

Wellness Weeks Volunteers Needed

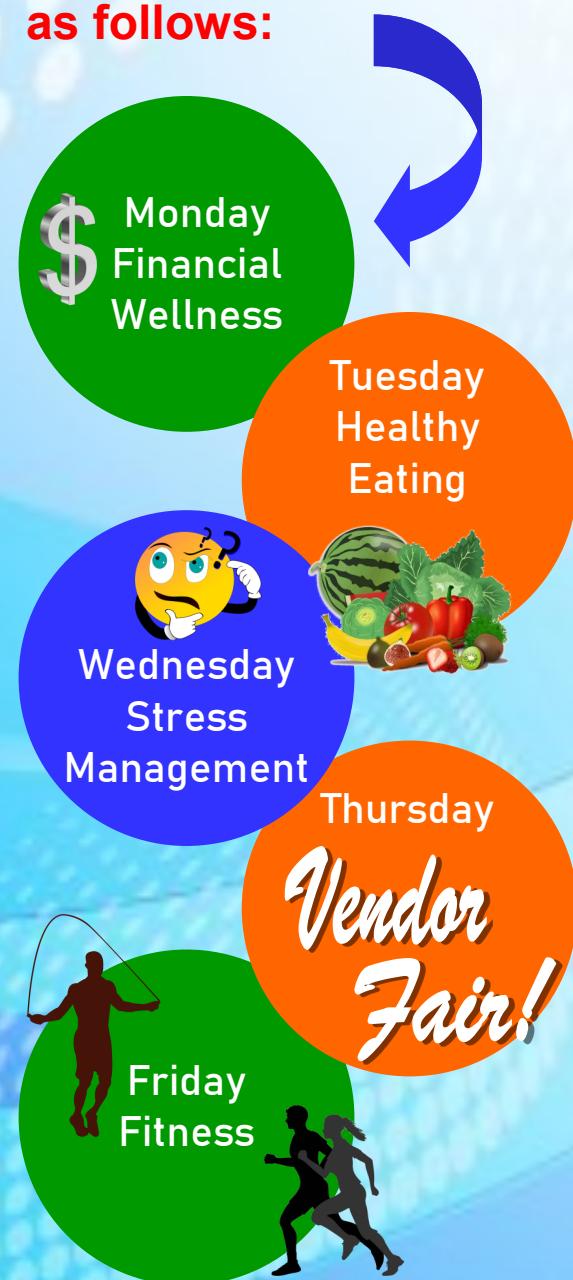
COR EMPLOYEE

'WELLNESS WEEKS'



SEPTEMBER - OCTOBER 2019

Each week will run as follows:



Hi, my name is Christina Higgs, the COR Acting Health & Wellness Coordinator.

Instead of the annual "Health Fair", the City will be hosting "**Wellness Weeks**" at different locations with the hopes of reaching MORE employees and offering various activities.

Details

Weeks run as follows:

September 9-13

DPU Op Center (400 Jefferson Davis Highway)

September 16-20

Richmond Police Academy (1202 West Graham Road)

September 23-27

City Hall (900 East Broad Street)

September 30 – October 4

DSS-Southside Plaza (4100 Hull Street)

October 7-11

City Hall (900 East Broad Street)

We are in need volunteers each day Monday-Friday for; set up, vendor registration, employee registration, wellness incentive form, incentive table, exit tables, clean up, and floaters at each event.

Shifts will run in increments of 2hrs from 9am-4pm.

Due to changes of the event, there will not be lunch provided.

Please let me know if you are interested including your T-Shirt Polo sizes.

Thank you for your help,

Christina A. Higgs, Management Analyst, Associate

City of Richmond Department of Human Resources

900 East Broad Street, Room 902 • Richmond, Virginia 23219

(804) 646-4705 (office) • (804) 646-6856 (fax)

christina.higgs@richmondgov.com