**1.** via direct \$10 donation on  
MWP's website at  
[https://mindfulwarriorproject.networkforgood.com/  
projects/60850-mindful-warrior-project](https://mindfulwarriorproject.networkforgood.com/projects/60850-mindful-warrior-project)  
(be sure to cover the processing fee & type in  
"VFW brunch" in the memo section)

**2.** at the VFW or **3.** from post members

**KIDS WELCOME - PLENTY OF FREE PARKING**

**1006 N. Magnolia Blvd. - Burbank, CA 91506  
818-842-1739**

[www.mindfulwarriorproject.org](http://www.mindfulwarriorproject.org) -  
[info@mindfulwarriorproject.org](mailto:info@mindfulwarriorproject.org)





USC's Center for Innovation and Research on  
Veterans & Military Families and  
Penn State University's Clearinghouse for  
Military Family Readiness  
will host the  
2020 Military Research Summit at USC.

- The topic this year is Moral Injury. We will examine, theory, measurement, and applications/implications.
- Please join us on at the next LAVC on Feb 12, 2020. We will host a 1-hour panel highlighting the discussions of the summit led by Dr. Carl Castro the Director of the USC Military and Veterans Programs.

# USC Suzanne Dworak-Peck

School of Social Work

*Center for Innovation and Research on Veterans & Military Families*

*Los Angeles Veterans Collaborative*

## LAVC

The LAVC will host a 1-hour panel presentation highlighting the discussions of the summit.

# USC

## Employer Networking & Recruitment

- Are you a hiring manager with available positions related to the social work and/or business fields?
- Are you interested in hiring veterans?
- Sign up for our recruitment event to connect with our military-connected MSW and MBA graduates!
- Sign up by March 18, 2020.
- For more information please reach out to Eva Alday.



### **FREE Employer Networking & Recruitment 4/8/2020!**

Are you a hiring manager with available positions related to the social work and/or business fields? Are you interested in hiring veterans?

Sign up for our recruitment event to connect with our military-connected MSW and MBA graduates!

**APRIL 8, 2020**  
**12 PM - 4 PM**  
**FERTITTA HALL, BASEMENT LEVEL**

Lunch and Parking Provided

please reach out to Eva Alday at [sdpmac@usc.edu](mailto:sdpmac@usc.edu) for more information & to sign up for an interview space!

# 2<sup>nd</sup> Annual Northeast Veterans & Family STAND DOWN

- Saturday, March 28
- 10:00am to 1:00pm
- To provide services to families of active military or veterans in Council District 1.
- @ Los Angeles Fire Dept Frank Hotchkins Memorial Training Ctr  
1700 Stadium Way, Los Angeles

COUNCILMEMBER GIL CEDILLO  
EL RIO DE LOS ANGELES VETERANS CIRCLE, LAFD AND LAPD

invite you to the

**2<sup>nd</sup> ANNUAL NORTHEAST VETERANS AND FAMILY**






**STAND** ★ ★ ★

**DOWN**

**Saturday, March 28, 2020**  
**10:00 AM – 1:00 PM**  
Los Angeles Fire Department  
Frank Hotchkins Memorial Training Center  
1700 Stadium Way  
Los Angeles, CA 90012

This event will provide services to families with active military families or veterans in Council District 1 through a resource fair consisting of 12 organizations.

Info: [Ricardo.x.Flores@lacity.org](mailto:Ricardo.x.Flores@lacity.org)



ADAPTED FROM THE LAFD VETERANS CIRCLE



# UCLA Baseball

- 2020 UCLA Baseball Home Schedule
- Free admission for Veterans with valid ID.
- @ UCLA

The poster features the UCLA logo at the top in a stylized yellow and blue script. Below it, the title "2020 UCLA BASEBALL HOME SCHEDULE" is written in bold blue capital letters with a yellow outline. The schedule is presented as a table with dates, opponents, and game times. To the left of the table is a vertical column of colored dots: blue, yellow, and blue. At the bottom, a blue banner contains the text "FREE ADMISSION FOR ALL VETERANS" and "FREE CONCESSION ITEM FOR FIRST 50 VETERANS" in white. A circular "UCLA 100 YEARS" logo is in the bottom right corner. The background of the poster shows a blurred image of baseball players on a field.

## Ucla

### 2020 UCLA BASEBALL HOME SCHEDULE

Feb. 14-16	UC Riverside	6PM   2PM   1PM
Feb. 18	Loyola Marymount	6PM
Feb. 21-23	St. Mary's	6PM   2PM   1PM
Mar. 6	Vanderbilt	6PM
Mar. 7	TCU	2PM
Mar. 10	Pepperdine	6PM
Mar. 13-15	Oregon	6PM   2PM   1PM
Mar. 20-22	Washington St.	6PM   2PM   1PM
Mar. 24	UC Irvine	6PM
Mar. 31	Long Beach St.	6PM
Apr. 3-4	Cal State Fullerton	6PM   2PM
Apr. 14	UC Santa Barbara	6PM
Apr. 17-19	Arizona St.	7PM   2PM   2PM
May 1-3	Stanford	7PM   2PM   2PM
May 21-23	USC	6PM   6PM   1:30PM

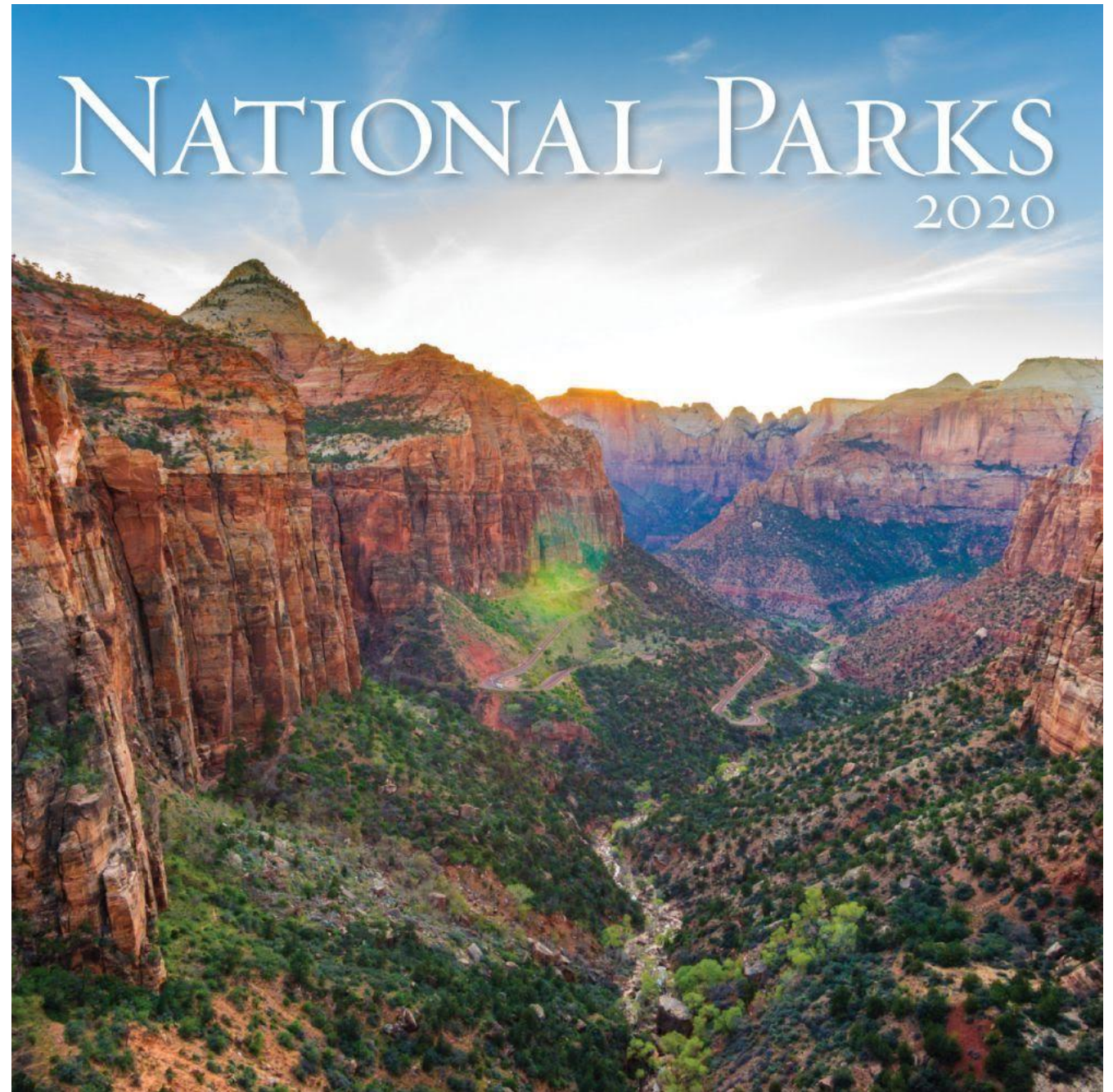
**FREE ADMISSION FOR ALL VETERANS**  
**FREE CONCESSION ITEM FOR FIRST 50 VETERANS**





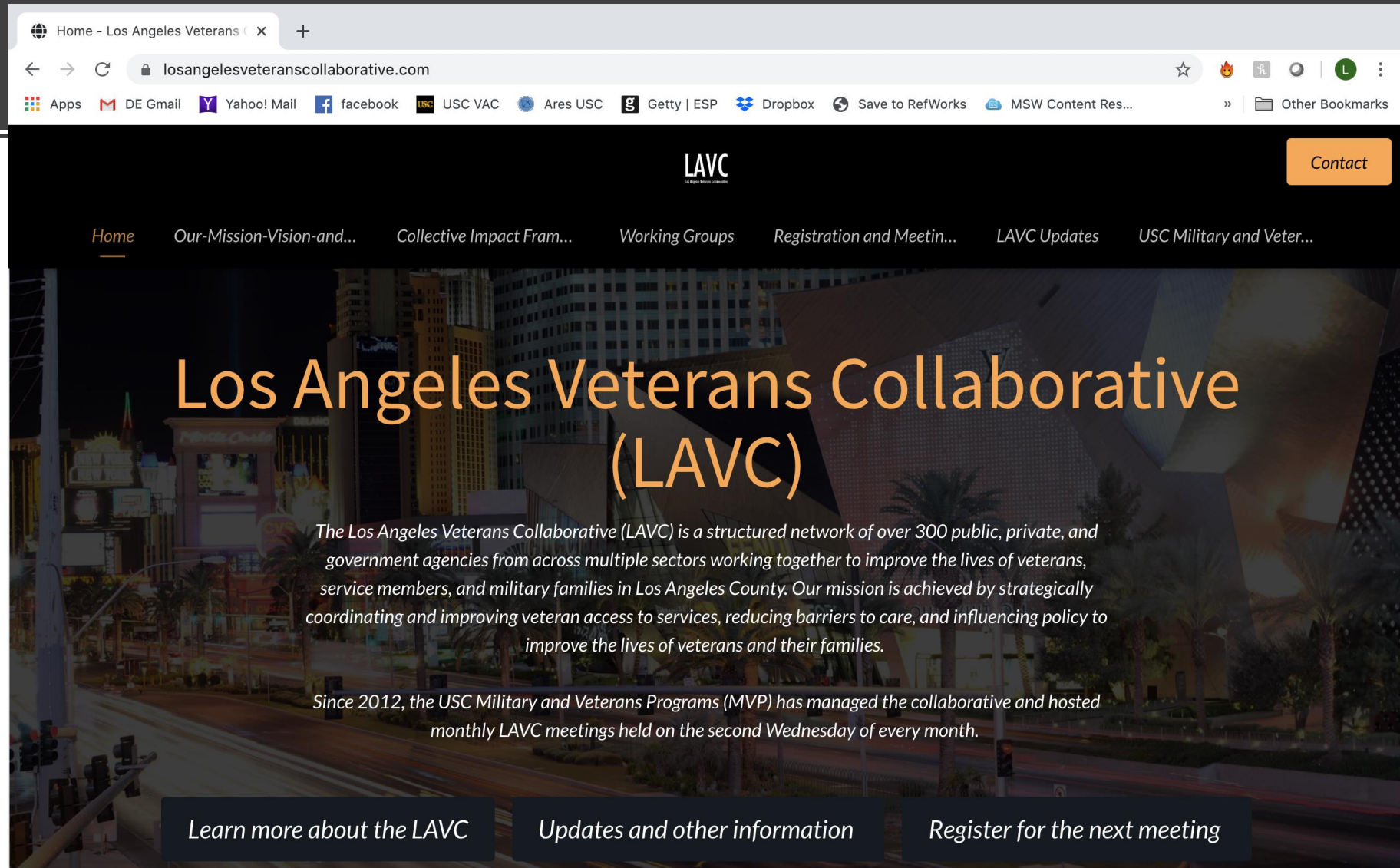
## FREE National Park Service Lifetime Access Pass for disabled Veterans

- Disabled Veterans are eligible for a FREE National Park Service Lifetime Access Pass
- *Access Pass is good for entry into 400+ National Parks and over 2,000 recreation sites across the country*
- The Access Pass admits the pass owner and any passengers in a single, private vehicle (non-commercial) at per-vehicle entrance and day use fee areas; or, the pass owner plus three additional adults where per-person fees are charged. In addition to free entry at participating sites, the Access Pass includes discounts on some expanded amenity fees such as camping
- For more info please visit <https://store.usgs.gov/fag#Access-Pass> or ask the LAVC Recreation Rehab Working Group





# Introducing the LAVC new website: www.losangelesveteranscollaborative.com



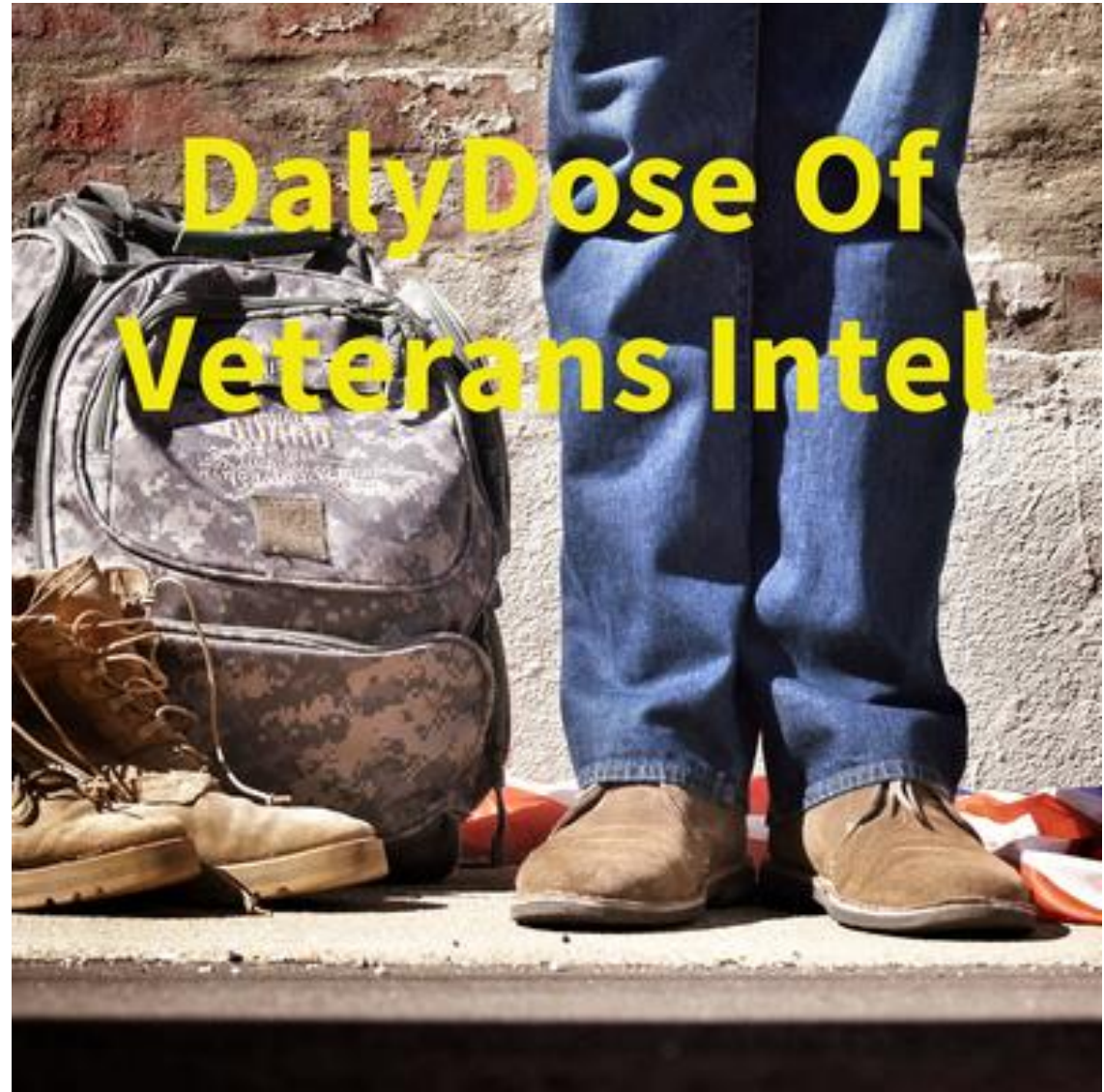


# DalyDose of Veterans Intel

<https://anchor.fm/dalydose>

- The place to get the scoop on veterans issues on a Jeff Daly basis
- <https://anchor.fm/dalydose>

Hosted at [anchor.fm/dalydose](https://anchor.fm/dalydose)  
& listen via Spotify, Google Podcasts & PocketCast



# Connect With Us!

Website: [losangelesveteranscollaborative.com](http://losangelesveteranscollaborative.com)

Twitter: @LAVetsCollab

Facebook: Lavc Usc

Instagram: lavcusc

Email: [lavetscollab@gmail.com](mailto:lavetscollab@gmail.com)



- 
- Feel free to send information about upcoming veteran events or relevant services.
  - Tag us in your posts regarding veteran events or relevant services.

