



SELF-DEFENSE WORKSHOP

Saturday, June 27, 2026

Join us for a **FREE** Self-Defense Workshop, where you will discover techniques to protect yourself in challenging situations.

Thornburg Park

2320 W. 149th St. Gardena, CA 90249

Session 1 - 9:00 AM - 10:00 AM (Ages 9 & Up)

Session 2 - 10:15 AM - 11:15 AM (Ages 9 & Up)

Registration now open

www.cityofgardena.org/events

