



University Park Health & Wellness Fair

Brought to you by the UPark Neighborhood Center
and the PTA Wellness Committee

Wednesday, March 22nd
5:30pm to 6:30pm
UPark Gym & Auditorium

Please join us for the first ever UPark Health & Wellness Fair!

- Brush up on your dental care with UPark parent and dentist Dr. Eric D'Hondt!
- Check your SPF rating with UPark parent and dermatologist Dr. Samantha Stoler!
- Learn some new dance moves with UPark parent and dance teacher extraordinaire Maya Trinen!
- exercise with a rower provided by Upark parent Nina Newcomb and Orange Theory proprietor!
- Karate chop your way to a black belt with Dr. Elliot!
- Visit with the Fire Department to learn about fire safety!
- Stop by the Green Team table to make sure you are doing all you can to keep yourself and the planet healthy!
- And much, much more!

Please contact Jesse Broadfoot with any questions. • jesse_broadfoot@dpsk12.org / 720-424-3417

