

JANUARY 12, FEBRUARY 9, MARCH 9

PRAYER IN MOTION

LED BY RABBI DANIELLE UPBIN

Interested in a reflective and meaningful way to celebrate Shabbat?

Here is a combination of study, discussion and personalization of the morning service along with guided gentle movement to awaken the body and stir the soul.

Come as you are and feel free to stay for the main service and lunch!

9:30AM-10:15AM
CBS HIRSTY LIBRARY

