

**FOR IMMEDIATE RELEASE: August 21, 2019**

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**PRESS RELEASE: Two-Time Olympic Gold Medalist and Women's Basketball All Star, Ruthie Bolton, at Door of Hope 2K Family Fun Walk**

*National Domestic Violence Awareness Month: Door of Hope Event Raising Support for Survivors of Trauma and Abuse*

**Blaine, Minnesota:** Today, Door of Hope Ministries announced two-time Olympic Gold Medalist and Women's Basketball Hall of Fame Star Ruthie Bolton as their special guest at the Door of Hope 2K Family Fun Walk on October 6th, from 4:00-5:30pm at Lakeside Commons Park, 3020 Lakes Pkwy, Blaine, MN 55449. Door of Hope is excited to partner with Ruthie Bolton to raise support for survivors of trauma and abuse.

"We're thrilled Ruthie will be speaking and walking with us to raise support for families seeking healing from trauma and abuse," says Diane Stores, Door of Hope Global Director. "Her story of how Jesus helped her overcome an abusive marriage inspires us and reminds us of how important it is to walk with those seeking healing."

Ruthie Bolton will speak, offer for sale a signed copy of her book, "From Pain to Power," and join the Walk. Also present will be Ashlyn Baker, a local rising star in the USA Junior Olympic Luge Team. Ashlyn will offer autographs and speak about how her faith impacts her training.

**About Door of Hope Ministries:** Through God's power, Door of Hope equips people all over the world to live free from abuse and trauma through safe housing, educational conferences, support groups, trauma recovery counseling and prayer ministry. Every year, Door of Hope reaches hundreds of women, men, teens and children with God's freedom and healing from trauma and abuse. Door of Hope is a 501(c)(3) nonprofit. All donations are tax-deductible. More info at [doorofhopeministries.org](http://doorofhopeministries.org).

**About Ruthie Bolton:** Ruthie Bolton is one of the most accomplished female athletes in the world. She is a two-time Olympic Gold Medalist, a USA Basketball Female of the Year, the Sports Illustrated Best Woman Athlete by home state, and one of only four players to be named to the 2011 Women's Basketball Hall of Fame. "Mighty Ruthie" has been on the cover of Sports Illustrated, and a guest on Regis and Kathy Lee and David Letterman, and, yes, she's even done a Nike commercial. But Ruthie believes that her gifts are to be used for a higher purpose: to inspire others to let their light shine and perform at their best. Ruthie has also written a new book "From Pain to Power" where she shares about the challenges of being in an abusive marriage. She continues to travel the United States and the world encouraging and inspiring everyone to keep the faith and push through obstacles with determination.

**Door of Hope Family Fun Walk** is Sunday, October 6<sup>th</sup>, 2019 from 4:00-5:30pm at Lakeside Commons Park, 3020 Lakes Pkwy, Blaine, MN 55449. Event Sponsors are JamHops, Ricky's Embers, Word By Word.

*This Domestic Violence Awareness Month, Help Survivors of Trauma and Abuse...*

**Join Ruthie at the Walk. Register at [doorofhopeministries.org/funwalk](http://doorofhopeministries.org/funwalk).**

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