



NORTHWEST FLORIDA/EASTERN SHORE

April 2023

Cycling News

Keeping you informed and upright!

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Board of Directors and email links

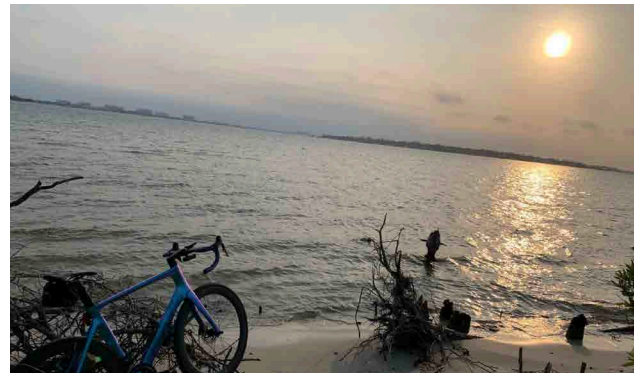
President.....	Jeff Williamson
Vice President	Michael Gross
Treasurer, Kits	Jeff Boulton
Secretary/Recorder	Karen Emmanuel
Membership, Newsletter. .	Christopher Huffman
Advocacy	Konrad Gill
Ride Coordinator.....	David Mayo

Message from the President

We are off to a great start for 2023. Presently, we have over 175 members who have signed up or renewed for the year. Thank you and please take a moment to register by clicking the logo on the next column if you haven't renewed yet.

We are preparing for the annual Ride of Silence and your membership helps us greatly in paying for the billboards and officers who will escort us. We all want safer streets and for drivers to be aware of cyclists on the streets. By signing up or renewing your membership, you help us all in taking the message to our neighbors.

Our Couch to 100K group begins in two weeks. The program is for riders who are beginners or are looking in getting back on the bike. Please reach out to your family and friends who are looking for a safe and healthy alternative to becoming a sofa spud. There is additional information on C2CK on page 5.



HANG 10 OR 24.

PHOTO CREDITS JEFF ROBINSON.

Presently, we have ordered new tech shirts. Thank you for your patience as we ran out of smalls and mediums. We will get the shirts to those who ordered them soon after we receive them in three weeks. The new look and design may be found in this issue.

We are designing our new kits so be on the lookout for ordering information soon.

Our new waterbottles are available at \$12 each. Chris and I will take them to our rides, so bring your cash. If there is a lot of interest in the bottles, we will do a re-order.



Check out the photos in this issue on the Battleship Ride and other events from around the area. Also, make plans to participate in The Lost Bay Loop Century on the 29th of this month. This is open to all Wheelmen at no cost. To register, simply sign up by renewing your membership.

I am excited to introduce Running Wild as a Silver Sponsor this year and Tri Gulf Coast is helping sponsor our Ride of Silence again.

In closing, please watch out for new traffic signage and traffic patterns. The city has placed new stop signs on Langley Ave. and we want to be good examples to our neighbors.

Thank you and please feel free to reach out to me with any suggestions for this year. —Jeff W.

Battleship Century





TJ Coleman

Scratch Ankle XL. Brutal conditions from beginning to end. It was perfect. #Anthonyhatespeople

Distance	Elev Gain	Time	Achievements
170.91 mi	7,149 ft	14h 8m	🏆 3

Buck Righteousness

Scratch Ankle XL, midnight start

Brutal conditions through the night, just enough rain hours before the start to turn the roads into mushy sand. Fortunately the 20+ water crossings did not start until after the sun had risen. Low 40's up to the 60's with a 15mph variable wind out of the north(?). Temperature and wind do not follow normal rules in this part of the world.

Distance	Elev Gain	Time	Achievements
169.98 mi	8,176 ft	17h 6m	🏆 4



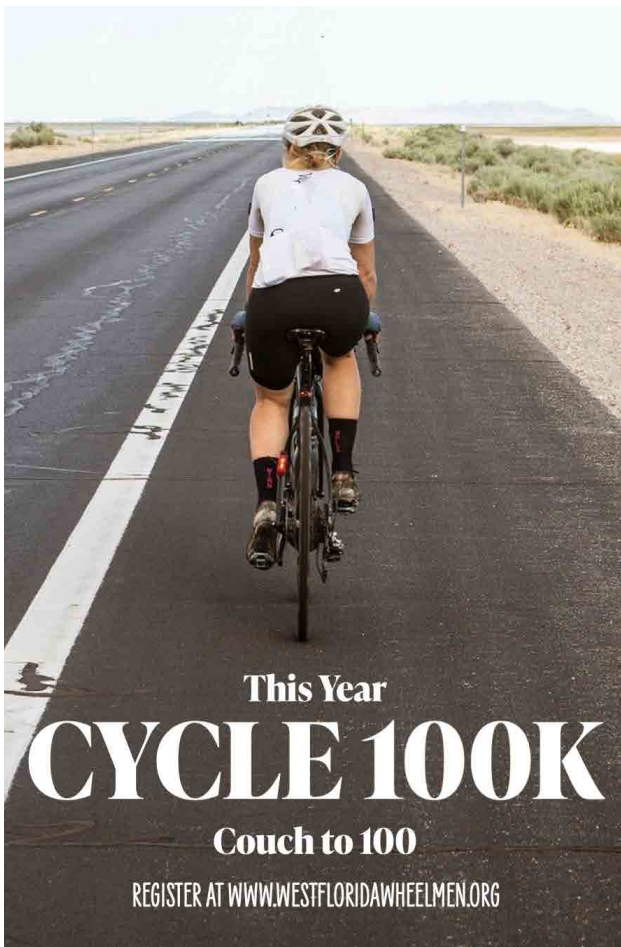
Leaderboard as of April 3



Don't fade away! Please remember to renew so you and your miles do not disappear. It doesn't matter where you live, it matters how much you roll. If we are missing you on the leaderboard, please direct questions to membership@westfloridawheelmen.org

Joe Schuhbauer	3558	Timothy Klausutis	1168	Laura Henson	459	John Floyd	147
Bob Walker	3410	Micheal Taber	1135	Scott Boulton*	454	Brad Plante	136
Mike Bennett	2794	Guy Bartlett	1129	Fernando Coy	447	Mary Norris	134
Jorge Gamarra	2759	Jeff Bisson	1111	Deed Vann	440	Marco Barlow	126
Rachel Roberts	2740	Andrea Dagostino	1100	Kathy Brockett	412	William Casler	126
Rachel Smith	2740	Richard Roselli	1091	Luke O'Neill	410	Thomas Fischer	124
David Hartman	2493	Larry Drake, Jr.	1065	Felicia Lett	404	Mark Carr	117
Lloyd Maisonville	2308	Chris Becker	1059	Jesse Ivarra	401	Perry Vath	114
Barbara Kerby	2284	Steve Marmillion	1053	Steve Larkin	401	Brandon Blanchard	113
Megumi Jones	2250	John Viglione	1037	Ioane Delacruz	395	James Crittenden	111
Bill Mundy	2186	Doug Schroeder	1024	Timothy Price	383	Troy Floyd	107
T.C. Moore	2165	David Mayo	1016	Tim Schossow	361	Brian Root	106
Michael Gross	2150	Pam Jones	1007	Jason Cawby	348	Mark Calvert	104
Michael Watkins	2043	Jon Tate	1007	David Huhn	337	Michele Coleman	103
Terry Mead	2002	Tom Impastato	976	Molly Lang	327	Drew Pemberton	103
Russell Fortune	1971	Miles McDaniel	960	Brian Chiulli	312	Mike Larson	100
Luke Trione	1950	Carol Gentry	952	Tracy Gilbert	309	Bruce Pope	93
Derek White	1840	Joel Balistreri	939	Jerry Lagos	302	Rodney Smith	93
Eric Larson	1819	Bruce Wrede	939	Roy Noble	301	Katherine Owen	89
Jeff Robinson	1792	Jeffrey Williamson	930	Roderick Mitchell	299	Casey Jones	84
Gerry Faw	1784	Robby Quina	925	Jason Caddell	286	Taylor Curry	77
Lisa Stanley	1743	Seth Christian	879	Natasha Skrypek	284	Flormina Delacruz	76
Kathryn Boylan	1680	Carey Oberholtzer	855	Jeannie Harper	282	David Hiott	68
Robert Pike	1679	Scott Holmes	848	Kimberly White	269	Robert T. Harden	66
Josh Taube	1657	Christian Notte	824	Alan Como	244	Jacquelyn Boulton	59
Jay Philpott	1656	Charles Trinqu	818	Kathy Stinson	233	Charles Overholt	59
Matthew Kim	1629	Michael Percy	799	Kevin Kropp	229	Eric Blomberg	54
Marcus Lackey	1614	Ryan Elrite	796	Niels Anderson	225	James Fritschle	53
Ed Sarfert	1604	Jeffrey Boulton	760	Nestor Arguea	211	Josh Sharpe	52
Marty Haake	1579	Carol Gross	725	Michelle Moore	201	Lisa Schossow	51
Doug Jones	1564	Paul Wiese	687	Andrew Baggett	190	Jeremiah Wiesner	48
Vince Flores	1550	Robert Brady	658	Ned McWilliams	187	Jennifer Spies	41
Steve Hilliard	1544	Mario Purifoy	658	Frankie Guzman	183	Tom Pusateri	40
Travis Coleman	1514	Clark Youngblood	656	Alvin Furtner	182	Ron Hornbrook	37
Dean Ward	1459	Jade Brown	625	Kimberly Blair	181	Carey McKinney	36
Robert Wetherington	1439	Stefanie Von Brock	617	Sarah Jansen	177	Jennifer Kerbow	34
Paul Larose	1419	Ryan Crisco	613	Jack Robie	173	Kelly Fahnestock	33
Dennis Bruens	1414	Thomas LeDew	613	Pam Viglione	172	Newton Knight	31
Terrence Nash	1403	Bill Vest	591	Grant McDonald	167	Daniel McKeown	25
Fred Carlson	1394	Richard Loiselle	573	Felix Hotard	162	Danny DeWitt	23
John Dagostino	1380	Taylor Milleson	573	Gene Strickland	158	Matt Munson	17
Glenn Rudolph	1355	David Sweet	561	Andy Williamson	157	Scott Kerbow	14
Barbara Rudolph	1355	Stephen Reyes	555	James Dominy	152	Andy Mull	14
Stuart Shippey	1352	Christopher Huffman	550	Konrad Gill	151	Barbara Maisonville	6
Michael Kickliter	1336	John Morgan	549	Darla Huffman	151	Teresa Hess	6
Jason Gardner	1314	Victor Lett, Jr.	541	Amanda Stallings	148		
Dom Risola	1300	Jonohon Berry	519				
Stephen Hendrix	1283	Chris Macpherson	512				
Timothy Hickey	1269	David Murphy	510				
Graydon Patterson	1265	Eric Nelson	487				
LeRoy Johnson	1251	Chris Andrew	473				
Ian Lintner	1233	Tommy Braddock	472				
Larry Schultz	1175	Douglas Gehman	461				





Couch to 100K
Beginning April 17th 5:30 PM
Summit and Jerry Maygarden

Have you wanted a program to get you up and on the road? Many of our members are C, D and E group riders meaning they ride at a slower pace.

We are partnering with Trek Bicycle Store to offer the opportunity to build your strength and endurance with little or no experience in road cycling.

The initial cost of the program is membership with the WFW and you will be expected to ride three times a week. Two of those rides will be with experienced cyclists from our club.

If you have been off the bike for a while or you simply want to ride further and stronger, show up on April 17 at 5:30 PM at Summit and Maygarden. The C2CK group will start after a brief introduction and ride 8-10 miles at a 12 MPH pace.

For more information, contact Chris at membership@westfloridawheelmen.org



Sunset Ride on Pensacola Beach!
Sunday, April 29, 2023
Roll out at 6:45 PM if weather permits
 1336 Fort Pickens Rd, Pensacola Beach

Don't miss this super scenic cruise ride which is great for the family on this beautiful secluded part of Pensacola Beach. Any kind of bike will be fine on this 15 mile round-trip to the Fort and back. Bring your lights and pass or \$10 in case needed for the park entry. We usually have enough passes to cover everyone, if there is a park ranger at the gate (usually there isn't).

Start/Finish at [Park West parking lot](#) - Soundside

We will stop and regroup at the Ft. Pickens fishing pier and watch the sunset before returning back to the parking area.



May 17, 2023
5:30 PM
Pensacola State College





NEW TECH SHIRTS.
SHOULD ARRIVE BY APRIL 26.
\$15



RIDING TO THE MIGHTY A!
PHOTO CRED. JEFF ROBINSON



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PENSACOLA  FLORIDA

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Pensacola, FL 32501
850.912.6858

www.trekstoregulfcoast.com



A big benefit of membership in the West Florida Wheelmen Club is Ride with GPS. All WFW members have free access to Ride with GPS premium navigation features on all club routes and events. This enables Wheelmen members to download turn-by-turn navigation on their cycling computers or smartphones.

Features Include:

- Voice navigation in the Ride with GPS mobile app
- Offline maps in mobile app
- PDF maps and cue sheets
- Advanced turn notifications with TCX files
- Estimated time of route

[Club Account Member Benefits Page](#)

How do I get this?

Step 1: [Join/Re-join WFW](#) (if you are already a WFW member, skip to Step 2).

Step 2: [Join the WFW Club account w/ Ride with GPS.](#)

Step 3: You will receive an email from our club administrator to activate your membership.

That's all you need to do! So for just a \$35 (\$50 family) WFW membership, you will receive this helpful RWGPS benefit (\$60/yr value!) plus all of our other benefits!