

## Golden Valley Parent Enrichment Series



**Parent Enrichment Workshop**  
Feb 1, 2017 6:30 – 8:00 p.m.  
River School MP Room

## Allegra Alessandri Navigating Your Teen's Development

**Wed, Feb.  
1st, 2017**

**Golden Valley  
River School  
MP Room**

6:30 – 8:00 p.m.

Admission: FREE

9601 Lake Natoma  
Dr.  
Orangevale, CA

This event is open to  
the general public.



### Join us for a free workshop!

Come hear Allegra Alessandri offer survival techniques to sanely navigate your teens' development into young adulthood. With humor and practical advice, she hopes to inspire parents to activate their wisdom and humility to be present and to cherish their teen's development.



Childcare available for Golden Valley  
enrolled students.

\$3 per student/\$5 per family.

Allegra has been a high school teacher since 1987 throughout the US and Venezuela. She started two Waldorf high schools from scratch~ one private in San Francisco and one public in Sacramento where she is currently principal at George Washington Carver School of Arts and Science. Allegra is (in)sanely navigating her own two teens' journey to adulthood with humor and mostly humility.