

RESILIENT JOURNEYS

SISTERHOOD, COMMUNITY, LEGACY, AND INCLUSIVE BELONGING



HOSTED BY: BRANDI MUHAMMAD



AN EMPOWERMENT SERIES FOR BLACK AND BROWN WOMEN WHOSE LIVES ARE SHAPED BY DISABILITY—WHETHER IN THEMSELVES, THEIR FAMILIES, THEIR COMMUNITIES, OR THEIR WORK.

JOIN US FOR THIS VIRTUAL MONTHLY SERIES FROM
7:00 TO 8:00 PM



- **MAY 15: SACRED STRENGTH & CHARTING THE LIFECOURSE: RESILIENCE THROUGH SELF-CARE, COMMUNITY & LEGACY**
- **JUNE 19: SISTERHOOD, STRENGTH AND STRATEGY. EMPOWERING US THROUGH CTLC TOOLS**
- **JULY 17: CHARTING THE LIFE COURSE WITH SACRED STRENGTH: CULTIVATING BELONGING AND DISABILITY INCLUSION IN THE WORKPLACE**
- **AUGUST 21: CHARTING THE LIFE COURSE: A ROADMAP FOR OUR MOMS NAVIGATING SCHOOL SUCCESS**
- **SEPTEMBER 18: CHARTING THE LIFECOURSE: CULTURALLY ROOTED RESILIENCE FOR FAMILIES**
- **OCTOBER 16: SACRED STRENGTH: A VISION TOOL FOR WHOLENESS ACROSS GENERATIONS**
- **NOVEMBER 13: CHARTING YOUR HOLIDAY JOURNEY: A PERSON-CENTERED GUIDE FOR JOY, CONNECTION, AND SACRED BALANCE**
- **DECEMBER 11: CHARTING THE LIFE COURSE: FROM HOLIDAY INTENTIONS TO LIFELONG RESILIENCE**
- **JANUARY 8: CHARTING THE COURSE TOGETHER: COMMUNITY CONVERSATIONS ON INCLUSION, SHARED VISION & HONORING EVERY VOICE**

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Ohio's Official Hub for
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