# An Order for the Holy Rosary

## The Sorrowful Mysteries

### Sign of the Cross

☐ In the name of the Father, and of the Son, and of the Holy Spirit. *Amen.* 

## The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth: I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins the resurrection + of the body, and the life everlasting. Amen.

## The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. *Amen*.

#### **Ave Maria**

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

R: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(3 times)

#### Gloria Patri

V: Glory be to the Father, and to the Son, and to the Holy Ghost.

R: As it was in the beginning, is now, and ever shall be, world without end.

Amen.

# **Fatima Prayer**

Oh my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. *Amen*.

## The First Sorrowful Mystery: The Agony in the Garden

(36) Then Jesus went with them to a place called Gethsemane; and he said to his disciples, "Sit here while I go over there and pray." (39) And going a little farther, he threw himself on the ground and prayed, "My Father, if it is possible, let this cup pass from me; yet not what I want but what you want." (40) Then he came to the disciples and found them sleeping; and he said to Peter, "So, could you not stay awake with me one hour? (41) Stay awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak."

Matthew 26:36, 39-41 (NRSV)

### The Lord's Prayer

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And lead us not into temptation,
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*(10 times)* 

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### The Second Sorrowful Mystery: The Scourging at the Pillar

(23b) ...But they shouted all the more, "Let him be crucified!" (24) So when Pilate saw that he could do nothing, but rather that a riot was beginning, he took some water and washed his hands before the crowd, saying, "I am innocent of this man's blood; see to it yourselves." (25) Then the people as a whole answered, "His

blood be on us and on our children!" (26) So he released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

*Matthew 27:23b-26 (NRSV)* 

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Our Father, who art in heaven,
hallowed be thy Name,
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And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
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## The Third Sorrowful Mystery: Jesus is Crowned with Thorns

(27) Then the soldiers of the governor took Jesus into the governor's headquarters, and they gathered the whole cohort around him. (28) They stripped him and put a scarlet robe on him, (29) and after twisting some thorns into a crown, they put it on his head. They put a reed in his right hand and knelt before him and mocked him, saying, "Hail, King of the Jews!" (30) They spat on him, and took the reed and struck him on the head. (31a) After mocking him, they stripped him of the robe and put his own clothes on him.

Matthew 27:27-31a (NRSV)

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Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
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(10 times)

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### The Fourth Sorrowful Mystery: The Cross is Carried to Calvary

(31b) Then they led him away to crucify him. (32) As they went out, they came upon a man from Cyrene named Simon; they compelled this man to carry his cross.

*Matthew 27:31b-32 (NRSV)* 

## The Lord's Prayer

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### The Fifth Sorrowful Mystery: The Crucifixion of Our Lord

(33) And when they came to a place called Golgotha (which means Place of a Skull), (34) they offered him wine to drink, mixed with gall; but when he tasted it, he would not drink it. (35) And when they had crucified him, they divided his clothes among themselves by casting lots; (36) then they sat down there and kept watch over him. 37 Over his head they put the charge against him, which read, "This is Jesus, the King of the Jews." (45) From noon on, darkness came over the whole land[p] until three in the afternoon. (46) And about three o'clock Jesus cried with a loud voice, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" (50) Then Jesus cried again with a loud voice and breathed his last. (51) At that moment the curtain of the temple was torn in two, from top to bottom. The earth shook, and the rocks were split. (52) The tombs also were opened, and many bodies of the saints who had fallen asleep were raised.

Matthew 27:33-37, 45-46, 50-52 (NRSV)

# The Lord's Prayer

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Amen.

## **Fatima Prayer**

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# **Salve Regina**

Hail Holy Queen, Mother of Mercy, our Life, our Sweetness, and our hope. To thee we cry, poor banished children of Eve. To thee we send up our sighs, mourning and weeping in this vale of tears. Turn then most gracious advocate, Thine eyes of mercy toward us, and after this, our exile, show unto us, the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us O Holy Mother of God, That we may be made worthy of the promises of Christ. *Amen*.

# **Final Prayer**

Let us pray.

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord.

Amen.

## Sign of the Cross