



# 2nd Annual UPark Health, Wellness, & Art Fair

Brought to you by the UPark Neighborhood Center  
and the PTA Wellness Committee

Wednesday, March 21st  
3:45pm to 5:15pm  
On the Blacktop behind the School  
(Gym for poor weather)

- Brush up on your dental care with UPark parent and dentist Dr. Mary Leathers!
- Check your SPF rating with UPark parent and dermatologist Dr. Samantha Stoler!
- Learn pilates with UPark parent and pilates teacher extraordinaire Maya Trinen!
  - Exercise your way to fitness with Elizabeth Roberts and Orange Theory!
  - Visit with the Fire Department to learn about fire safety!
- Test your climbing skills at the Rock Wall with UPark students Sidney & Jake!
  - Stop by the Green Team table and ask Judy Cardenas if you are doing all you can to keep yourself and the planet healthy!
- Participate in an "ArtWalk" with our very own Art teacher Carol Redmond!
  - Enjoy healthy snacks provided by Natural Grocers!
  - And much, much more!

Please contact Jesse Broadfoot with any questions. • [jesse\\_broadfoot@dpsk12.org](mailto:jesse_broadfoot@dpsk12.org) / 720-424-3417

