

Cycling News

Keeping you informed and upright!

In this Issue

Special November Rides	Page 2
The Fenner Ride	Page 3
Rett Ride	Page 4
PORC Epic.....	Page 5
Leaderboard!.....	Page 7
Glassner Autumn Challenge.....	Page 8
BikeMS Tour de Beach	Page 10
Sea Turtle Triathlon	Page 11
Great Allegheny Passage	Page 19

Board of Directors and email links

President.....	Jon Tate
Vice President	Jeff Williamson
Treasurer, Kits	Jeff Boulton
Recorder	Michael Gross
Membership, Newsletter. .	Christopher Huffman
Advocacy	Konrad Gill
Ride Coordinator.....	David Mayo

Message from the President

I hope you have been enjoying the great fall weather as we look forward to changes in our ride calendar. Soon, we will postpone some of our evening rides, so please watch the [calendar](#) on our website for updates. In addition, some new rides are being added which include the Sunday afternoon NAS Back Gate Loop and TERAD.

Thank you to all of you who joined us for the Matt Wantz-Dr. Fennell McConnell ride. This was our epic end of season ride which benefitted Big Brothers Big Sisters of Northwest Florida. A special thank you goes out to Bella Costa, Paula Shell and all of the staff at BBBS who have made this possible.

We are planning our end of year celebration which will be held at [Cactus Cantina](#) during the evening of Saturday, November 20 at 6:00 PM. This is free for West Florida Wheelmen members. If you are not a current member, but wish to sign



RICHARD ROSELLI TOOK THIS DURING A RECENT NATIONAL SEASHORE RIDE .

up for 2022, you are also invited to attend at no cost.

Also during the end of year celebration, we will introduce the board members for next year. If you would like to serve on the Board, please notify me directly at president@westfloridawheelmen.org.

We are putting together a video for the end of year celebration, so if you have photos or videos from this year, please direct them to Chris Huffman at membership@westfloridawheelmen.org.

As most of you know, our new website was launched which has upgraded navigation tools and new email addresses. We are monitoring our old addresses; however, direct your communications to the linked email addresses in the blue box to the left.

In this issue, you will notice our policy on electric-assist bikes. Please take time to review it if you own or are considering purchasing an electric bike. We want to include these bikes in our rides, but safety is paramount.

Our final membership count for 2021 is 236! This is the fourth year in a row that our membership has increased. In addition, we will have ridden over 500,000 miles for the second year!

We are looking forward to an even better 2022 and thank you for allowing me to serve you as president this year! —Jon



VETERANS DAY RIDE

Thursday, November 11, 2021

[Veterans Park](#) (200 S 10th Ave, Pensacola, FL 32502)

7:00 AM

A Group (22+ MPH) 48 Miles

B Group (16-18 MPH) 26 Miles

C Groups (14-16 MPH) 17 Miles

Check our calendar at westfloridawheelmen.org for additional details and to download Ride with GPS routes.

THANKSGIVING TREK

Thursday, November 25, 2021

[Walmart Neighborhood Market](#) (6670 Mobile Hwy.)

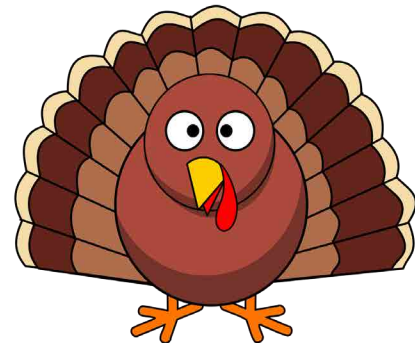
Near Pine Forest intersection

7:00 AM

A Group (22+ MPH) 53 Miles • Snake Road Loop

B Group (16-18 MPH) 27 Miles • Hurst Hammock

Check our calendar at westfloridawheelmen.org for additional details and to download Ride with GPS routes.



BLACK FRIDAY ESCAPE

Friday, November 26, 2021

Summit Blvd. and Jerry Maygarden

Plenty of parking at [old fire station lot](#).

(2750 Summit Blvd.)

7:00 AM

A Group (22+ MPH) 38 Miles • UWF Scenic Hills

B Group (16-18 MPH) 38 Miles • UWF Scenic Hills

Check our calendar at westfloridawheelmen.org for additional details and to download Ride with GPS routes.



Saturday, November 27, 2021

Summit Blvd. and Jerry Maygarden

Plenty of parking at [old fire station lot](#).

(2750 Summit Blvd.) 7:00 AM

A Group (22+ MPH) 47 Miles • Perdido Bay/Osceola Golf Course Cruise

B Group (16-18 MPH) 47 Miles • Perdido Bay/Osceola Golf Course Cruise

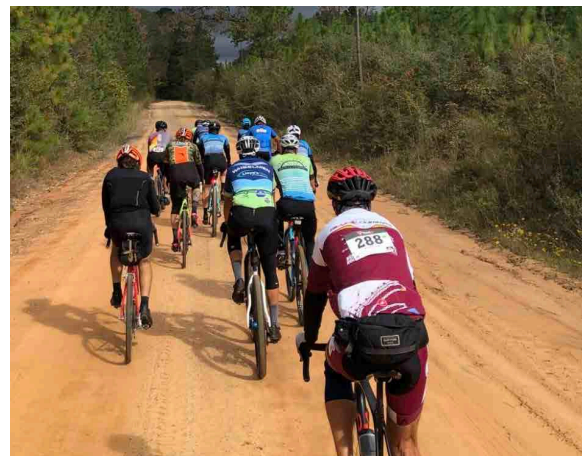
Check our calendar at westfloridawheelmen.org for additional details and to download Ride with GPS routes.

Meander through the city to Perdido Bay, then cruise past Osceola Golf Course and the Country Club

.Four Bayous; Three Bays; Two Golf Courses!

Perdido Bay Bongo



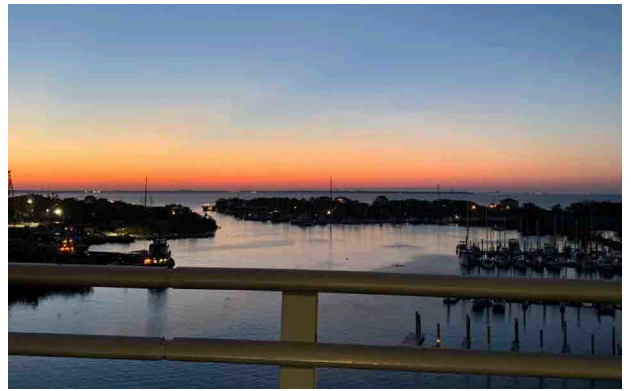




Each year, riders participate in the Rett Ride Across America Gulf Coast Ride to raise awareness for Rett Syndrome.

We are honored to have Dean Kelly, KC Byers, Larry Drake, Tom Johnson, and Lloyd Maisonville participate in this event which was held on October 6.

Make plans to ride next year and it is not too late to support this year's team by clicking [here](#).



COLETTE GRABBED THIS PIC DURING THE SAUFLEY FIELD LOOP.



IAN, BRANDON AND JOE
WAITING FOR A BREAKFAST
TACO FROM MACY.



MACY DELIVERING THE
HALF-EATEN TACO.



THE SATURDAY CITY GROUP WAITING FOR DAVID.



DAVID WAS IN VERMONT.



13th Annual PORC EPIC



13th Annual PORC EPIC, to
Benefit Toys for Tots in
Northwest FL

Bring a donation of a toy
or toys for a boy and a girl
as your entry fee

Date: 12/12/2021

Time: 7 AM - 1 PM

Location: 11969 Pate St,
Pensacola, FL 32514

Visit PORC.ORG for more
information



Pensacola, Florida
CYCLESPORTSBICYCLES.COM

2125 N Palafox St, Pensacola, FL 32501
(850) 434-8100

TREK

PENSACOLA  FLORIDA

701 E Cervantes St.
Pensacola, FL 32501
850.912.6858

www.trekstoregulfcoast.com



A big benefit of membership in the West Florida Wheelmen Club is Ride with GPS. All WFW members have free access to Ride with GPS premium navigation features on all club routes and events. This enables Wheelmen members to download turn-by-turn navigation on their cycling computers or smartphones.

Features Include:

- Voice navigation in the Ride with GPS mobile app
- Offline maps in mobile app
- PDF maps and cue sheets
- Advanced turn notifications with TCX files
- Estimated time of route

[Club Account Member Benefits Page](#)

How do I get this?

Step 1: [Join/Re-join WFW](#) (if you are already a WFW member, skip to Step 2).

Step 2: [Join the WFW Club account w/ Ride with GPS.](#)

Step 3: You will receive an email from our club administrator to activate your membership.

That's all you need to do! So for just a \$35 (\$50 family) WFW membership, you will receive this helpful RWGPS benefit (\$60/yr value!) plus all of our other benefits!

Cycling Miles as of October 16th!



Are you missing from the Leaderboard? Don't forget to renew your [membership](#)! It is easy to overlook and, of course, you're missing out on all of the membership benefits. If you'd like to have your miles posted for 2021 please reach out to Chris Huffman at membership@westfloridawheelmen.org

Robert Walker	12644	Jeff Bisson	3398	Kevin Kropp	1496	Larry Schultz	481
Joe Schuhbauer	9512	Phyllis Johnson	3375	Jason Cawby	1400	Gene Strickland	481
Rachel Smith	8869	Doug Jones	3368	Douglas Gehman	1398	Andy Williamson	463
Fred Carlson	7906	Bill Vest	3308	Felix Hotard	1378	Mark Calvert	458
David Hartman	7830	Mike Mulvaney	3306	William Casler	1366	Catherine Brankin	439
Jorge Gamarra	7730	Michael Taber	3255	Skye Patterson	1348	Ryan Von Brock	417
Ian Lintner	7708	Jonohon Berry	3253	Laura Henson	1304	Teresa Hess	375
Megumi Jones	7410	Deed Vann	3150	Dan Miller	1300	Thomas Braddock	356
Luke Trione	6936	Thomas LeDew	3138	Jay Dahl	1280	Darla Huffman	355
Joshua Bastajian	6453	David Hiott	3122	Manuel Villanueva	1268	Sarah Bastajian	353
Ken Rahaim*	6395	Carol Gentry	3113	Jeannie Harper	1261	Dawn van den Ber	352
Terry Mead	6358	Alvin Furtner	3098	Chris Jernigan	1171	Jason Caddell	337
Lloyd Maisonville	6295	Chris Huffman	3066	John Floyd	1157	Patrick Willi	337
Gerry Faw	6073	Barbara Kerby	3023	Colette Landreneau	1154	Andrew Spencer	320
Lisa Stanley	6046	Jonathan Garcia	2986	Konrad Gill	1147	Ramie Gougeon	298
Graydon Patterson	5917	John Morgan	2923	Harry Hewson	1135	Carey McKinney	296
Michael Gross	5354	Scott Boulton	2914	Roy Noble	1048	Alastair Casler	286
Jay Philpott	5257	Robert Brady	2895	Timothy Talcott	1013	Jack Robie	264
Marty Haake	5181	Jason Gardner	2880	Christin Sternjacob	1000	Sarah Jansen	263
Jason Biel	4968	David Mayo	2874	Audra Adair	997	Mary Lis Norris	255
Jeff Robinson	4875	Troy Floyd	2799	Isaac Kelly	920	Daniel McKeown*	251
Chris Becker	4712	Kimberly White	2766	Fritz Stoppelbein	913	Chris Kerby	247
Stefanie Von Brock	4656	Richard Loiselle	2659	Dennis Bruens	901	JR Tierney	228
Michael Watkins	4640	Pam Jones	2421	Michele Coleman	890	Ben Capannari	205
Tom Impastato	4619	Scott Holmes	2415	Molly Lang	879	Andy Mull	194
Derek White	4357	Craig Goad	2377	Kimberly Blair	867	Aaron Clement	190
Robby Quina	4347	Brian Root	2377	Barbara Maisonville	860	Dorothy Berry	189
Richard Roselli	4331	Alan Como	2324	Ed Seoane	840	Karen Sue Allen	183
Byron Havard	4295	Dean Kelly	2316	Casey Jones	837	James Monroe	183
Paul LaRose	4269	Tim Schossow	2304	Ray Allen	812	Tim Sweeney	138
Larry Drake, Jr.	4212	Eric Nelson	2083	Chris Andrew	811	Jacquelyn Boulton	110
Brandon Blanchard	4107	Alex Simmons	2047	Ron Hornbrook	798	Edward Baker	99
Ed Sarfert	4091	Luis Berrios	2041	Kathy Stinson	780	Jim Britnell	46
Scott Whitney	4084	Gene Mitchell	2033	Kathy Brockett	763	Jason Ellington	46
Tom Johnson	4016	Martin Uraga	2033	Aaron Duesing	743	Michele Tierney	31
Jeffrey Williamson	3874	Jason Laing	1983	Jack Thompson	693	Steve Blair	30
Jon Tate	3872	Michael Percy	1959	Carl Duellman	652	Ben Bowen	15
Doug Schroeder	3870	David Sweet	1933	Corinne Carlson	561	*Injured Reserve	
Travis Coleman	3811	Josh Sharpe	1922				
Bruce Wrede	3795	Rodney Smith	1840				
Stuart Shippey	3573	Stephen Reyes	1774				
David Murphy	3572	Tracy Gilbert	1757				
Jeffrey Boulton	3562	Roger Kay	1744				
Austin Bowman	3493	Eric Blomberg	1720				
Bill Cocanour	3455	Jeremy Carlson	1525				



November 2021 Ride Calendar

5:30 PM: Monday Meander

Cancelled until March 2022

WSRE Parking Lot 12th and College Blvd.
*The Wheelmen Club version of the "Slow Ride!"
The pace is 16-18 MPH. Check out the new traffic
circle on Langley Ave. Helmets are required but not
spandex. Come on out for a casual nearly flat ride!
Beginners welcome!*

6:00 PM: Tempo Tuesday Loop

Ride More Bicycles 59 E. Gregory St.
*The WFW Tempo Tuesday ride is very fun and
popular and starts downtown at the RMB store!
Moving pace 17-21 MPH. If you drop off the back
we have several re-group points along the route. If
you miss the 6:00 PM start from RMB, the group
cruises through Summit & Maygarden around
6:30 PM so feel free to hop in there.*

9:00 AM: Wednesday Touring Ride

Different starting locations (usually in Santa Rosa County). Please see the full information for each ride, including changes to the ride day due to weather which are posted on the Blackwater Cyclists Facebook page: <https://www.facebook.com/groups/Blackwatercyclists/>

The ride concept is a slower paced social ride averaging between 15 and 17 mph. Most rides will involve a group meal stop mid-ride or at the end of the ride. Average distance will typically be between 40 and 60 miles.

5:30 PM: Wednesday Worlds

Cancelled after November 7 until March 2022

WSRE Parking Lot 12th and College Blvd.
Each Wednesday, we gather at Pensacola State College for a 25 mile, no drop loop. A Group speeds along at 20+ mph, B Group rides at 17-19 mph and C Group cruises at 16-17 mph.

5:30 PM: TERAD

Thursday Evening Rendezvous

WSRE Parking Lot 12th and College Blvd.
A former club staple ride! The old TERAD (Tuesday Evening Rendezvous Avec la Douleur...a little french lingo, 'meeting with pain!'). It's a fun north city ride that sticks close to the airport. No Drop Ride. Moderate pace. 21 miles.

7:00 AM: Saturday WFW in the City

Groups normally ride out from Summit & Maygarden or from behind Bagelheads at 916 E.

Gregory St. Please check the WFW [calendar](#)
The ride on Saturday rotates through six different courses; however, at times, the route and start time can change depending upon conditions. The ride length is between 40-60 miles. This is normally a solid B Group ride (17-19 mph) although A Group cyclists are known to split off from the peloton. The B Group is a no-drop ride.

7:30 AM: Saturday WFW in the Country

Blackwater River State Forest

Meet in the parking lot across the street from Truly Spokin' 5172 Stewart St. Milton. The distance of the ride will vary from 42 to 55+ miles and is typically posted by Thursday afternoon on the Blackwater Cycling Facebook page.

A group—Riding speeds of 22 to 30 MPH

B group—Typical riding speeds are 18 to 24 MPH

C group and lower—Anticipate riding speeds of 15 to 20 MPH

7:00 AM: Sunday S'cool Ride

Summit and Maygarden

Are you looking for a ride which will get you home in time for church? This is a slower paced recovery ride which should have you home by 9:00 AM. Join us for this 21-mile loop from the north to downtown Pensacola. Stay together C group ride.

3:00 PM (2:00 PM Starting November 14):

Sunday NAS Back Gate Loop

2172 E. Mallory St. Pensacola 32503

Fall marks the return of this 32-mile loop to the west side of Pensacola. Roll out is at 3:00 PM from the tennis courts at Bayview Park. Come on out and burn off some of those calories from your Sunday dinner. No Drop Ride. Moderate pace.

Special Ride Calendar

Please always check the calendar at

westfloridawheelmen.org

for special announcements as well as changes in the scheduled rides. In addition, we post rides and events which change from month to month.

Glassner Autumn Challenge
Montgomery, AL
October 23, 2021

We had several riders participate in last weekend's Glassner Autumn Challenge.

Jeff Williamson, Micheal Taber, John Morgan and Jeff Robinson (center photos) rode 67 miles in the Mad Metric Century.

Ed Sarfert (bottom) and Tina Golden (top) completed 126 miles in the Capital City 200K!

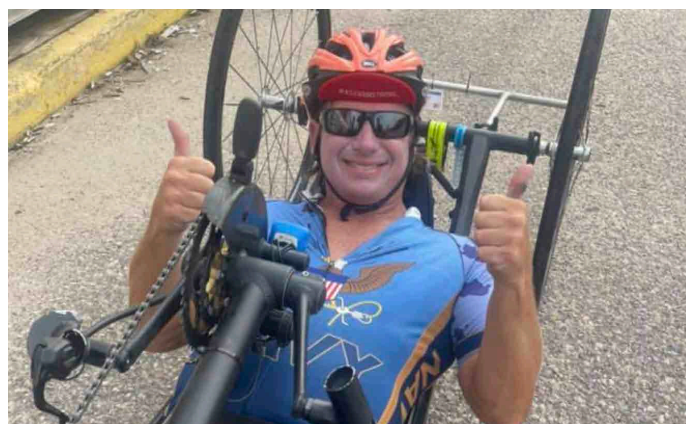
Congratulations to all riders and make plans to participate in this annual ride next year.



EMILY KOPAS' FIRST PLACE (DIV.) SANTA ROSA TRI



JAY PHILPOTT BIG DAMN BRIDGE 105
LITTLE ROCK, ARKANSAS



JOSH SHARPE CAME IN 6TH PLACE FOR HANDCYCLES AT THE
BOSTON MARATHON AT 1.23.36!

Dawn van den Berg

Dawn is getting ready for her epic ride for AIDS/LifeCycle as she prepares to cycle from San Francisco to Los Angeles. This event serves to raise awareness about HIV/AIDS and will take place June 5 - June 11, 2022 Each day of riding will range from 40-100+ miles. Visit [Dawn's support page](#) to learn more.



The Store is still Open!

It is still not too late to order the 2021 kit directly from our store at Jakroo.

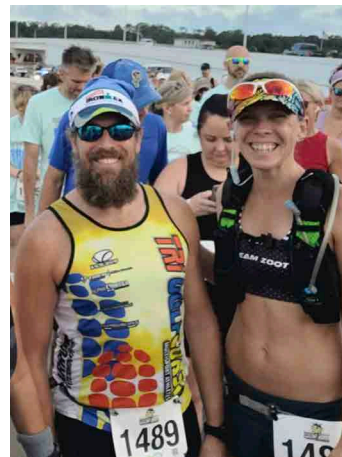
There are several style options and size options. Normal turnaround is approximately two weeks, and the more orders they receive, the lower the price!

Click on the kits below to check out the store.

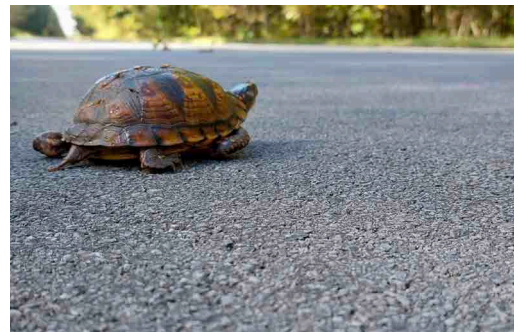
You don't have to be fast to look fast!



EASTERN SHORE CENTURY!



TERESA CELEBRATES
PATRICK COMING IN 2ND
PLACE (DIV.) IN THE
BRIDGE TO BRIDGE 5K

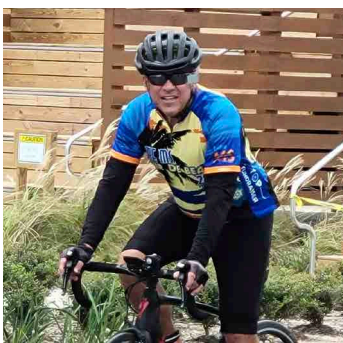
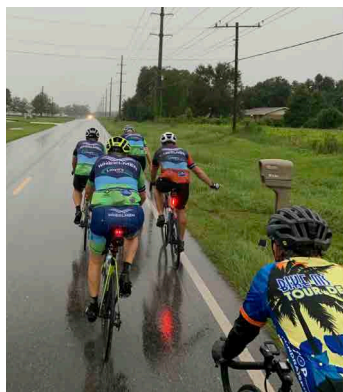


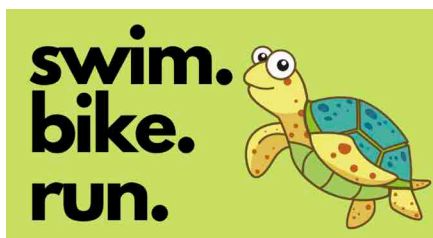
JONATHAN GARCIA CAPTURES HIS COMPETITION COMING
OFF THE LINE.



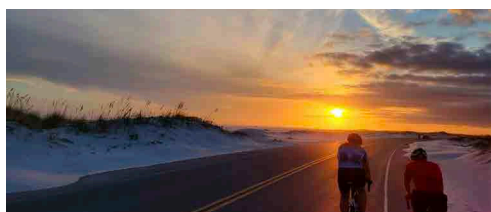
CHRIS MACPHERSON AT RAMSEY BEACH

bike MS[®] Tour de Beach





Sea Turtle Youth Triathlon
Presented by Zarzaur Law
October 24, 2021



Sunset Ride on Pensacola Beach!
Sunday, November 21, 2021
Roll out at 4:00 PM

1336 Fort Pickens Rd, Pensacola Beach

Don't miss this super scenic cruise ride which is great for the family on this beautiful secluded part of Pensacola Beach. Any kind of bike will be fine on this 15 mile round-trip to the Fort and back. Bring your lights and pass or \$10 in case needed for the park entry. We usually have enough passes to cover everyone, if there is a park ranger at the gate (usually there isn't).

Start/Finish at [Park West parking lot](#) - Soundside

We will stop and regroup at the Ft. Pickens fishing pier and watch the sunset before returning back to the parking area.



WE MISS KELLY! SHE IS BACK IN KENYA RIDING WITH HER FRIEND, KIM, WHO INTRODUCED HER TO CYCLING IN NAIROBI. FOLLOW HER [MISSION!](#)



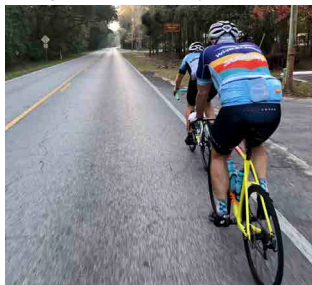
GRAN FONDO HINCAPIE GREENVILLE, SC
 LARRY DRAKE, JR., TOM JOHNSON AND LLOYD
 MAISONVILLE ADDED ANOTHER HINCAPIE TO THEIR
 REPERTOIRE.



Join the peloton for [2022 Membership](#)! We are planning on having divided group rides and other events throughout the year including special meet-ups as COVID-19 becomes less of an issue.

Now would be an excellent time to review your year-end goals. If your goal is to complete a century, your objectives should be to complete 40, 50, 60, and 75 mile rides. Many of our rides fit into these distances, but we all have to stay at it.

This is a great opportunity to control your weight and improve your immune system as we head into the holidays! We continue to see our leaderboard growing throughout this year and we are proud of our Top 20! We cheer for you who are trying to move over a column or up a few places this year.



In order for us to tally your miles, please join us on Strava by asking to join the [WFW Strava Club](#). Remember, you have to be a Wheelmen member to join.

The West Florida Wheelmen club exists because of you and me and our love to ride our bikes. WFW is always open to new ideas so, please feel free to reach out to any of your board members. You can email us at membership@westfloridawheelmen.org or check out our club website at westfloridawheelmen.org. We are also on [Facebook](#), [Twitter](#) and [Instagram](#).

You always have a voice and we encourage our membership to be involved. Presently, the board meetings are being held at our president's home. If you would like to attend one of these meetings, please contact Jon Tate at president@westfloridawheelmen.org. (This helps in knowing the numbers for attendance.)

Lastly, we appreciate you—our members! Thank you for sharpening each other, and keeping each other safe during this time. Our club would not exist without you!



Membership and its Privileges

- Several weekly rides which are published in this issue.
- Supplemental accidental insurance coverage on all WFW rides.
- Membership in Ride with GPS to download routes and acquire turn-by-turn navigation. This is a \$60 value.
- 10% off at participating bike shops.
- Complimentary use of three bike travel cases.
- Make our voice stronger for cycling advocacy, safety and public education.
- Receive a bimonthly newsletter with all the local cycling news, rides, special events, etc.
- Free use of Theragun Elite® massager.
- Free use of portable PA system.
- Be invited to several fun social events throughout the year.
- Participate in our published leaderboard.
- WFW has several events on the calendar for the fall of 2022 such as our Veterans Day Cruise and others to be announced.
- We are looking forward to fantastic rides for December as well as the start of the New Year.
- In November, we will host several rides during the Thanksgiving holiday week. Check page two for more information.
- End-of-year celebration will be held as always.
- Additional rides added monthly.

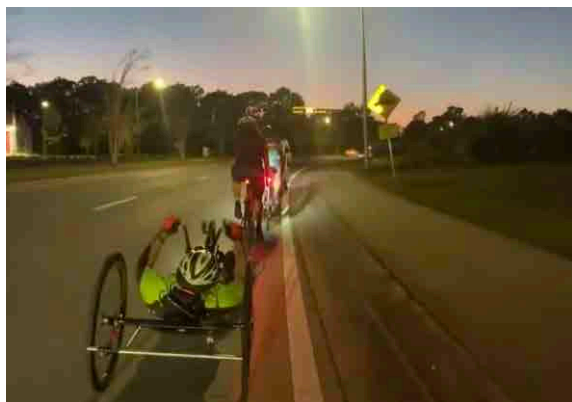
Here is the link for 2022 West Florida Wheelmen membership! Please take a moment, click on the link and sign up!

RENEW

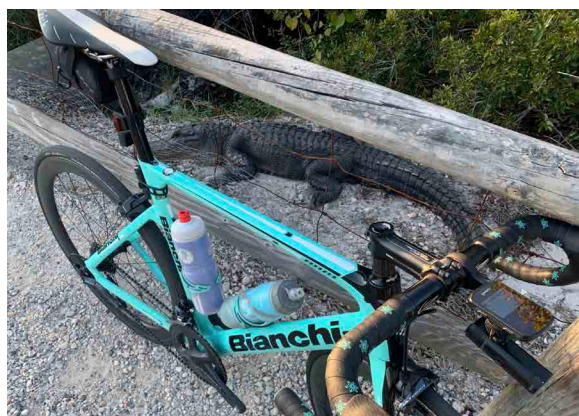
westfloridawheelmen.org



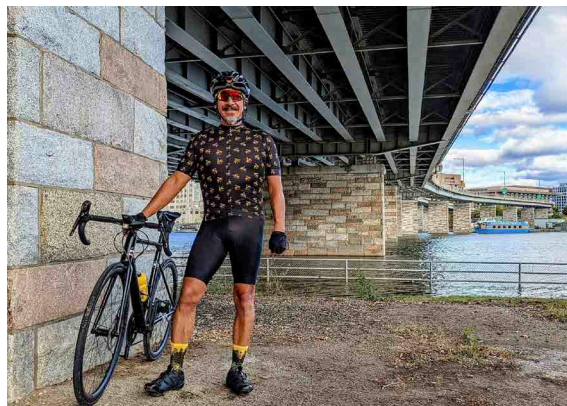
REMY IS BACK AND
BUSY RE-TIRING AT
CYCLESPORTS!



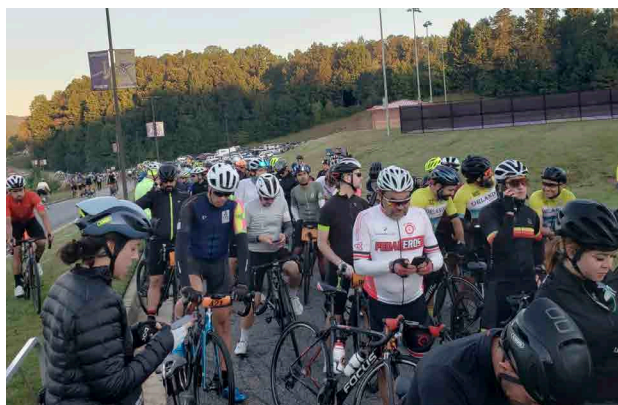
LAST MONDAY MEANDER FOR
THE SEASON!



“YO LUCKY THOSE AREN’T GATORSKINS® ON
YOUR BIKE, JEFF!”



KEN’S FIRST RIDE SINCE HIS CRASH.
LOOKING GOOD, BROTHER!



SIX GAP!
JOSHUA AND SERGIO
(R)
MEGUMI (BELOW)
AND DOUG
SCHROEDER.
MEGUMI CAME IN
2ND PLACE IN HER
DIVISION!





BROS GETTIN' THE BREWS.



EVERYONE COMES TO A HOLT FOR A PIC.



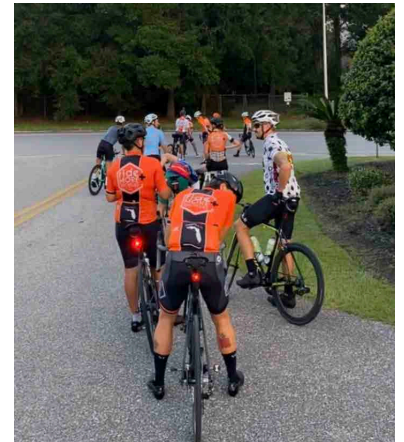
EAST BAY LOOP DU JOUR.



ENA AND MICHELE



RIDE MORE
GETTING READY
FOR THEIR
SATURDAY
RIDE.



JEANNIE,
ROGER AND
COLETTE
DURING THE
LABOR DAY
RIDE.



MIKE MULVANEY IN UTAH!

E-Bikes and Group Rides

The West Florida Wheelmen are in the process of establishing an E-Bike policy to facilitate safety and proper ride etiquette. The following is reprinted from Naples Velo bicycle club which we are using as a guide.

Proposed E-Bike Policy: Members of the Naples Velo Bicycle Club may ride bicycles with electric assist motors on all Club sponsored rides, tours and events, under the following conditions:

As a general statement, all E-Bike riders are expected to observe and follow the NV Club rules and policies governing ride safety and etiquette absent the provision of any other rule specific to E-Bikes.

E-Bikes eligible to participate in group rides must be pedal-assisted (the bike does not move without pedaling). It may not utilize a throttle, meaning that it must be a Class 1 or Class 3 E-Bike.

Class 2 E-Bikes are prohibited from participating in group rides due to the potential inability to clearly and consistently differentiate throttle-controlled cycles (for example, electric motorcycles) from E-Bikes. This exclusion extends principally from safety considerations consistent with the intent of protecting all riders.

Ride leaders are not responsible for determining whether a rider is using an E-Bike or what class of E-Bike a rider may be using. A ride leader's role remains unchanged with the responsibility of ensuring that all riders be made aware of the ride rules and their responsibility to obey those rules as well as established traffic laws.

Similar to conventional cyclists that participate in group rides, ride leaders have the authority to speak with any rider of an E-Bike if, in their judgment, they feel that rider is compromising the safety of others on the ride. This includes making them aware of what they are doing incorrectly or to request that the E-Bike rider maintain a position at the back of the group ride to ensure the safety of others.

All riders of E-Bikes that participate in group rides are responsible for knowing the ride rules and following those rules, with particular emphasis on ride pace.

With respect to ride speeds; E-Bikes may

participate in any ride of 20 MPH or less as a conventional bike would. In rides with speeds higher than 20 MPH, E-Bikes must stay at the back of the group at all times.

Riders of E-Bikes are expected to recognize and respect that there is a direct and critical correlation of ride speed, rider experience, and rider skill that contributes to, or conversely, can undermine the safety of all riders in the group. More directly, most riders that possess the physical stamina to ride at high speeds also have acquired a high level of riding skill through multiple years of training and other experience. These skills are essential to maintaining rider safety at high speeds. Out of respect to that fact, E-Bike riders may only participate in group rides where the established pace is equal to or slower than rides they have demonstrated experience with, preferably experience they have developed previously on a conventional cycle.

During group rides, participating E-bike riders may not accelerate the pace of the group when they advance to the front of a paceline. They may only maintain the established pace, or safely reduce it in the event a hazard exists that should be prudently observed to protect other riders in the group.

Proposed E-Bike Rules of Etiquette

It is bad form for any E-Bike rider to aggressively pass regular bike riders when proceeding up grades or in noticeably adverse wind conditions. This is consistent with Policy # 7.

An E-Bike rider should ride to support and maintain the pace of the other riders. This is consistent with Policy # 7.

An E-Bike rider is responsible for ensuring they have sufficient battery reserves to enable them to complete the ride they have chosen without assistance from other riders. It is not the Ride Leader's responsibility to ensure that the E-Bike rider is safely returned to the starting point should they run out of battery. However, while established rider etiquette will likely result in riders staying with them through the remainder of the ride, that should not be an expectation of E-Bike riders.



59 E. Gregory St.
Pensacola, FL 32502
850.912.8805
ridemorebicycles.com

Call for Help!

Here is a list of numbers and contact information which will come in handy (probably this week) when you are cycling.

Outside of City limits on State Routes

Road hazards, debris, low hanging limbs
Department of Transportation . . . 850.981.3000
Ferrovial Road
Maintenance Services 850.494.1859

Pensacola

Road hazards, debris, low hanging limbs
Public Works 311
Dead animals, vicious animals
Animal Control 850.595.0097
Malfunctioning traffic lights
Public Works 311
Ambulance, Fire, Police
Central Dispatch 911

Gulf Breeze

Road hazards, debris, low hanging limbs
Public Services 850.934.5108
Dead animals, vicious animals
Animal Control 850.934.5121
Malfunctioning traffic lights
Public Services 850.934.5108
Ambulance, Fire, Police
Central Dispatch 911

Milton

Road hazards, debris, low hanging limbs
Public Works 850.983.5410

Dead animals, vicious animals

Santa Rosa Animal Control 850.983.4680
Malfunctioning traffic lights
Public Works 850.983.5410
Ambulance, Fire, Police
Central Dispatch 911

Escambia County

Road hazards, debris, low hanging limbs
Pubic Works 850.595.3440
Dead animals, vicious animals
Animal Control 850.595.0097
Malfunctioning traffic lights
Public Works 850.595.3440
Ambulance, Fire, Police
Central Dispatch 911

Santa Rosa County

Road hazards, debris, low hanging limbs
Public Works 850.626.0191
or submit a Citizen Work Order Request @
santarosa.fl.gov
Dead animals, vicious animals
Animal Control 850.983-4680
Malfunctioning traffic lights
Public Works 850.595.3404
or submit a Citizen Work Order Request @
santarosa.fl.gov
Ambulance, Fire, Police
Central Dispatch 911



510 Fairhope Avenue
Fairhope, AL, 36532
251-929-7060

Our 2021 Sponsors

Everyone should know that we could not do what we do without our support system. We are very grateful to these businesses and the individuals who made this happen!

We appreciate our Gold Sponsors—Subway® and Lloyd's Glass who, once again, signed up for this year.

Our Silver Sponsors are Primary Residential Mortgage Inc. (PRMI); Saltmarsh, Cleveland & Gund; AppRiver; Centennial Imports; and J. Chandler Custom Homes.

Our Bronze Sponsor is Salvator & Associates.

All of our sponsors have been with us prior to this year and it is through their commitment we were able to accomplish great things in 2021!



800.724.5277

Call for the location nearest you!



17 West Government St. Suite C
Pensacola, FL 32502
850.473.0070



Saltmarsh

Saltmarsh, Cleveland & Gund

CERTIFIED PUBLIC ACCOUNTANTS AND CONSULTANTS

900 N. 12th Ave.
Pensacola, FL 32501
850.435.8300



1101 Gulf Breeze Pkwy.
Gulf Breeze, FL 32561
850.932.5338



3050 Navy Blvd.
Pensacola, FL 32505
877.759.7297



www.Salvatorins.com
(850) 932-3459

Thank you to our 2021 Members as of November 1st!

Audra Adair	Lilly Driscoll	Dean Kelly	Brian Root
Karen Sue Allen	Brian Dube	Isaac Kelly	Richard Roselli
Ray Allen	Carl Duellman	Barbara Kerby	Matthew Salvator
James Amos	Aaron Duesing	Chris Kerby	Ed Sarfert
Chris Andrew	Ken Duff	Kevin Kropp	Tim Schossow
Edward Baker	Sandy Duff	Jason Laing	Lisa Schossow
Bill Barnard	Jason Ellington	Colette Landreneau	Doug Schroeder
LisaMarie Bartusik	Gerry Faw	Molly Lang	Joe Schuhbauer
Avi Bastajian	William Fisher IV	Michael Lang	Petra Schuler
Sarah Bastajian	John Floyd	Candy Lang	Larry Schultz
Joshua Bastajian	Troy Floyd	Randal Langley	Cynthia Scott
Chris Becker	Dana Foster	Paul LaRose	Eduardo Seoane
Bill Benson	Alvin Furtner	Thomas LeDew	Josh Sharpe
Luis Berrios	Jorge Gamarra	Ian Lintner	Stuart Shippey
Jonohon Berry	Jonathan Garcia	Phil Littrell	Alex Simmons
Dorothy Berry	Jason Gardner	Richard Loiselle	Rachel Smith
Jason Biel	J Douglas Gehman	Chris Macpherson	Rodney Smith
Jeff Bisson	Carol Gentry	Lloyd Maisonville	Sally Smith
Steve Blair	Sue George	Barbara Maisonville	Andrew Spencer
Kimberly Blair	Tracy Gilbert	Joann Massey	Amanda Stallings
Brandon Blanchard	Konrad Gill	Jay Massey	Lisa Stanley
Eric Blomberg	Craig Goad	David Mayo	Christine Sternjacob
Jeff Boulton	Ted Godfrey	Beverly Mayo	James Stinson
Jacquelyn Boulton	Ramie Gougeon	Vivian McDaniel	Kathy Stinson
Scott Boulton	Joan Grey	Sandra McGuire	Brian Stone
Ben Bowen	Vicki Grooters	Daniel McKeown	Michael Stone
Kelly Bowen	Michael Gross	Carey McKinney	Fritz Stoppelbein
Benjamin Bowen	Marty Haake	Terry Mead	Gene Strickland
Austin Bowman	Jim Hagon	Sally Miller	Cole Strickland
Thomas Braddock	Gregg Hansen	Fitzhugh Miller	Tim Sweeney
Robert Brady	Jeannie Harper	Dan Miller	David Sweet
Catherine Brankin	David Hartman	Gene Mitchell	Micheal Taber
Jim Britnell	Byron Havard	James Monroe	Timothy Talcott
Kathy Brockett	Stephen Hendrix	Michael Montgomery	Jon Tate
Dennis Bruens	Laura Henson	Thomas Moore	Jack Thompson
Jason Caddell	Teresa Hess	John Morgan	Michele Tierney
William Calvert	Eric Hester	Andy Mull	JR Tierney
Benjamin Capannari	Harry Hewson	Michael Mulvaney	Brian Tilton
Jeffrey Carden	David Hiott	David Murphy	Luke Trione
Fred Carlson	Scott Holmes	Jeff Murray	Martin Uraga
Corinne Carlson	Ron Hornbrook	Eric Nelson	Dawn Van Den Berg
Jeremy Carlson	Roger Hosmer	Roy Noble	Deed Vann
William Casler	Felix Hotard	Janet Noble	Bill Vest
Alastair Casler	Christopher Huffman	Mary Norris	Manuel Villanueva
Jason Cawby	Darla Huffman	Tim O'day	Stefanie Von Brock
Woody Chandler	Tom Impastato	Graydon Patterson	Ryan Von Brock
Brian Chiulli	Danny Irby	Skye Patterson	Robert Walker
Aaron Clement	Della Irby	Michael Percy	Michael Watkins
Bill Cocanour	Sarah Jansen	James Philpott	Harold Weber
Michele Coleman	Chris Jernigan	Trish Price	Kim White
Travis Coleman	Phyllis Johnson	Kirwan Price	Derek White
Alan Como	Tom Johnson	Robert Quina	Scott Whitney
Taylor Curry	Pamela Jones	Kenneth Rahaim	Patrick Willi
Jay Dahl	Doug Jones	William Rankin	Jeffrey Williamson
John Dolan	Don Jones	BettyLou Reid	Heidi Williamson
Larry Drake	Linda Jones	Stephen Reyes	Andrew Williamson
Bob Driscoll	Megumi Jones	Rachel Roberts	Bruce Wrede
Jane Driscoll	Casey Jones	Jack Robie	Angela Ziebarth
	Roger Kay	Jeff Robinson	

The Great Allegheny Passage

By Darla Huffman

The Great Allegheny Passage, or GAP as it is affectionately called, is a 150 mile biking and hiking trail that begins in Cumberland, MD and ends in Pittsburgh, PA. I can honestly say it is the most beautiful trail that we have ever biked and also the best maintained trail of this length that we have ever ridden.

Chris and I had the opportunity to ride GAP



with friends from college (Mark and Kathy Hodge) and found it be a phenomenal cycling experience!

The GAP is a Rails-to-Trails bicycle path that is a crushed limestone path. The C&O Canal Towpath ends in Cumberland and connects to the GAP allowing for an additional 184.5 miles of riding. The C&O Canal trail takes you from Cumberland to Georgetown, MD.

The C&O Canal trail is more rustic than the GAP and is not as well maintained. For this reason, and time constraints, we chose not to ride the C&O Canal and to concentrate our efforts on the GAP.



The GAP trail allows for lots of views of the Youghiogheny River. While we have ridden on trails that advertise they parallel a body of water, we have never been afforded the extensive views that we had of this beautiful Appalachian river.

Another benefit of this trail is that Amtrak has stops along both the C & O Canal Towpath and the GAP connecting Pittsburgh, Cumberland, and

Washington DC. We tried to take Amtrak back from Pittsburgh to Cumberland, but apparently the number of bicycle racks inside the passenger railroad car is fairly limited and the reservations fill up quickly.

There are numerous small towns that this path goes through or one can exit the path to explore. Most of these towns were coal towns at one time. How convenient for those who don't want to rough it on the trail and are in search of good food and accommodations that are more comfortable than camping.

There are quite a few Airbnbs along the route and that is where we stayed. We also found several restaurants and bars that were very small yet served delicious food. They catered to cyclists, which was a refreshing change.

Most of these restaurants had bicycle racks that were visible from their seating areas. Many of the restaurants had outdoor seating and the September weather made that a delight. We sampled Italian dishes with some pastas freshly made in a restaurant that sported eight total tables.



Of course, we had to eat Philly sandwiches, all of which were satisfying and made us happy.

One restaurant in Confluence, a town of about 700, told us that 80% of their business is made up of cyclists. They even close in October due to weather limiting cycling on the trail.

These cyclists must have discerning palates because the menu and the execution were high in style and flavor. The small grocery stores stocked a variety of foods that cyclists would enjoy, such as Cliff Bars, trail mix, Gatorade, and plenty of fresh produce.



One of the highlights of this trip was riding through Ohiopyle State Park. It is gorgeous. Ohiopyle has several eateries, souvenir shops, and a couple of good coffee shops. There are also hiking trails, kayaking, canoeing, and both rafting with guides on the boats and rafting with guides in kayaks while patrons steer the boats.

The Youghiogheny River has a very pretty waterfall that can be observed in the Ohiopyle State Park. White water rafting outfitters have rafting for beginning, intermediate, and advanced groups. The outfitters begin their trips in various places along the river with most of the trips concluding shortly before the waterfall at Ohiopyle.

Free overnight parking at the trailhead in downtown Cumberland is available. Beware that the parking is underneath the interstate highway and; therefore, RVs will not fit in the designated spots.

Pittsburgh was a little difficult to navigate. The city has great bicycle paths downtown that often require cyclists to ride against the flow of traffic on one-way streets.

This made me feel disoriented, especially at the intersections. The plus side is that they have traffic lights specifically for bicyclists! Fortunately, we met some cyclists who rode with us to the park where we had pictures made of the trail terminus.

If you want to ride this path, the trail guide, which is available for order on the [GAP website](#), was extremely helpful in planning our trip. For a different change of pace, and gorgeous views, I highly recommend riding the GAP.



Bikes Plus on 9th
6307 N. 9th Ave. #4
Pensacola, FL
32504

Bikes Plus
Downtown
194 N. Palafox St.
Pensacola, FL



RACHEL CRUISING AUSTIN.



RIDE MORE SHOP RIDE.

