



10 Ways To Honor The Fallen on Memorial Day Weekend

Memorial Day is a day to honor those courageous men and women who have served and given their lives for the causes of freedom, liberty, and peace. Here are just a few things/possible club projects you can do to honor Memorial Day and pay respects to our fallen heroes.



1. **Pocket Soldier:** When you attend a Memorial Day picnic or event, bring a basket of pocket soldiers with a sign: "Please take a soldier home and place it somewhere that will remind you to pray or provide a moment of silence in honor and remembrance of the sacrifices made by our military service members of the past."

2. **Volunteer to lay flowers or plant flags at your local Veterans cemetery.** Did you know Memorial Day was originally called Decoration

Day? After the Civil War, it was designated as a time to decorate the graves of fallen soldiers with flowers. By the 20th century, the day became known as Memorial Day and was extended to honor all Americans who have died in Military service.

3. **Sponsor a thank-you bouquet.** If you're unable to volunteer your time to decorate graves, consider sponsoring a bouquet of flowers through the Memorial Day Foundation, which lays the bouquets at a War Memorial of your choice. You can also include a "thank you" message or dedication with your donation, which is delivered with the bouquet.
4. **Provide financial support for families of the fallen (USO).** The USO and the Tragedy Assistance Program for Survivors (TAPS) provide financial and emotional support to bereaved spouses and children of troops who have died serving their country.
5. **Watch the National Memorial Day Concert** Tune in to your local PBS station to see incredible tributes.

6. **Fly the American Flag using proper mourning etiquette.** On Memorial Day, fly the flag at half-staff until noon, and raise it again to the peak after noon.
7. **Visit a Military memorial, museum, or monument.** Take a day trip to one near you to learn about our Military history or to pay your respects.
8. **Watch the National Memorial Day Parade or Attend a Memorial Day parade near you.**
9. **Observe the National Moment of Remembrance at 3:00 pm local time.**
The National Moment of Remembrance, officially recognized since the year 2000 by both a Congressional Resolution and a Presidential Proclamation, designates 3:00 pm local time every Memorial Day as an opportunity to pause in an act of national unity for one minute of silence. Many radio stations observe the moment by playing "Taps."
10. **Post a tribute to a fallen hero on social media.** Do you have a friend or family member who made the ultimate sacrifice during Military service? Post a picture and a written tribute to them on Facebook, Twitter or Instagram—or all of the above! Tell your followers what this person and their service meant to you and invite others to join the conversation by honoring their memory in their own words.

How are you honoring our heroes this Memorial Day weekend?