



Who is surviving the Holidays?

**Sunday,
November 2
3:00 p.m. ~ 5:00 p.m.**

Call the church to
reserve your book
and materials.

Trinity United Methodist Church
6125 Blandville Road at the flashing light
Paducah, KY 42001 [270-534-9516](tel:270-534-9516)
Pastor, Rev. David Garrett

"People love being validated that the holiday difficulties are not unique to them, that there is a community of people who understand."

Mel, GriefShare leader

For people who have lost a loved one, the Thanksgiving and Christmas season can be bleak.

Jim Smith, GriefShare facilitator, will be leading this event and minister to the need to find hope. Participants will be given support, understanding, and useful tools to navigate their grief through the holidays.

Small group discussions are voluntary and each participant will receive a survival guide with encouraging tips, valuable tools and scripture.

Is there someone in your community, perhaps a neighbor, extended relative, who might benefit from attending?

