

# COMMUNITY BREAKFAST

Friday, February 7, 2025, 8 a.m.

@ NAHANT VILLAGE CHURCH



Come learn about the opportunities to enjoy Star Island, an island retreat 10 miles off the coast of NH/Maine which is part of the Isle of Shoals! Please join with us and our guest speaker, Rev Christana Wille McKnight, Island Minister/Beloved Community Project Manager to talk about Star's 2025 programs and opportunities!



Star is owned and managed by the nonprofit Star Island Corporation, and was founded on the traditions of Unitarian Universalism and the United Church of Christ. For over a century, Star Island has provided a welcoming and vibrant community where people come to **have fun, find inspiration, enjoy nature, and connect with one another.**

Star Island is a private property, yet all are welcome to visit for a day, spend the night, or attend one of the many all-inclusive conferences that are scheduled from May until September each year. **Being part of a conference is the best way to experience the magic of Star!**

This is just a sampling of the offerings from Star Island for 2025! Please join us to learn more!

| <i><b>Are you interested in.....</b></i>         | <i><b>Consider conferences on...</b></i>                                                                                  |
|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Nature                                           | Birding<br>Natural history                                                                                                |
| Arts                                             | Star Arts (multiple creativities and spiritual relection!)<br>Watercolor<br>Writing<br>Crafts like Quilting & Rug Hooking |
| Enhancing body/mind health                       | Yoga<br>Meditation<br>Innerpeace Healing Arts Goddess Weekend                                                             |
| Multigenerational family vacation with a purpose | Building Bridges<br>Star Gathering 1 or 2<br>Life on a Star 1 or 2<br>International Affairs Family Conference             |
| Religious Professional development/enrichment    | Faith Development Week<br>Soul Works                                                                                      |

