

Sarah Stegner is the co-owner & chef of Prairie Grass Cafe in Northbrook Illinois. She is the former restaurant chef of The Dining Room at the Ritz Carlton Chicago, owned and operated by Four Seasons. She is a two-time James Beard Award Winner and was recently named Restaurateur of the Year by the Illinois Restaurant Association. Stegner is a founding member- past president of Green City Market (501c3) and continues to drive education surrounding the organic sustainable food movement into the mainstream. Stegner is a co-founder of Chicago Chefs Cook (501c) which unites the Chicagoland chef community for humanitarian relief.

Stegner is a founding member of The Abundance Setting, (501c3) that supports working women & mothers in the culinary industry. She is a member of the Chef Corp for WCKITCHEN. She also acts as an advisor to Chef Sebastian White of The Evolved Network. She recently won an award from Disability Matters North America for the Sensory Friendly Hours hosted at Prairie Grass Cafe.