

North Shore Exploring Grief Group



SamaraCare Counseling

Formerly Samaritan Counseling Center

**Meets Every Thursday
7:00PM - 8:30PM**

Are you or someone you know grieving the loss of a family member, partner, or friend? If so, find comfort, healing, and support in SamaraCare's North Shore Exploring Grief Group. This program is offered virtually in two 8-week sessions. Three North Shore congregations have come together to sponsor this program, making it available at no cost to participants.

**Fall Session:
October: 14-December 9**

Our Exploring Grief Group provides a confidential, educational, and nonjudgmental environment. It shares ideas with attendees about how to cope with their loss and continue to find meaning in their lives. This group is facilitated by an experienced professional counselor.

**Winter Session:
TBA**

To register for either 8-week session, please contact Joellen Hosler, PhD, M.Div, LCPC at 847-446-6955, ext. 419 or jhosler@samaracarecounseling.org. Space is limited.

**Sponsored by Christ Church Winnetka,
Kenilworth Union Church, Winnetka Congregational Church**