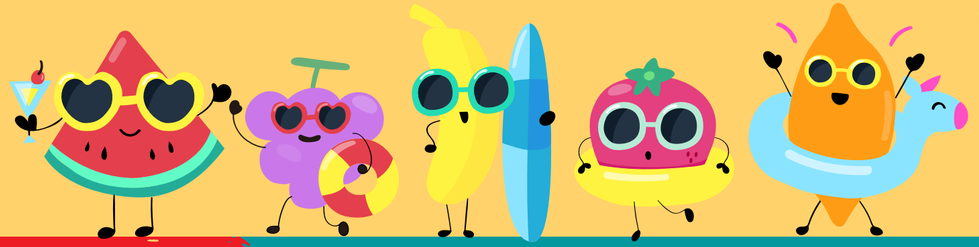
MAY



FRESHEALTH

THIS MONTH'S THEME:
SCHOOL'S OUT!

School's out, summer's in! That means lots of fun in the sun and yummy treats to enjoy. But did you know that trying new fruits and veggies can be super fun too?

This summer, let's make it a mission to try new fruits and veggies to keep us strong and healthy! You might have tried apples and grapes before, but have you ever tasted a juicy mango, a sweet honeydew melon, or a yummy papaya? And did you know there are veggies like jicama, kohlrabi, and watermelon radish that can be just as tasty?

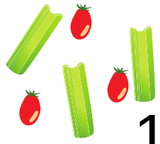
This summer, visit a grocery store or farmers' market with your family and pick out some fun options! Let's have fun in the sun this summer while fueling our bodies!





This week's specialty options

- Apple Slices, 2oz
- Baby Carrots & Red Pepper Slices, 2oz
- Mango Slices, 2oz
- Celery Sticks & Grape Tomatoes, 2oz
- Watermelon Cup, 2oz
- Romanesco Florets, 2oz
- Strawberry & Blueberry Cup, 2oz
- Green Beans, 2oz

MON	TUE	WED	THU	FRI
1	2 	3	4 	SCHOOL LUNCH HERO DAY  5
8	9	10 	11	12 
15	16 	17	18 	19
22	23	24 	25	26 
29	30	Happy MEMORIAL DAY 31	1	2