



# Improving Behavioral Health Outcomes Initiative

## Focus: Decreasing Opioid Misuse

Qsource encourages nursing homes and community coalitions to join us in this initiative to decrease opioid misuse and improve behavioral health outcomes in your patient population. Through data analysis, patient education and staff training, we can help you track opioid prescribing patterns and identify potential opioid-related adverse drug events.

### Anticipated Impact

- Fewer opioid-related deaths
- Reduced high-dose opioid prescribing and misuse, particularly among seniors
- Increased awareness around opioids, safe use and disposal
- Reduced adverse drug events (ADEs)
- Fewer opioid-related emergency department visits and hospitalizations

### Who should get involved?

Identifying and addressing care concerns are essential in making improvement and involves incorporating the knowledge and experience from a variety of care providers, such as:

- Anyone who prescribes opioids
- Nursing Home Administrators and/or Directors of Nursing
- Pharmacists
- Healthcare Consumers
- Health Departments
- Peer Recover Coaches
- Paramedicine
- Hospital Clinical, Quality and Financial Decision-makers
- Inpatient and Outpatient Mental Health and Substance Treatment Providers
- Primary Care Organizations
- Quality Directors
- Program and Nurse Managers
- Social Workers

## Benefits

The assistance we provide is free.

### Reduced Time and Administrative Burden

- Support focused on reducing provider burn-out and increasing your satisfaction in practice
- Assistance with improving your organization's current processes and workflow

### Billing and Reimbursement Assistance

- Technical assistance focused on CMS priorities for healthcare-related quality improvement

### Data and Benchmarking Assistance

- Data reports for peer-to-peer evaluation and comparison
- Expert analysis comparing data collected by providers, CMS and outside data sources
- Recognition for performance improvement

### Free Tools, Resources and Education

- On-demand learning online
- In-person technical assistance
- In-service training
- Best practice educational resources and tools
- Peer mentoring opportunities

### Improved Patient Outcomes by:

- Sharing information about the appropriate use of opioids, effective non-opioid pain management tools and decreasing unnecessary opioid prescribing
- Introducing new and innovative methods of patient engagement
- Engaging more with your patients in their healthcare-related decisions and self-management

- Understanding patients' motivation to change behaviors that affect their care and clinical outcomes
- Implementing chronic pain management best practices

## Requirements

Participation is voluntary. However, we ask that participants commit to the following:

- Implement improvement interventions.
- Provide and share data as it relates to interventions implemented, prescribing patterns, patient population and interactions or assistance provided.
- Take advantage of resources, training and/or education.
- Actively engage and work together with partners as part of a community coalition.
- Receive training on recognizing behavioral health disorders, referrals and treatment.
- Increase willingness and confidence in opioid safety best practices such as dispensing naloxone (for pharmacists).

## You may also be interested in

- **Improving Nursing Home Quality**
- **Increasing Chronic Disease Self-Management**

Email [TechAssist@qsource.org](mailto:TechAssist@qsource.org) to get started.