



**Early Childhood Welcome Information**  
From Mrs. Beily Rosen, Early Childhood Director

Dear Parents,

We are working hard to help ensure our students have a smooth reopening and transition back to school. Below is some basic information as well as helpful tips to help prepare you and your child for school.

- Student orientation will take place on Wednesday, September 2<sup>nd</sup>. More information will be forthcoming. We will be using a sign-up system for everyone's safety and to limit the number of children in the classrooms at one time. Please make sure to bring your child's school supplies with you to orientation.
- The Early Childhood division does not require any specific dress code. We ask that children wear pants/shorts that they are comfortable independently pulling up and down in the bathroom. Children should come in socks and comfortable shoes to keep them safe while playing in the playground (Croc-style shoes are not recommended)
- At orientation, your child's Morah will give out labels for your child to wear for the first seven days of school. Upon arrival, several staff members will be greeting the students and walking them to their classrooms.
- Please provide a healthy snack for your child to eat in the morning in addition to his regular lunch. Suggestions for healthy snack include; fresh or canned fruit, applesauce, fresh vegetables, pickles, yogurt, cheese, and hard-boiled egg (no mezonos snacks should be sent). Please do not include any soda in your child's lunch. We will provide an afternoon snack.

Along with your child's feeling of excitement for their first day of school, they may also feel nervous in their new environment. Our staff will try to make your child's adjustment as comfortable as possible.

Here are some tips to help parents prepare for the first week of school:

- Talk to your child about how excited you are for his/her first day of school. Depending on your child's interest, emphasize different aspects of school such as playing with old friends, making new friends, exciting learning opportunities, playground fun, wonderful Morahs, toys or what a *big* kid he/she is.
- If you are anxious about your child's adjustment, make sure not to discuss this in his presence. Children are experts at reading our emotions so be sure to avoid a worried look on the first day of school or when speaking about school.
- Let your child pick out or purchase a special item for school (e.g. a new knapsack, special yarmulke, favorite snack to pack in a lunch, outfit or shoes).
- In general, children benefit from a quick and clear separation from their parents each morning. Help prepare them by describing drop off time. Unfortunately, due to Covid-19 safety regulations, parents will not be allowed into the preschool building. You will need to say, "Goodbye" to the child at the car with a hug and a kiss!

Looking forward to seeing you all at orientation on September 2<sup>nd</sup>!

