

North Shore Exploring Grief Group



SamaraCare Counseling

Formerly Samaritan Counseling Center

**Meets Every Thursday
7:00PM - 8:30PM**

Virtual Sessions!

Fall Session:

October: 15, 22, 29

November 5, 12, 19

December 3, 10

Winter Session:

February: 4, 11, 18, 25

March 4, 11, 18, 25

Are you or someone you know grieving the loss of a family member, partner, or friend? If so, find comfort and support in SamaraCare's North Shore Exploring Grief Group. This program is offered virtually in two 8-week sessions. Three local congregations have come together to sponsor this program, making it available at no cost to participants.

Our Exploring Grief Group provides a confidential, educational, and nonjudgmental environment. It encourages attendees to cope with their loss and continue to find meaning in their lives. This group is facilitated by Joellen Hosler, PhD, M.Div., LCPC, who has extensive experience counseling people in areas including grief and loss.

To register for either 8-week session, please contact Joellen at 847-446-6955, ext. 19 or jhosler@samaracarecounseling.org. Space is limited.

**Sponsored by Christ Church Winnetka,
Kenilworth Union Church, Winnetka Congregational Church**