

NC Cooperative Extension
Transylvania County Center
4-H Youth Development
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4-H Newsletter

March 2019

Transylvania County, NC

Mark your Calendar!

Mary Arnaudin

Adverse Weather Policy:

4-H meetings follow the Transylvania County Schools closings. If the schools are closed, the 4-H program is postponed or cancelled.

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For accommodations for persons with disabilities, contact Mary Arnaudin at 828.884.3109 no later than five business days before the event.



West District 4-H Teen Retreat – March 30-31 at Blue Ridge Assembly. All youths ages 13-18 are welcome. An exciting time filled with workshops, recreation time, a dance, and officer elections. Workshops include team challenges, public speaking, coding, photography, Cherokee language, 4-H livestock opportunities, interviewing, hiking savvy, and first aid. All this, a t-shirt, 4 meals, and lodging for \$105. *Deadline to register/pay is March 15.* Email Mary_Arnaudin@ncsu.edu for forms.

4-H Family Night – Tuesday, April 23 at Transylvania County Library/Rogow Room. An evening to showcase each club's activities and recognize achievements. Pizza will be served. Time: 5:30 – 7:00pm. Look for more info in the April 4-H News.

4-H Presentations and Talent Showcase

It's time to decide your presentation topic and/or talent act for County Day!

Let Mary know what you plan to do by April 1st.

County Day is Friday afternoon, May 17 from 3:00 – 6:00pm at the Extension Center.

District Day is Saturday, June 15 in Marion, NC. (you must present at district day to earn 4-H scholarships to camp or 4-H Congress)

State Finals are in Raleigh at NC State University on Saturday, July 20.

Presentation Help Sessions in March: March 12 and 20 from 3:30 – 5:00pm at the Extension Center. Email Mary_Arnaudin@ncsu.edu to sign up. If you can't make those, contact Mary to set up another time.



Teen Council Swearing In Officers Ceremony

Club News



Jr. Horse Club - for ages 9 to 13; Leaders – Cressa Megown & Susan Huter
Last time: We visited **Tom Thomas**, a member of Backcountry Horsemen. Tom educated the group on the benefits and fun with using pack animals. Our members learned how to load the animal and had a chance to attempt it themselves.

Next time: **We have moved our meetings to the first Monday of the month.** We will be meeting Monday, March 4 at 4.30 pm at the Cooperative Extension. We will be building our display presentation for the upcoming 4-H Family Night. Bring any photos, supplies, and ideas we can educate and excite others about our club.



“March Mondays” Cooking series – for middle schoolers

We will kick off our first Monday with **Shannon Lally**, our Americorps Service Member, who will teach us to make an Irish bread. Meet in the Learning Lab/kitchen at the Extension Office from 3:30-5:30 on March 4th.



Farm Fun – for ages 8 to 12; Leaders – Liz Menis & Sara Freeman

Last times: In February, we used our handmade paper and paper crafts to make Valentines for the Transylvania Heritage Museum volunteers and our families. We also had sudsy, clean fun making soap.

Next times: We will meet on March 14th and 28th at the Museum at 4:00 pm. The new spring exhibit features spinning, weaving, and quilting! We're looking forward to learning a lot about fiber arts and maybe even trying our hand at a few crafts. It's also time to plant our spring garden



RES Aggies for grades 1-3. Full at this time. Leaders – Heather McNeely & Stephanie Bell

Last time: We collected lots of rice to donate this past month. Thanks to **Julie Queen** for a great lesson that taught us about rice production.

Next time: We will meet March 21st after school. Mrs. McNeely will email us with the topic for March.



Backwoods Broadheads 4-H Club

As we are busy preparing for our school tournament, we are not meeting in March, but will resume our 4-H meetings in April.



International Cooking – for up to eight high school students

Next time: Meet at the Extension kitchen on Tuesday, March 5 at 3:30 pm to cook Italian with Caroline Williams – from The Admiral restaurant!



SciGirls – limited to 10 participants ages 9 to 12. Cost: \$10/girl

Nonnie Culipher from PARI taught us to recognize constellations and how to make our own star viewer that projected a constellation. We then went outside to locate constellations and discussed the harmful effects of light pollution.

Next time: Meet Tuesday, March 26 at 6:00 – 8:00pm at the Extension Center to conduct some Kitchen Science experiments. Cost is \$10/girl due on arrival. Email

Mary_Arnaudin@ncsu.edu or call 884-3109 to register by March 20.



4-H Teen Council - – submitted by reporter Marli Cohen

Last times: During their first meeting in February, the members of the 4-H Teen Council were led in the ceremony of the officers' installations. The officers took pledges to show their commitment to the 4-H Teen Council and their office. At the last meeting, the members discussed the subjects they wanted to learn about, the organizations they wanted to serve, and the fun activities they wanted to participate in.

Next times: In the next meeting (March 13 at 5:15pm), the 4-H Teen Council will be helping Cjon Conley with his campaign for West District 4-H teen council president. The last meeting of March, on the 27th, will consist of finalizing the council's plans for the rest of the year.



Little River Club – Meets at Community Center - contact: Martha Blythe

Last time: We had fun at our last meeting role playing how to use our knowledge of first aid that we have learned. The Heimlich Move was the favorite. We had three 4-Hers attend an informational meeting and apply for the Dairy Calf project. We will soon learn if they are picked for a calf to raise and show at the WNC Fair.

Next times: Our next meetings will be March 5th and 19th. We have several more things to learn and will then put together our first aid kits. We hope to visit the Brevard Rescue Squad and learn about the equipment they use. We're looking forward to spring.

Important Dates for 4-H 2019

4-H Teen Retreat: March 30th-31st in Black Mountain

4-H Family Night: Tuesday, April 23rd in Rogow Room, Transylvania County Library
Important Dates for 4-H 2019, continued

AIRE application: (Application, Interview, Resume, and Essay contest) for ages 11-18; written parts due by May 15th

County Presentation Day: May 17th at Community Services Building Presentation age groups: 5-7; 8-10; 11-13; 14-18

West District Activity Day: Saturday, June 15th in McDowell County

County Group at 4-H Camp: Betsy-Jeff Penn – June 30th – July 5th
(\$50 due in February)

4-H Congress in Raleigh: July 19th - 23rd

State Presentation Contest July 20th

4honline: All should be enrolled online by end of March 2019



RES Aggies 4-H Club learned how rice is produced



SciGirls making constellation projectors



Farm Fun Valentines Card



Junior Horse Club members learning to pack