

























Scratch Ankle Results!

Long Open Male Finishers

1	Eric Nelson	3:02:27.53
2	Daniel Vu	3:02:32.27
3	Luis Berrios	3:02:33.60
4	William Hudgens	3:03:10.64
5	Drake Lindsey	3:03:49.10
6	Leon Nevins	3:13:14.82
7	Sergie Castilland	3:13:52.25
8	Paul Brehm	3:17:40.14
9	Chris Davis	3:26:28.45
10	Anthony Scott	3:28:01.45

Long Single Speed

1	Flynn Whitehurst	3:30:04.31
•	T + 7 + 11 + T 1 +	0 50 55 10

2 William Robinson 3:52:57.12

Long Masters (40-49)

1	Pete Edmondson	3:12:21.12
2	Travis Coleman	3:17:42.13
3	Mike Sullivan	3:26:47.90
4	Sean Hulse	3:27:06.84
5	Domenick Risola	3:45:38.93
6	Brian Mathis	3:45:40.41
7	Mike Devincentis	3:48:50.89
8	Jason Nix	3:52:27.85
9	Ryan Elrite	4:25:12.77
10	Jimmy Williams	4:42:47.91
		(50,50)

Long Grand Masters (50-59) Female Finishers

1	Teresa Rose	3:29:49.65
2	Megumi Jones	3:30:03.91
3	Roxanne Smith	4:09:43.48

Long Grand Masters (50-59) Male Finishers

1	Turner Boone	3:12:38.87
2	Lane Pate	3:12:47.55
3	John Stamps	3:25:58.89
4	Buff Harsh	3:29:38.98
5	Greg Caldwell	3:30:09.16
6	Wayne Price	3:30:32.40
7	Tim Watley	3:31:45.31
8	John Schwab	3:39:38.67
9	Edward Duke	4:18:16.22
10	Bo Stacy	4:25:02.48
11	Alvin Furtner	4:30:09.74
12	Donald Newman	4:34:49.49
13	Bo Bozeman	4:40:12.53
14	Opie Carter	4:44:44.46
15	Brian Hvid	5:00:50.49
16	Daniel Franklin	5:11:06.55

Long Ultra Masters (60+) Female Finishers

1 Becky Loeffler 4:34:48.25

Male Finishers

1	Scott Ewing	3:17:40.13
2	Paul Kasper	3:29:54.87
3	Chris Daffin	3:44:10.62
4	Darryl Allen	3:45:22.57
5	Doug Jones	4:34:48.87
6	Eddie Sanders	5:00:51.69

Long Clydesdale

1	Merrill Smith	3:29:59.59
2	Gary Ruddell	3:45:46.94
3	Zachary Murzyn	3:56:16.41
4	Philip Bender	4:01:49.95
5	Jesse Ivarra	4:08:15.81
6	Duane Misko	4:15:54.65
7	Timothy Klausutis	4:25:01.17

Long Junior Female Finishers

1 Avery Strother 5:21:40.

Male Finishers

1 Nathan Holmes 3:52:10.42

SIMON SAYS BIKE

Chris and Andy Mull, Dustin Littledale, Kevin Castillo, Jonohon Berry and Ken Newman rode from West Florida to Key West for prostate cancer awareness. Presently, they have raised over \$15,000! It is still not too late to contribute to this awesome cause. Click here for more info and photos.





















Bike Pensacola



Bike Pensacola works to improve conditions for bicycling in Pensacola. They host regular Slow Rides and smaller group rides and activities. Their vision is for Pensacola to be America's most joyful place to bike.

Fifteen representatives from the City of Pensacola, Bike Pensacola, Ciclovia Pensacola, and West Florida Wheelmen teamed up for Bike to Work Day last Friday with a group ride from Dunwoody Park to City Hall!









PORC TOUR DE TACO.







JASON SCORES A HAT TRICK.

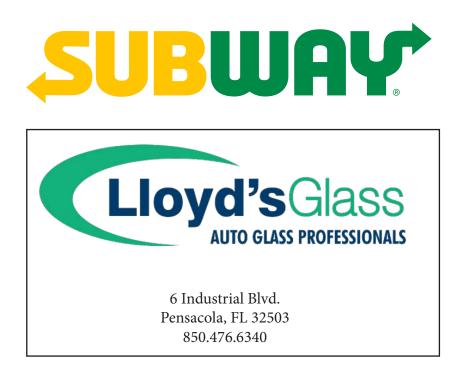
Thank you to our Sponsors!

Wow. We are privileged to announce the addition of Zarzaur Law as a Gold Sponsor for 2022! Zarzaur Law joins Subway[®] and Lloyd's Glass who once again have signed up to pull us through another season.

We also have new and renewing Silver Sponsors! The Paint & Body Shop of Pensacola and Globe International have become partners with the West Florida Wheelmen for 2022. In addition, Primary Residential Mortgage Inc. (PRMI); Saltmarsh, Cleveland & Gund; Centennial Imports; and J. Chandler Custom Homes have committed to yet another year of growth and direction within our club.

Thank you also goes out to Salvator & Associates Insurance Agency who renewed their Bronze Sponsorship!

Each one of these sponsorships was made possible through the dedication and work of WFW members who work, own or are an important element in these companies. Thank you for making this happen!





100 Palafox PL. Pensacola, FL 32502 850.444.9299

Our Silver Sponsors!



Primary Residential Mortgage, Inc.

Saltmarsh, Cleaveland & Gund

17 West Government St. Suite C Pensacola, FL 32502 850.473.0070

CERTIFIED PUBLIC ACCOUNTANTS AND CONSULTANTS

850.435.8300

Saltmar





900 N. 12th Ave. Pensacola, FL 32501

3050 Navy Blvd. Pensacola, FL 32505 877.759.7297





Our Bronze Sponsor!





Memorial Day Weekend May 27th - 29th

Georgetown, Kentucky



Register's Annual Great Bicycle Ride Across Iowa July 23-30, 2022



North Little Rock, Arkansas

Saturday, Sep 24, 2022



Battleship Ride 2022













oin the peloton for <u>2022 Membership</u>! We are planning on having divided group rides and other events throughout the year including special meet-ups.

Now would be an excellent time to review your goals for 2022. If your goal is to complete a century, your objectives should be to complete 40, 50, 60, and 75 mile rides. Many of our rides fit into these distances, but we all have to stay at it.

This is a great opportunity to control your weight and improve your immune system as we approach the spring! As you noticed, we published our first leaderboard of 2022. Now is the time to compete with your friends or just yourself. Try to

move up a place or two before the next Cycling News issue.

In order for us to tally your miles, please join us on Strava by asking to join the <u>WFW</u> <u>Strava Club</u>. Remember,



you have to be a Wheelmen member to join.

The West Florida Wheelmen club exists because of you and me and our love to ride our bikes. WFW is always open to new ideas so, please feel free to reach out to any of your board members. You can email us at <u>membership@</u> westfloridawheelmen.org_or check out our club website at <u>westfloridawheelmen.org</u>. We are also on <u>Facebook</u>, <u>Twitter and Instagram</u>.

You always have a voice and we encourage our membership to be involved. Presently, the board meetings are being held at our president's home. If you would like to attend one of these meetings, please contact Jon Tate at <u>president@</u> <u>westfloridawheelmen.org</u>. (This helps us in knowing the numbers for attendance.)

Lastly, we appreciate you—our members! Thank you for sharpening each other, and keeping each other safe during this time. Our club would not exist without you!

SUBWAY

Membership and its Privileges

- Several weekly rides which are published in this issue.
- Supplemental accidental insurance coverage on all WFW rides.
- Membership in Ride with GPS to download routes and acquire turn-by-turn navigation. This is a \$60 value.
- 10% off at participating bike shops.
- Complimentary use of three bike travel cases.
- Make our voice stronger for cycling advocacy, safety and public education.
- Receive a bimonthly newsletter with all the local cycling news, rides, special events, etc.
- Free use of Theragun Elite[®] massager.
- Free use of portable PA system.
- Be invited to several fun social events throughout the year.
- Participate in our published leaderboard.
- WFW has several events on the calendar for 2022 such as our Battleship Ride (this week), Memorial Day Ride, Bike Ride Across Georgia, Tour de Beach, Ride of Silence and others to be announced.
- The Monday Meander and Wednesday Worlds began this week also.
- Please look out for information on our club kit for this year.
- And always, additional rides will be added monthly.

Here is the link for 2022 West Florida Wheelmen membership! Please take a moment, click on the link and sign up!

RENEW

westfloridawheelmen.org



Bicycle & Pedestrian Safety Law Recap

Reprinted from Florida Bicycle Association Jim Dodson https://floridabicycle.org/2021/07/bicycle-pedestriansafety-law-recap/

For far too long Florida has led the country in the number of injuries and fatalities suffered in bicycle crashes. Fortunately an effort to mitigate that sad statistic and to increase safety for cyclists on our roads is being made.

The state legislature has passed a new bicycle safety law [F.S. 316.003] effective July 1, 2021, and the following is a seven-point summary of its key features. Some of the features are new and some are tweaks to existing law.

- Vehicle drivers overtaking a bicycle, electric bicycle, or non-motorized vehicle occupying the same travel lane or bike lane must pass the bicycle at a distance of at least 3 feet. If motorists cannot safely make such a pass, then they must remain at a safe distance behind the bicycle until they have a 3-foot buffer space and can safely clear the rider.
- In no-passing zones, drivers may briefly drive to the left of the center of the roadway and/or a double yellow line to pass a bicycle or other non-motorized vehicle or electric bicycle.
- At right turn intersections, when drivers are overtaking and passing a bicycle rider proceeding in the same direction, they must make the turn as close as practicable to the right-hand curb or edge of the roadway. They must also signal and make the turn only if the cyclist is at least 20 feet from the intersection. That is what the state legislature has determined to be the distance required for a safe turn, hopefully preventing right-hand hook crashes. In my view this distance is far from adequate in the real world.
- Cyclists intending to turn left in an intersection are entitled to the full use of



the lane from which the turn may legally be made. They must, whenever possible, make the left turn in that part of the intersection to the left of the center of the intersection.

- If a bike lane is available, cyclists must ride in it.
- When cycling on a roadway or in a bike lane, riders may not ride more than two abreast except on a designated bicycle path. If the bicycle lane of a roadway is too narrow to allow two persons to ride abreast, they must ride single-file within the bike lane. On roads that are substandard in terms of width cyclists may temporarily ride two abreast only to avoid hazards or to overtake another cyclist.
- When cyclists riding in a group stop at a stop sign—after coming to a full stop and obeying all traffic laws—they may proceed through the stop sign in a group of 10 or fewer at a time. Motorists are required to allow such a group to ride through an intersection before proceeding.



Paul Weise with Alberto Cantador on L'Etape San Antonio.



Bikes Plus on 9th 6307 N. 9th Ave. #4 Pensacola, FL 32504

Bikes Plus Downtown 194 N. Palafox St. Pensacola, FL

Thank you to our 2022 Members as of 5.23.2022

We have over 220 members signed up for this year!

James Amos Jill Amos Niels Andersen Chris Andrew Jill Awkerman Andrew Baggett Edward Baker Joel Balistreri Guy Bartlett LisaMarie Bartusik Avi Bastajian Joshua Bastajian Susan Bastajian Sarah Bastajian Mike Bennett Jonohon Berry Dorothy Berry Jeff Bisson Steve Blair Kimberly Blair Brandon Blanchard Eric Blomberg Jeff Boulton Jacquelyn Boulton Jennifer Boulton Scott Boulton Thomas Braddock Jim Britnell Kathy Brockett Jason Caddell Mark Calvert Fred Carlson Mark Carr William Casler Alastair Casler Jason Cawby Carol Ann Chandler Woody Chandler Brian Chiulli Travis Coleman Michele Coleman **Bobby Cooley** Taylor Curry Andrea Dagostino John Dagostino Danny DeWitt John Dolan James Dominy Larry Drake Aaron Duesing Alan Duff Kenneth Duff Sandra Duff Rvan Elrite Karen Emmanuel Gerry Faw Vince Flores

John Floyd Dana Foster Alvin Furtner Jorge Gamarra Douglas Gehman Carol Gentry Sue George Tracy Gilbert Konrad Gill Ramie Gougeon Joan Grey Michael Gross Carol Gross Marty Haake Jim Hagon Mary Jeannie Harper David Hartman Byron Havard Laura Henson Rand Hicks David Hiott Scott Holmes Roger Hosmer Felix Hotard Christopher Huffman Darla Huffman Tom Impastato Jesse Ivarra Sarah Jansen Phyllis Johnson LeRoy Johnson Megumi Jones Casey Jones Pamela Jones Doug Jones Don Jones Linda Iones Scott Kerbow Jennifer Kerbow Barbara Kerby Chris Kerby Michael Kickliter **Timothy Klausutis** Michael Kohler Kat Kowar Kevin Kropp Jerry Lagos Colette Landreneau Michael Lang Candy Lang Steve Larkin Paul LaRose Eric Larson Mike Larson Glenda Larson Timo LaTour James Laughlin

Thomas LeDew Jordan Legg David Lewis Ian Lintner **Richard Loiselle** Joshua Lute Llovd Maisonville Barbara Maisonville Evan Malone Peter Marco Joann Massey David Mayo Beverly Mayo Daniel McKeown Carey McKinney Terry Mead Sally Miller Fitz Miller James Monroe Mike Montgomery Mercedez Montgomery Tom Moore John Morgan Andy Mull Bill Mundy Matt Munson Brian Murley David Murphy Eric Nelson Jason Nix Roy Noble Janet Noble Christian Notte Carey Oberholtzer Katherine Owen Graydon Patterson Michael Percy Jay Philpott Tim Price Robby Quina Stephen Reyes Carolyn Riggs Jack Robie Jeff Robinson Richard Roselli Jacob Ruiz Matthew Salvator **Eddie Sanders** Ed Sarfert **Robert Sauls** Tim Schossow Lisa Schossow Doug Schroeder Joe Schuhbauer Petra Schuler Larry Schultz Josh Sharpe

Stuart Shippey Michael Sims Kaylie Sims Natasha Skrypek Rodney Smith Sally Smith Amanda Stallings Lisa Stanley Margaret Stanny Marsha Stanton Lee Stevens Kathy Stinson James Stinson Brian Stone Jonathan Stone Mindi Straw Cole Strickland Gene Strickland David Sweet Micheal Taber Jennifer Talley Ion Tate Josh Taube Jack Thompson JR Tierney Michele Tierney Brian Tilton **Charles** Trinque Missy Trinque Luke Trione Dawn van den Berg Deed Vann John Viglione Pam Viglione Stefanie Von Brock Ryan Von Brock Robert Walker Dean Ward Michael Watkins Harold Weber Holly Weber Kim White Derek White Paul Wiese Jeffrey Williamson Heidi Williamson Andrew Williamson Tildon Williamson Jennifer Williamson Mark Wilson Bruce Wrede Clark Youngblood Angela Ziebarth





59 E. Gregory St. Pensacola, FL 32502 850.912.8805 ridemorebicycles.com

Call for Help!

Here is a list of numbers and contact information which will come in handy (probably this week) when you are cycling.

Outside of City limits on State Routes

Road hazards, debris, low hanging limbs Department of Transportation850.981.3000 Ferrovial Road

Pensacola

Road hazards, debris, low hanging limbs
Public Works
Dead animals, vicious animals
Animal Control
Malfunctioning traffic lights
Public Works 311
Ambulance, Fire, Police
Central Dispatch

Gulf Breeze

Road hazards, debris, low hanging limbs
Public Services
Dead animals, vicious animals
Animal Control
Malfunctioning traffic lights
Public Services
Ambulance, Fire, Police
Central Dispatch

Santa Rosa Island Authority Pensacola Beach

Road hazards and debris

Milton
Road hazards, debris, low hanging limbs
Public Works
Dead animals, vicious animals
Santa Rosa Animal Control 850.983.4680
Malfunctioning traffic lights
Public Works
Ambulance, Fire, Police
Central Dispatch 911
Escambia County
Road hazards, debris, low hanging limbs
Pubic Works
Dead animals, vicious animals
Animal Control
Malfunctioning traffic lights
Public Works
Ambulance, Fire, Police
Central Dispatch
Santa Rosa County
Road hazards, debris, low hanging limbs
Public Works
or submit a Citizen Work Order Request @
santarosa.fl.gov
Dead animals, vicious animals
Animal Control
Malfunctioning traffic lights
Public Works
or submit a Citizen Work Order Request @
santarosa.fl.gov
Ambulance, Fire, Police



510 Fairhope Avenue Fairhope, AL, 36532 251-929-7060

