

The City of Richmond's 2022 Health Assessment Initiative starts July 1 and ends Aug. 31, 2022. To receive a reduced healthcare premium rate in 2023, employees, retirees currently carrying retiree medical, and spouses who are enrolled in a Cigna medical plan MUST complete the online health risk assessment between July 1 and Aug. 31, 2022. If you elect coverage for your spouse, you both will need to complete the Health Assessment to be eligible for the premium incentive.

WHAT YOU NEED TO DO: Schedule your wellness visit and get your biometric numbers ready: height, weight, waist circumference, blood pressure, Total cholesterol and HDL cholesterol.